



WAYNE COUNTY SYSTEM OF CARE
SYSTEMS IN ACTION FOR CHILDREN, YOUTH AND FAMILIES

REPORT TO THE COMMUNITY



Grow Through What You Go Through

2020

COVID-19 has impacted the world and many of our lives.

In the midst of the pandemic we continue to adjust in order to serve our populations.

We have gained new skills, adapted to changes, and utilized technology in innovative ways.

Through it all we have learned to
Grow through what you go through.



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Letter To Stakeholders



Bernard Parker
DWIHN Board Chair

Dear Stakeholders,

On behalf of the Detroit Wayne Integrated Health Network's staff and Board of Directors, I would like to say thank you to the Children's System of Care for your steadfast commitment to our families and children during this COVID-19 pandemic. What a year this has been. What an example you have been. You have not skipped a beat when it comes to serving our communities, our families, our children. Over the last year, you have transformed services to accommodate families during this time ensuring children, youth and family needs are met. It's been tough. It's been exhausting and yet you sacrifice yourselves and your time to ensure people's lives are being changed for the better by the services and supports we offer. You are essential.

We are proud to work for a System of Care that puts families first and offers such programs as Infant Mental Health, Autism Spectrum Disorder Benefit, School Based Mental Health Initiatives, Juvenile Justice Services and so much more. We are excited to see what the future holds for these bright young minds who are healthier and stronger because of the work you have done.

Thank you for making a difference in the lives of children, youth and families in the Detroit and Wayne County area during one of the most challenging times in our modern-day history.

Bernard Parker
DWIHN Board Chair



Crystal Palmer, LMSW
Director of Children's Initiatives

Letter To Stakeholders

Dear Stakeholders,

As I reflect on this past year, so much has changed in a short period of time. Since the beginning of the COVID-19 pandemic, we all have made rapid changes. We have adjusted the way we do business, but our core function remains the same: we are part of a System of Care working collaboratively for children, youth and their families to create and implement coordinated supports and services.

COVID-19 has also shined a spotlight on long-standing systemic health and social inequities. As it continues to wreak havoc on our communities, the need for accessible, culturally affirming behavioral health support services has never been more important. I want to extend a special note of gratitude to your endearing commitment to ensuring equitable access to quality supports and services is delivered by a well-trained workforce in Wayne County. I am so grateful to all of you stakeholders who are so driven by Connections' System of Care mission and have made this year so memorable and rewarding!

With all the uncertainty and lack of clarity as a result of COVID-19, now might seem like an unusual time to talk about the potential for growth and change. As we settled into a new routine, the appreciation of many things we have taken for granted-the once dreaded chore of walking your dog or countless complaints of a hectic work schedule are now simply not that bad. The freedom to leave the house and spend time with friends is replaced with face masks and social distancing rules. However, COVID-19 has made me realize although we don't always have a choice about our life experiences, we do have the ability to choose our perspective. We can grow through what we go through.

I encourage all of you to remain vigilant for your own health and safety and that of those around you. Your commitment and expertise are going to be vital to the wellness of children, youth and their families in the coming months. Now more than ever, we need to stay positive and continue to work together as we start to move forward and go back to whatever new normal awaits us.

Finally, I wish to address those of you that have been affected by this disease, personally or through your nearest relations. I send you my warmest embrace and wish you good health.

Take care and be well,
Crystal Palmer

CONNECTIONS HISTORY HIGHLIGHTS

[illegible]

A 1982 study finds there is little service coordination among the various child-serving systems for 2/3 of all children with Serious Emotional Disturbances. To address this, Congress appropriates modest funds in 1984 for the Child and Adolescent Service System Program (CASSP). This move states toward a system of care philosophy of collaboration and partnerships which continues as the foundation for supports and services today.

After receiving the CASSP grant in 1990, the State of Michigan allocates funds to Wayne County to begin coordinating a System of Care (SOC) approach to children being served. In 1992, Substance Abuse Mental Health Services Administration (SAMHSA) launches a competitive grant program to translate the system of care concept into systems' reforms and concrete services that would benefit children, youth and families. These grant funds were used to plan and implement initial system reform work.

[illegible]

DWIHN develops the Children's Initiatives to address the low number of children and youth in care and to supplement core services in the Community Mental Health (CMH) system. In 2003 a small collective of young people created "Youth United" to ensure youth voice. In 2007 DWIHN is awarded the State Mental Health Block Grant Funds to improve behavioral health outcomes for children and youth with serious emotional disturbances. The Unified Services Collaborative is now named Wayne County System of Care. In 2009 The Human Services Community Collaborative (HSCC) is assembled under the tenure of Edward McNamara, Wayne County Executive. As a governance structure, the HSCC provides a framework for outgoing SOC activities and sustainability. Wayne County Systems of Care is renamed Connections-Wayne County System of Care.

