COVID-19 INFORMATION & RESOURCE GUIDE

Additional information and updates at www.dwihn.org/covid-19-updates
# TABLE OF CONTENTS

**EDUCATION**
- BrainVentures for K-12
- Khan Academy
- Wide Open Academy
- The Children’s Center

**EXTRACURRICULAR ACTIVITIES**
- Fathering During COVID-19
- Mazaam

**FOOD**
- New Paradigm for Education
- City of Detroit Food Resources
- Gleaners Food Bank

**FINANCE**
- Managing Bills & Expenses
  - Auto Loan Relief
  - Auto Insurance
  - Budgeting
  - Credit Card & Debt Relief
  - Eviction & Rent Moratoriums
  - Mortgage & Personal Loan Lenders
  - Service Providers
  - Student Loan Assistance

**INCOME & EMPLOYMENT**
- Expanded Unemployment Benefits
- Paid Leave of Absence (FFCRA)
- Temporary Gigs or Work

**MENTAL HEALTH**
- Detroit Wayne Integrated Health Network
- Henry Ford Health System
- MyStrength

**TESTING SITES**
- City of Detroit
- Wayne County

**MISCELLANEOUS RESOURCES**
- Government
- Out-Wayne County Resources
- Wayne Metropolitan Community Action Agency
**EDUCATION**

**BRAIN VENTURES**

BrainVentures take a child on a visually guided, scaffolded learning adventure. BrainVentures give a child choices of learning activities, provide multiple learning modalities, engage a child in constructing animations, videos, photo albums, stories and in exploring field trips, games and simulations.

From music to math, from science to the arts, BrainVentures light a child’s imagination and increase a child’s understanding of the world.

BrainVentures are fully compatible with Google Classroom, Schoology, etc. BrainVentures are fun — providing interactive educational opportunities outside of school — and they are free!

**KHAN ACADEMY**

Khan Academy offers practice exercises, instructional videos, and a personalized learning dashboard that empower learners to study at their own pace in and outside of the classroom. We tackle math, science, computer programming, history, art history, economics, and more. Our math missions guide learners from kindergarten to calculus using state-of-the-art, adaptive technology that identifies strengths and learning gaps. We’ve also partnered with institutions like NASA, The Museum of Modern Art, The California Academy of Sciences, and MIT to offer specialized content. [Click here to learn more.](#)

**WIDE OPEN ACADEMY**

Wide Open School is a free collection of the best online learning experiences for kids curated by the editors at Common Sense. There is so much good happening, and we are here to gather great stuff and organize it so teachers and families can easily find it and plan each day.
It’s important to keep your child on a routine while they are home from school or daycare. A school day offers children a set routine they can count on. If you’re looking for tips on maintaining a consistent schedule, try these at home.

Daily Schedule for Children Ages 2-4

Daily Schedule for Children Ages 5-8

Daily Schedule for Children Ages 9-12

Daily Schedule for Children Ages 13-18
EXTRACURRICULAR ACTIVITIES

FATHERING DURING COVID-19

Brought to you by Wayne State University's School for Social Work.

If you're looking for ways to take care of your kids during this challenging time without pulling your hair out, parenting and fatherhood expert Carolyn Dayton has compiled the following helpful tips and resources for fathering during this challenging time.

MAZAAM

The application Mazaam is an engaging and animated app for children to develop their understanding of music through a range of games and levels. It is ideal for parents to work alongside their child, play games with them, and check their understanding. It can be downloaded in the Apple App Store or the Google Play Store.
Adams Butzel Recreation Center, 10500 Lyndon
Farwell Recreation Center, 2711 Outer Dr E
Kemeny Recreation Center, 2260 S. Fort St.
Patton Recreation Center, 2301 Woodmere
Williams Recreation Center, 8431 Rosa Parks
Crowell Recreation Center, 16630 Lahser
Lasky Recreation Center, 13200 Fenelon

FREE MEALS FOR CHILDREN (UP TO 18)
The Parks and Recreation Division of the General Services Department is providing meals for children at participating recreation centers. Parents and children may pick up multiple meals to suit their needs. Meals are offered, Monday–Friday, 10:00 a.m. – 5:00 p.m. at these locations:

