

QUESTION PERSUADE REFER

Suicide Prevention Training

The Detroit Wayne Integrated Health Network is providing *FREE Question, Persuade, Refer (QPR) Training* to teachers, parents, students, faith-based entities, and other community members.

- *90% of people in a suicidal crisis will give some kind of warning of their intention to those around them.*
- *45% of individuals who die by suicide visit their primary care physician within one month of their death. 20% visit within 24-hours.*
- *This “last medical contact” before suicide is even higher among the elderly.*
- *Almost 50% of elderly suicide victims visited their doctor within the week before their death.*

TAKE A TRAINING. SAVE A LIFE.

Question, Persuade, Refer (QPR) teaches three simple steps that anyone can learn to help save a life from suicide. QPR will teach individuals to recognize the warning signs, clues and suicidal communications of people in trouble and to act vigorously to prevent a tragedy. The goal of QPR Training is to help prevent deaths by suicide in Wayne County and reduce the stigma associated with mental illness.

FREE TRAINING with 1.5 hours of CEUs

Contact Andrea Smith to schedule a training at 313-344-9099 x3227 or asmith1@dwihn.org



800-241-4949