Connections begins building a trauma-informed system of care in response to the High End User Project that identifies a high rate of early childhood trauma and extensive time spent in the behavioral health system. In partnership with Development Centers, Inc., local parents form Family Alliance for Change (FAFC), to advise Connections' leadership, provide support to parents of children with special needs, and advocate for children at the state and national level. Recognizing the unique behavioral health issues experienced by LGBTQ+ children and youth and the need to improve access to culturally competent services, Connections collaborates with the Ruth Ellis Center. Services for youth involved with Juvenile Justice improve due to the development of the Medical Behavioral Health Court, the Juvenile Justice Training Academy and the Mental Health Innovation Grant. The SAMHSA SOC Expansion Grant is awarded to DWIHN in collaboration with American Indian Health and Family Services and The Guidance Center.

CONNECTIONS HISTORY HIGHLIGHTS

[illegible]

The Parent and Youth Advisory Council forms to augment parent and youth voice within Connections SOC. The Crossover Youth Practice Model is implemented to expand resources and better serve youth within Juvenile Justice and Child Welfare systems, with a system of care approach. DWIHN partners with Great Start Collaborative-Wayne on a project to increase awareness of trauma and toxic stress in early childhood. The Michigan Child Care Collaboration (MC3) model is initiated in Wayne County, providing psychiatric support to primary care providers.

The School Based Mental Health Initiative is launched to provide additional behavioral health supports and resources. A SOC stresses the importance of having a system that meets the needs of the diverse ethnic populations served; therefore, a Cultural and Linguistic Competency (CLC) organizational needs assessment is conducted. In 2017 the Ethel and James FLINN Foundation awards DWIHN funding to implement Cognitive Behavioral Intervention for Trauma in Schools (CBITS) throughout Wayne County Schools, and Race to the Top Early Learning Challenge (RTT-ELC). The Autism Applied Behavioral Analysis (ABA) Benefit moves under the Children's Initiatives umbrella to expand the continuum of care for children in Wayne County. DWIHN in collaboration with MDHHS identifies Hegira Health Inc. the Fetal Alcohol Spectrum Disorder (FASD) Initiative to create a System of Care to address FASD.

FY

2019-2020

A more robust behavioral health system is in place for children and youth. To assist with the coordination of benefits and care, Utilization Management (UM) Service Guidelines for children and youth are developed and disseminated system wide. Services for children and youth diagnosed with Intellectual/Developmental Disabilities are integrated within Connections' System of Care. The provision of telehealth service in response to COVID-19 is implemented, and is a critical tool that improves access to and continuity of care. DWIHN partnered with Wayne State University, on a grant from the Michigan Health Endowment Fund to launch the Michigan Innovations in Care Coordination (MICC) project. This project will strengthen the service workforce, help close the gap in time between a child's diagnosis and the initiation of services and improve access to coordinated and integrated care for children at risk for Autism Spectrum Disorder or other Developmental Delays (ASD/DD).

BACKGROUND

Connections' Goals

- 1. Increase access to services
- 2. Improve quality of services
- 3. Increase Youth and Parent Voice
- 4. Improve quality of workforce

Connections System of Care Approach

System of Care (SOC) is a holistic approach to supporting children and youth with a Serious Emotional Disturbance (SED) and/or Intellectual Development Disability (I/DD) by providing community based services and supports. This approach brings together partnerships that provide an integral part in serving families in a dignified way that addresses their cultural and linguistic needs.



VALUES DRIVEN AND YOUTH GUIDED

This belief ensures that each youth and family voice is heard in all aspects of service delivery and directs care/services for their unique family.

COMMUNITY BASED

Services that are delivered in the community in which the youth and family identify as their place of belonging and feel that their relationships are centered around individualized needs.

CULTURALLY AND LINGUISTICALLY COMPETENT

A workforce that reflects competencies in racial, ethnic, gender, socio-economic status, linguistic and age. This trained workforce allows system, agency and professionals to come together and enable effective work to be done while serving children, youth and families.