- Adams Butzel Recreation Center, 10500 Lyndon
- Farwell Recreation Center, 2711 Outer Dr E
- Kemeny Recreation Center, 2260 S. Fort St.
- Patton Recreation Center, 2301 Woodmere
- Williams Recreation Center, 8431 Rosa Parks
- Crowell Recreation Center, 16630 Lahser
- Lasky Recreation Center, 13200 Fenelon

MEALS FOR SENIORS
The Detroit Area Agency on Aging (DAAA) is providing frozen meals for seniors ages 60 and up. Seniors can pick up five days worth of meals every Wednesday from 11:30 a.m. – 1:00 p.m. at the following recreation centers:

- Adams Butzel Recreation Center, 10500 Lyndon
- Butzel Family Center, 7737 Kercheval, Detroit, MI
- Farwell Recreation Center, 2711 Outer Dr E, Detroit, MI
- Patton Community Center, 2301 Woodmere St, Detroit, MI
- Joseph Walker Williams Center, 8431 Rosa Parks Blvd., Detroit, MI

For more information on food locations, click here.
Gleaners has expanded its food distributions to help feed those in need. They'll safely place food in your trunk while you stay in your car. Walking guests are also welcome with social distancing guidelines in place.

To see a map of food locations, please click here.

For a list of mobile food distribution locations, click here.

OTHER RESOURCES
To speak to an operator for emergency food assistance, call 211.

If you are unable to reach Michigan 211 by dialing directly, call the statewide toll-free number: 1-844-875-9211.

A Detroit Food Resource Finder can be found here.

DISTRIBUTIONS FOR HOUSEHOLDS WITH CHILDREN
You can find Gleaners mobile locations and hundreds of other distributions targeted to support households with children on the Michigan Department of Education’s map here.
If your finances have been affected by COVID-19, your auto loan lender may offer payment or debt relief, such as deferred payments, lowered interest rate, or waived late fees. We’ve collected information from CreditKarma on what help major lenders may be offering and eligibility guidelines.

Acura Financial Services
Ally Financial
Bank of America
BMW Financial Services
Capital One Auto Finance
Carmax Auto Finance
Chase Auto
Chrysler Capital
Ford Motor Credit
GM Financial
Honda Financial Services
Hyundai Finance
Infiniti Financial Services
Kia Motor Finance
Lexus Financial Services
Lightstream
Mercedes-Benz Financial
Nissan Motor Acceptance
Santander Consumer USA
Toyota Financial Services
USAA
Wells Fargo Bank
Other Lenders
As many Americans are under stay-at-home orders and are driving less, auto insurers have announced relief options that partially refund premiums and offer other assistance for customers facing hardship.

Allstate
American Family Insurance
Amica
Esurance
Farmers
Geico
Liberty Mutual
Mercury Insurance
Progressive
State Farm
Travelers
USAA
ABOUT VICTOR

Dr. Victor J. Coleman Jr. is an acclaimed motivational speaker from Toledo, Ohio. Born into a poverty-stricken life, Victor has battled depression, drug and gang affiliations, along with low self-esteem and scholastic performance.

Harnessing those painful experiences, Victor has employed those experiences to make an invaluable impact in the lives of others. Victor encourages others to take flight towards their ultimate destination - greatness.

He allows his life to be an "open book" with complete transparency because he genuinely believes, that through his story, others will find the tenacity to succeed beyond their current circumstances.

In 2010, Victor graduated from Full Sail University with a Bachelors of Science Degree in Entertainment Business. In 2013, he received his Masters Degree in Entertainment Business. In 2019, he defended his dissertation on cross-ethnic mentoring, completing his PhD in business management, specializing in leadership.

As a result of his dedicated efforts, Victor founded the V.J. Coleman Jr. Flight School in 2010; a coaching and mentoring organization that continues to encourage others to take flight toward their own spiritual, physical and mental destinations of success.

In 2019, Victor also launched Flying Financially Free, a financial literacy course where he educates others on budgeting, credit, debt payoff, and real estate. In this course, Victor shares the exact blueprint that helped him live rent and mortgage free, putting him in a position to pay for his college education.

Victor continues to impact the lives of his family and friends daily while aspiring to share his message with the world. His life experiences and expertise in leadership and mentoring enable him to reach and empower a wide population throughout the nation.

Join him as you prepare to take flight!

