

DWIHN RESIDENTIAL PROVIDER MEETING

BEHAVIORAL HEALTH CRISIS RESOURCES

FOR ADULTS

Crisis Line

Crisis Plan

Crisis Residential

Intensive Crisis Stabilization Services:

- *Crisis Stabilization Unit (CSU)*
 - *Mobile Crisis Intervention*
 - *Mobile Crisis Stabilization*

Psychiatric Urgent Care



Resources for Crisis

Crisis Line: 1-800-241-4949

- Crisis line staff will attempt to de-escalate the crisis
- Calls from an AFC home may be warm transferred to:
 - COPE
 - State Warm Line
 - 911

Crisis Plan

- Staff should be included and trained on the plan
- Provides direction on how to de-escalate and manage the crisis for the individual

Crisis Residential Services

- The CR service is **voluntary** and provides an alternative to inpatient psychiatric services for consumers experiencing an acute psychiatric crisis.
- Services are designed for beneficiaries at risk for a psychiatric inpatient admission but can be safely treated in a setting less intensive than a locked hospital unit.
- The goal is to facilitate reduction in the intensity of those factors that led to the crisis through the development of each consumer's person-centered and recovery/resiliency oriented individual plan of service.
- Services Provided: Nursing and Social Services Assessment, Psychiatric Assessment, Individual and Group counseling Medication Administration, Health monitoring, structured social activities, coordination of aftercare plans, transportation
- Referrals are made by DWIHN's Residential Unit, COPE or Assertive Community Treatment (ACT) Team.

Services are operated by Hegira Health at the following locations:

The Boulevard
East Grand Blvd
Detroit, MI
11 Beds*

Oakdale House
Michigan Ave
Canton, MI
9 Beds*

**Current total capacity is 14 due to COVID*

Intensive Crisis Stabilization Services:

- Structured treatment and support activities provided by a multidisciplinary team and designed to provide a short-term alternative to inpatient psychiatric services. Services may be used to avert a psychiatric admission or to shorten the length of an inpatient stay when clinically indicated.

Crisis Stabilization Unit (CSU)

COPE

Open 24 hours

33505 Schoolcraft, Livonia, MI 48150

1-844-296-COPE

The CSU offers:

24-hour walk-in crisis screening

Medication

Emergency clothing

Meals

Showers

Transportation

Coordination of Care with community providers

Time-limited, safe and monitored location for persons awaiting access to community services

Crisis Stabilization Unit (CSU)

Team Wellness Center

Open 24 hours

6309 Mack, Detroit, MI 48207

313-331-3435

The CSU offers:

24/7 walk-in crisis screening

Medication Management

Psychiatric Evaluation

Meals

Showers

Transportation

Coordination of Care with community providers

Housing Referrals

Time-limited, safe and monitored location for persons awaiting access to community services

Mobile Intervention to Adult Foster Care Homes

❖ Reduce Inpatient Admissions

- Provide early intervention at first signs of decompensation
- Facilitate access to rapid psychiatric services
- Provide 23-hour observation and treatment at COPE Stabilization Unit

❖ Minimize AFC Staff Time Off-Site

- Assessment and coordination of care provided on site at the AFC facility
- COPE provides or facilitates transportation to off-site services as needed

❖ Maintain Stabilization Following Crisis Intervention

- Intensive coordinated follow-up provided at the home up to 28-days following crisis to prevent recurrence

Psychiatric Urgent Care for:

Adults with SMI/SUD & Children with SED ages 6-17

Community Care Services

- **Hours:** M-F, 8:30am – 6:00pm
- **Location:** 26184 W. Outer Drive
Lincoln Park, MI 48146
- **Phone:** 313-398-7500
- **Services:** Same-Day access for assessments/intake, crisis services for existing DWIHN members, psychiatric evaluations, medication reviews, medication injections, nursing assessments, Peer Support Specialist

Northeast Integrated Health

- **Hours:** M-F, 9am – 9pm,
Sat 9am – 1pm
- **Location:** 12800 East Warren Ave.
Detroit, MI 48215
- **Phone:** 313-824-5623
- **Services:** Same-Day access for assessments/intake, crisis services for existing DWIHN members, psychiatric evaluations, medication reviews, medication injections, nursing assessments, Peer Support Specialist integrated healthcare, pharmacy services,

Thank you for all you do!

- **Let's work together to:**
 - Identify and recognize triggers that someone may begin experiencing a behavioral health crisis
 - Identify and implement activities to de-escalate the crisis
 - Develop, Update, Implement Crisis Plans
 - Reduce emergency room visits for behavioral health needs when possible
 - Keep individuals in the Least Restrictive Environment by utilizing the provided crisis resources when possible