**Detroit Wayne Integrated Health Network's**

**CHILDREN’S Initiative**

**Parent Support Partners**

**What is a Parent Support Partner (PSP)?**

A **PSP** is a parent/caregiver of a child with emotional, behavioral or other mental health challenge.

A **PSP** brings their personal experiences and knowledge with raising a child with these challenges and uses it to empower families and give them much needed hope.

**Outcomes of Parent-to-Parent Support:**

Families feel less isolated and more confident about their ability to care for their child.

Parent-to-Parent support increases a parent’s ability to adapt to their situation.

Parents are better able to manage their day and get answers to their questions.

Although professionals offer many important services, their day-to-day experiences are different from that of a family member.

The following is a list of supports your family may receive from a **PSP**:

- Let you know that you are not alone
- Empower families to reach their goals and assist them in identifying strategies to make that happen
- Attend meetings with families, support and train parents on how to communicate effectively
- Be a sound board for ideas or concerns regarding family, systems or services
- Be a role model
- A source of HOPE!

**For further information, questions or concerns, please contact DWIHN’s Access Center at:**

(800)-241-4949 or TTY: (866)876-2590

**Family Alliance for Change**

Debora Martinez
Parent Involvement Manager
(313) 297-2975

dmartinez@swsol.org

**Family Alliance for Change**

Debora Martinez
Parent Involvement Manager
(313) 297-2975

dmartinez@swsol.org