Phone: 877-358-7265  
Text Line: 419-909-6196  
Email: info@vjcolemanjr.com

**Download your free budgeting sheet now.**

For Financial Tips TEXT ME: 419-909-6196

Dr. Victor J. Coleman Jr.  
@VJColemanJr
As the world continues to cope with the impacts of the COVID-19 crisis, government officials throughout the U.S. have taken important steps to curb the spread of the virus. At the same time, many businesses, financial institutions and government entities are stepping up to provide some relief to those who are worried about their financial security.

Lenders that report data to credit bureaus as required by the Coronavirus Aid, Relief and Economic Security (CARES) Act will not cause consumer credit scores to go down. Experian supports the CARES Act and is urging all consumers who are in financial distress as a result of COVID-19 to contact their lenders and reach an accommodation.

To help you navigate the relief options currently available in the U.S., we've researched the following list of financial and non-financial institutions' from Experian where you can find more information on relief measures. This page will be updated as more resources become available.

**Banks and Credit Card Issuers**

- American Express
- Apple Card from Goldman Sachs
- Bank of America
- Capital One
- CBC Federal Credit Union
- Chase
- Citibank
- Citizens Bank
- Deserve
- Discover
- Fifth Third Bank
- Gesa Credit Union
- Merrick Bank
- Navy Federal Credit Union
- ORLN Federal Credit Union
- Suntrust/Lightstream
- US Bank
- USAA
- Wells Fargo

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**TransUnion**

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**Experian**

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**EQUIFAX**
On March 27, 2020, the Coronavirus Aid, Relief, and Economic Security (CARES) Act was signed into law. It includes immediate protections from eviction.

Governor Whitmer signed a new Executive Order (EO) that continues to stop most evictions in Michigan during the COVID-19 (coronavirus) emergency. This means that tenants will not be evicted, including if they aren't able to pay all their rent during the emergency. Landlords can still make a demand for rent, but their demand cannot include a demand for possession, or other threat of eviction, based on the nonpayment of rent. Sellers in land contracts also cannot issue land contract forfeiture notices.

The EO says that court eviction orders must not be enforced. There is an exception that allows for removal of tenants and mobile home owners if they pose substantial risk to another person or an imminent and severe risk to the property.

If you think you are being evicted in violation of this EO, use the Guide to Legal Help to find a lawyer or legal services office in your area. Even though many law offices are closed to the public, many offices are still open with lawyers working remotely.

This EO took effect on March 20 and will last until June 11, 2020 at 11:59pm. If the EO is not extended and it expires, enforcement of eviction orders can start again.

For more information, visit Michigan Legal Help.
MORTGAGE AND PERSONAL LOAN LENDERS

Avant
Best Egg
Earnest
Eloan
Fannie Mae
Freddie Mac
HSBC
Laurel Road
Lending Club
LendUp
Marcus by Goldman Sachs
Marlette/Best Egg
Mariner Finance
NetCredit
OneMain Financial
Oportun
Opploans
Payoff
Personify
PNC
Regional Finance
Regions
Rise
Santander
SoFi
TD
U.S. Bank
In addition to financial institutions, many service providers have also taken steps to help consumers impacted by COVID-19. Some of these providers are offering payment relief, waiving fees and extending certain services.

If you don’t see your service provider below, visit your provider’s website or contact them directly to see if they have any relief options for which you’re eligible. You can also contact your utility companies, as many large U.S. servicers have new policies aimed at helping consumers during this time.

AT&T
Cox
Spectrum
Sprint Wireless
T-Mobile
Verizon
Xfinity
Federal student loan flexibilities for the COVID-19 emergency have been extended through Jan. 31, 2021. We are updating our websites and systems as quickly as possible to explain the types of relief now available for federal student loans held by the Department of Education. We appreciate your patience. Visit StudentAid.gov/coronavirus for updates.

Navient is updated their websites and systems as quickly as possible to explain the types of relief now available for federal student loans held by the Department of Education. Visit StudentAid.gov/coronavirus for updates. If you’ve been impacted by the coronavirus (COVID-19) and are having difficulty making payments on your loans, Navient is here to help you explore your options to reduce or postpone your payments.

They're doing their best to ensure their call centers are sufficiently staffed – like most of the country, the majority of their representatives are now working from home offices.

You can make a payment or learn about different repayment options for federal student loans online. Just log in to your account and go to Repayment Options in the left menu.

Learn more about repayment options for federal and private student loans.

If you are unable to make payments during the COVID-19 outbreak, you can take advantage of CommonBond’s natural disaster forbearance, which allows payments to be paused for the duration of the national emergency. As with any form of forbearance, be aware that interest will still accrue, but there are no fees to participate. Click here to learn more.

