

## Detroit Wayne Integrated Health Network

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Date: March 30, 2020

To: Behavioral Health Specialized AFC Residential Providers and SUD

**Residential Providers** 

From: Dr. Margaret Hudson-Collins, DWIHN Medical Director

Dana Lasenby, DWIHN Chief Clinical Officer

**Re:** Management of COVID-19 in Residential Settings

The Detroit Wayne Integrated Health Network (DWIHN) wants to acknowledge our deep appreciation to the Residential Providers for the work that you do on a regular basis and especially during these challenging times. Therefore, in keeping with Governor Whitmer's statewide Executive Order of "shelter-in-place", we have developed a protocol that will help guide you in fulfilling the Governor's order.

For the safety of the people you serve and staff, we are directing the Specialized Residential Providers to maintain a daily **COVID-19 Symptoms Log** on each person. The log should include the following information:

- ✓ daily temperature checks (99.5 or greater)
- ✓ assess for dry cough
- ✓ shortness of breath
- ✓ fatigue/malaise
- ✓ complaints of loss of a sense of taste and/or smell (newly identified symptom of COVID-19)

Additionally, a quarantined area in the house needs to be identified to maintain individuals suspected of having COVID-19.

If a resident presents with any of the symptoms above or any other persistent symptoms, their Primary Care doctor should be called and their recommendations followed. If the doctor does not believe the individual warrants hospitalization, then they need to be quarantined in a designated area of the home. It will be important to maintain regular contact with the person's Primary Care doctor as symptoms progress or abate.

In the event the Primary Care doctor recommends an assessment to be completed in a hospital emergency department (ED), call the ED prior to going, explain circumstances and follow their directives.

## **Board of Directors**

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Please note: It is the expectation of DWIHN that any resident having been screened by the ED and determined not to require admission, must return to the responsible residential facility. Providers are to assist residents in following hospital discharge instructions, including quarantine as appropriate.

These uncertain times can increase anxiety, stress, symptoms of depression or aggression, please continue to monitor each individual's behavioral symptoms, consulting crisis plans and their Clinically Responsible Service Provider (CRSP) if behaviors become a concern.

Behavioral Health crisis can also be addressed by calling COPE at 1-833-AFC-3004. COPE staff will assist in determining critical needs and options for care. Remember we want to avoid the ED if at all possible.

Again, we appreciate the work that you do and thank you for your cooperation. We are partners in the provision of care, if you have any questions or need assistance, please visit our website, www.dwihn.org or call 313-344-9099.

Regards, M. Hudson-Collins, MD Chief Medical Director mcollins@dwihn.org