As part of the Coronavirus Aid, Relief, and Economic Security Act, or the CARES Act, Great Lakes has suspended payments and interest accrual on all U.S. Department of Education (ED) federally held student loans until September 30, 2020. Click here to learn more.
As we navigate the challenges posed by the spread of COVID-19, FedLoan Servicing remains committed to supporting borrowers. To learn more about your options, click here.

If you have been impacted by COVID-19, SoFi is standing by to help address any concerns you may have about being able to meet your payments. As you evaluate your options, it’s important to weigh the benefits of short-term relief vs. your long-term financial plan.

If you cannot meet your next payment as a result of being impacted by COVID-19, please click here to learn about options to defer your payment to a later date.

Please note that for Student Loans and Personal Loans, while forbearance will allow you to skip payments in the short term, it will extend the life of the loan and cause your loan to accrue more interest over the life of the loan.
Please contact Michigan’s unemployment insurance office, or call 1-866-500-0017 to learn more about the availability of these benefits.

Generally, you should file your claim with the state where you worked. If you worked in a state other than the one where you now live or if you worked in multiple states, the state unemployment insurance agency where you now live can provide information about how to file your claim with other states.

When you file a claim, you will be asked for certain information, such as addresses and dates of your former employment. To make sure your claim is not delayed, be sure to give complete and correct information. For more information, visit the US Department of Labor.

FAMILIES FIRST
CORONAVIRUS RESPONSE ACT
(FFCRA)

The Families First Coronavirus Response Act (FFCRA or Act) requires certain employers to provide employees with paid sick leave or expanded family and medical leave for specified reasons related to COVID-19. The Department of Labor’s (Department) Wage and Hour Division (WHD) administers and enforces the new law’s paid leave requirements.

Learn more about eligibility requirements and see if you qualify.
Many services are needed right now
Some businesses need temporary help
Gig work could continue after closures

What to Know
• Many services are needed right now
• Some businesses need temporary help
• Gig work could continue after closures

Amazon
Amazon announced its intent to hire 100,000 new temporary driving, fulfillment and distribution professionals throughout the U.S. to support the surge in delivery demands. They even pledged to increase their average hourly wage by $2 per hour.

DoorDash Delivery Driver
As a Dasher, you can be your own boss and enjoy the flexibility of choosing when, where, and how much you earn. All you need is a mode of transportation and a smartphone to start making money. It’s that simple.

GrubHub Driver
• You only need a few things to get started:
  • Car (or bike in select areas)
  • Valid driver’s license and auto insurance for drivers
  • Valid state I.D. or driver’s license for bike riders
  • Smartphone (iPhone iOS 11 or later, or Android with 5.0 or later)
• All drivers must also be at least 19 years of age, but no previous delivery experience is required!

InstaCart Shopper
Shop and deliver groceries and everyday essentials with Instacart.

*Lyft Driver
Lyft matches drivers with passengers who request rides through their smartphone app, and passengers pay automatically through the app. Whether you’re trying to offset costs of your car, cover this month’s bills, or fund your dreams, Lyft will get you there. So, go ahead. Be your own boss.
TEMPORARY GIGS & WORK

PostMates
Sign up and they'll send you a free delivery bag and prepaid card so you can deliver food, drinks, retail, and more from anywhere in your city—literally.

Roadie
From side hustle to full-time and everything in between, Roadie is the most flexible way to earn money on the side. Whether you like driving local or long haul, the Roadie app makes it easy to earn cash and rewards.

Shipt Shopper
Deliver things people love, from the stores they trust. Shipt is a membership-based grocery marketplace, enabling delivery of fresh foods and household essentials.

*Uber Driver
Opportunity is everywhere. Make the most of your time on the road on the platform with the largest network of active riders.

*Note: Due to COVID-19, there may be a waitlist to apply as a driver for Lyft and Uber. All of the gigs listed here require a background check.
The Detroit Wayne Integrated Health Network is doing everything it can to communicate accurate information to its Members, Providers and the Community in the wake of the COVID-19/Coronavirus pandemic. Please check in often, by clicking here for updated information.

COVID-19 THERAPY LINE

With support from the Ethel and James Flinn Foundation, Skillman Foundation, Community Foundation for Southeast Michigan, and Michigan Health Endowment Fund is launching the first of its kind, the Detroit COVID-19 Therapy Collaborative, will provide free behavioral health supports and counseling to those who need help.

The Detroit COVID-19 Therapy Collaborative has launched and is available to teens and adults ages 14 years and up through the rest of the year.

Individuals will be able to receive up to 12 therapy sessions via phone, tablet or computer. These sessions are with professional counselors to provide screenings, brief interventions and treatment. This is available for youth and adults who are approaching a crisis related to or triggered by the COVID-19 pandemic.

To access services, call or text 855-966-3313 or visit ReachUsDetroit.org.
Emotional Support for Adults and Teens

Introducing the Henry Ford Community Emotional Support Line

Life naturally has its ups and downs. With the current health crisis, we are all dealing with new emotions and stresses that can feel overwhelming. If you’re having feelings of anxiety or sadness that won’t go away, or are worried about excessive drinking or drug use, we’re here for you. Our licensed therapists are available to provide an assessment and guide you to community resources that can help.

Community Emotional Support Line
Call us today (313) 874-0343
Open daily, 7 a.m. to 11 p.m.
Open to adults and teens
PERSONAL SUPPORT FOR YOU

Recharge, Refresh and Improve Your Mood with myStrength

Now you can use myStrength’s web and mobile tools to support your goals and well-being. Learning to use myStrength’s tools can help you overcome the challenges you face and stay mentally strong. And it’s all safe, secure and personalized - just for you.

What myStrength users are saying:

“It’s nice to have self-guided help that is so accessible.”

“myStrength gives me back some of the ‘light’ I had lost.”

SIGN UP TODAY

2. Enter the Access Code marked below.
3. Complete the myStrength sign-up process and personal profile.

Go Mobile! Download the myStrength mobile app, log in, and get started today.
Walgreens is offering COVID-19 testing in partnership with the PWNHealth provider network.

Testing will be available at no cost to eligible individuals who meet criteria established by the Centers for Disease Control and Prevention (CDC) along with state and federal guidelines. At the testing locations, Walgreens pharmacists will oversee the self-administration of Abbott’s new ID NOW COVID-19 test.

Take a quick screening survey to see if you are eligible for testing.
Ascension St. John Hospital, 22101 Moross Rd, Detroit, MI 48236
If you have a fever, cough or other respiratory symptoms, please call (833) 981-0738 prior to visiting one of the Ascension facilities, so you can be screened by a nursing professional. Ascension Online Care is also offering video urgent care visits at a discounted rate of $20 (use the code HOME), so you can talk to a doctor from home. No insurance required. Download the app at and take the online COVID-19 Self-Assessment.

Beaumont Hospital, Dearborn, 18101 Oakwood Blvd, Dearborn, MI 48124

Beaumont Hospital, Grosse Pointe, 468 Cadieux Rd, Grosse Pointe, MI 48230

Beaumont Hospital has set-up a hotline staffed by Beaumont nurses as a community resource for timely, accurate information about COVID-19 symptoms and virtual screening for people who are experiencing symptoms – (800) 592-4784. The line is open from 7 a.m. to 5 p.m. Monday through Friday and 10 a.m. to 2 p.m. Saturday and Sunday. Nurses will answer questions about the virus and direct patients to the appropriate level of care. A COVID-19 Online Risk Assessment is also available. For information on curbside screening visit here. For virtual screening visit here.

Sam’s Club – partnered with Quest Diagnostics, 15700 Northline, Southgate, MI 48195

Drive-thru testing site where a healthcare professional will provide guidance as you swab your nasal passage. Must be exhibiting signs of COVID-19, be a healthcare provider, or a first responder. Appointments can be made by calling Quest’s dedicated COVID-19 line at (866) 448-7719, Monday - Friday, 7am-7pm.

St. Mary Mercy Livonia Hospital, 36475 Five Mile Rd, Livonia, MI 48154

Patients with suspected COVID-19 can access a free virtual screening, visit a designated screening site in your area, or call a primary care provider to start the process. If you do not have a primary care provider, please find a doctor on their site.

Patients interested in being screening do not need an appointment or a physician referral and can be screened by a trained member of our staff at any of our designated screening sites. If patients meet the CDC and State of Michigan testing criteria, a swab sample can be taken on site to diagnose a COVID-19 illness.
In response to the economic effects of COVID-19, many federal, state and local governments have announced new policies and guidance around how they plan to help consumers and business owners manage any financial strain. These include guidance on making housing payments, paying taxes, repaying government issued loans and more.

Additionally, the CARES Act expanded unemployment benefits; modified certain credit reporting; and provided other relief for consumers and businesses impacted by COVID-19.

The following are some of the COVID-19 resource pages from government agencies explaining how they are working to help impacted consumers. In addition to these resources, check with your local and state governments to see if they are offering any additional relief.

**Consumer Financial Protection Bureau (CFPB):** The CFPB is a government agency that works in the interest of consumers' finances. In response to COVID-19, it is providing education and guidance for consumers whose finances may have been impacted.

**Federal Communications Commission (FCC):** The FCC regulates communication (radio, television, wire, satellite and cable) and in response to COVID-19 offers guidance on keeping Americans connected.

**Federal Deposit Insurance Corporation (FDIC):** The FDIC regulates most banks and has recommended that lenders work with consumers that may be financially impacted due to COVID-19.

**Federal Housing Finance Agency (FHFA):** To help consumers who may be struggling to pay for their housing, the FHFA has published education to advise consumers on resources they may have during this time.

**Internal Revenue Service (IRS):** The IRS is the main revenue service for the U.S. and in response to COVID-19 has extended tax due dates and is helping to process stimulus payments.

**U.S. Department of Labor:** In response to the impact COVID-19 has had on the American workforce, the Department of Labor is working to help impacted consumers access unemployment benefits throughout the country.

**U.S. Department of Education:** As part of the CARES Act, repayment of student loans has changed for many Americans. The U.S. Department of Education is helping to facilitate many of these changes to student loans.
As many Americans are struggling to pay for their housing, HUD has outlined guidance for foreclosures and evictions that are meant to help protect Americans’ homes during the pandemic.

As part of the CARES Act, the SBA is working to distribute funding to certain small businesses.
OUT-WAYNE COUNTY
CONTINUUM OF CARE

Coordinated Entry Access Points

**By Phone**
Call the Wayne Metropolitan Community Action Agency Connect Center at 734-284-6999 and press option #1 to speak with someone regarding your housing crisis.

**In Person**
We have walk in locations available as needed:
- WMCAA
  2121 Biddle Ave, Wyandotte, MI 48192
- ChristNet
  24356 Eureka Rd, Taylor, MI 48180
- ACCESS
  2651 Saulino Ct, Dearborn, MI 48120

**Street Outreach**
Our team will come to you! If you are living on the streets and have a mental health or substance use diagnosis you can call us at 734-284-6999, press option #1 and we will have our team meet you where you’re currently living.

**Community Referral**
If you are already connected to services through another agency and you are homeless, your case manager can complete our Community Referral form for us to follow up with you.
Wayne Metro CARES
Relief & Recovery Services

In an effort to respond to the immediate needs of Wayne County residents, Wayne Metro is implementing our CARES Relief & Recovery Services. Through this new initiative, residents may qualify for assistance in the following areas:

- **Food & Income Support**: Distributing food, formula, diapers, wipes, & Personal Protection Equipment.
- **Water & Energy Assistance**: Providing residents with financial assistance towards energy & water utilities.
- **Rent & Mortgage Assistance**: Providing rental assistance & help towards mortgage payments.
- **Property Tax Assistance**: Offering Property Tax Assistance, which can help reduce property taxes.
- **Funeral Assistance**: Providing financial assistance towards burial and cremation services.
- **Emergency Plumbing Repair**: Provide plumbing repairs that will resolve the immediate emergency with access to water services.

**Who Qualifies?**
- 200% of Poverty
- Layoff, Decrease in Hours, Recipient of Unemployment
- Child in Head Start or have a child receiving free or reduced lunch
- Receipt of benefits through the Michigan Department of Health and Human Service (MDHHS).
- Benefits to include but not limited to: SNAP, TANF, SDA, Medicaid and childcare benefits
- Current enrollee in other assistance programs (Ex. WRAP, MEAP, HUD programs) that currently have income guideline restrictions

**How to Get Help**
Please visit www.waynemetro.org/CARES or call the Wayne Metro CONNECT Center at (313) 388-9799.

The CONNECT Center hours are Monday–Friday, from 9:00 a.m. to 7:00 p.m. and Saturday from 9:00 a.m. to 12:00 p.m.

Wayne Metropolitan Community Action Agency
www.waynemetro.org/CARES • (313) 388-9799