PARTNERSHIPS

SYSTEM PARTNERS

DETROIT WAYNE INTEGRATED HEALTH NETWORK (DWIHN)
DETROIT DEPARTMENT OF HEALTH AND WELLNESS PROMOTION
MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES—WAYNE COUNTY
SOUTHEAST MICHIGAN COMMUNITY ALLIANCE
THIRD JUDICIAL CIRCUIT COURT OF MICHIGAN
WAYNE COUNTY DEPARTMENT OF HEALTH, VETERANS AND COMMUNITY WELLNESS
WAYNE REGIONAL EDUCATIONAL SERVICE AGENCY (RESA)

SERVICE PROVIDERS

A&C BEHAVIORAL SOLUTIONS	LINCOLN BEHAVIORAL SERVICES
ADULT WELLBEING SERVICES	MERAKEY INC.
ALL WELLBEING SERVICES	MORC HUMAN SERVICES OF WAYNE COUNTY
AMERICAN INDIAN HEALTH & FAMILY SERVICES	NEIGHBORHOOD SERVICES ORGANIZATION
ARAB AMERICAN AND CHALDEAN COUNCIL	NEW OAKLAND FAMILY SERVICES
ARAB COMMUNITY CENTER FOR ECONOMIC & SOCIAL SERVICES	NORTHEAST INTEGRATED HEALTH
ASSURED FAMILY SERVICES	PATTERNS BEHAVIORAL
AUTISM SPECTRUM THERAPIES OF MICHIGAN	POSITIVE BEHAVIORAL SUPPORTS
BLACK FAMILY DEVELOPMENT, INC.	PSYGENICS INC.
CENTRIA HEALTHCARE	RUTH ELLIS CENTER
CHITTER CHATTER	SOUTHWEST COUNSELING SOLUTIONS
CLINIC FOR CHILD STUDY	STARFISH FAMILY SERVICES
COMMUNITY CARE SERVICES	TEAM WELLNESS
COMMUNITY LIVING SERVICES	THE CHILDREN'S CENTER
CNS HEALTHCARE	THE GUIDANCE CENTER
DEARBORN SPEECH & SENSORY CLINIC	UNIVERSITY PEDIATRICS AUTISM CENTER
DEVELOPMENT CENTERS	WAYNE CENTER
GATEWAY PEDIATRICS	WELLPLACE MICHIGAN
HEALTHCALL	ZELEXA, INC.
HEGIRA HEALTH INC.	

COMMUNITY PARTNERS

APPRECOTS-APPLIED RESEARCH CONSULTANTS	KIDS HEALTH CONNECTIONS
BRIDGEWAY SERVICES	LINCOLN PARK SCHOOL DISTRICT
CALEB'S KIDS	MICHIGAN ALLIANCE FOR FAMILIES
CENTER FOR YOUTH AND FAMILIES - CCMO	MICHIGAN ASSOCIATION FOR INFANT MENTAL HEALTH
CHILD'S HOPE	MICHIGAN DEVELOPMENTAL DISABILITIES INSTITUTE
CHILDREN'S HOSPITAL OF MICHIGAN	THE MILESTONES AGENCY
COMMUNITY EDUCATION COMMISSION	NEIGHBORHOOD SERVICE ORGANIZATION
DETROIT ACHIEVEMENT ACADEMY	SER METRO
DETROIT HEALS DETROIT	STARR COMMONWEALTH
DETROIT PUBLIC SCHOOLS COMMUNITY DISTRICT	STARR VISTA
FAMILY ALLIANCE FOR CHANGE (FAFC)	VISTA MARIA
GREAT START COLLABORATIVE—WAYNE	WESTERN WAYNE CARE MANAGEMENT
JOURNEY TO HEALING	YOUTH MOVE NATIONAL

UNIVERSITY PARTNERS

MICHIGAN STATE UNIVERSITY
UNIVERSITY OF MICHIGAN
VIRGINIA COMMONWEALTH UNIVERSITY
WAYNE STATE UNIVERSITY
WESTERN MICHIGAN UNIVERSITY



STRUCTURE & GOVERNANCE



The Parent and Youth Advisory Council is utilized to organize parents and youth who are, or have been, involved in services, with the purpose of building a structure that represents parent and youth "voice" within the System of Care (SOC). In recent years, Family Alliance for Change developed a Parent Advisory Council and Youth United developed a Youth Advisory Council to increase parent and youth involvement in the SOC. Members of both councils serve as dedicated volunteers who provide trainings and facilitate community events designed to empower them to effectively engage in SOC workgroups and committees. The SOC Advisory Council is now youth and family-led with staff transitioned to supportive roles.

The Children's Practice Standards work group consists of directors, managers and supervisors from the children mental health providers. These stakeholders convene monthly to identify and address clinical practice issues within Connections System of Care Initiatives and to work toward clinical practice efficiencies.

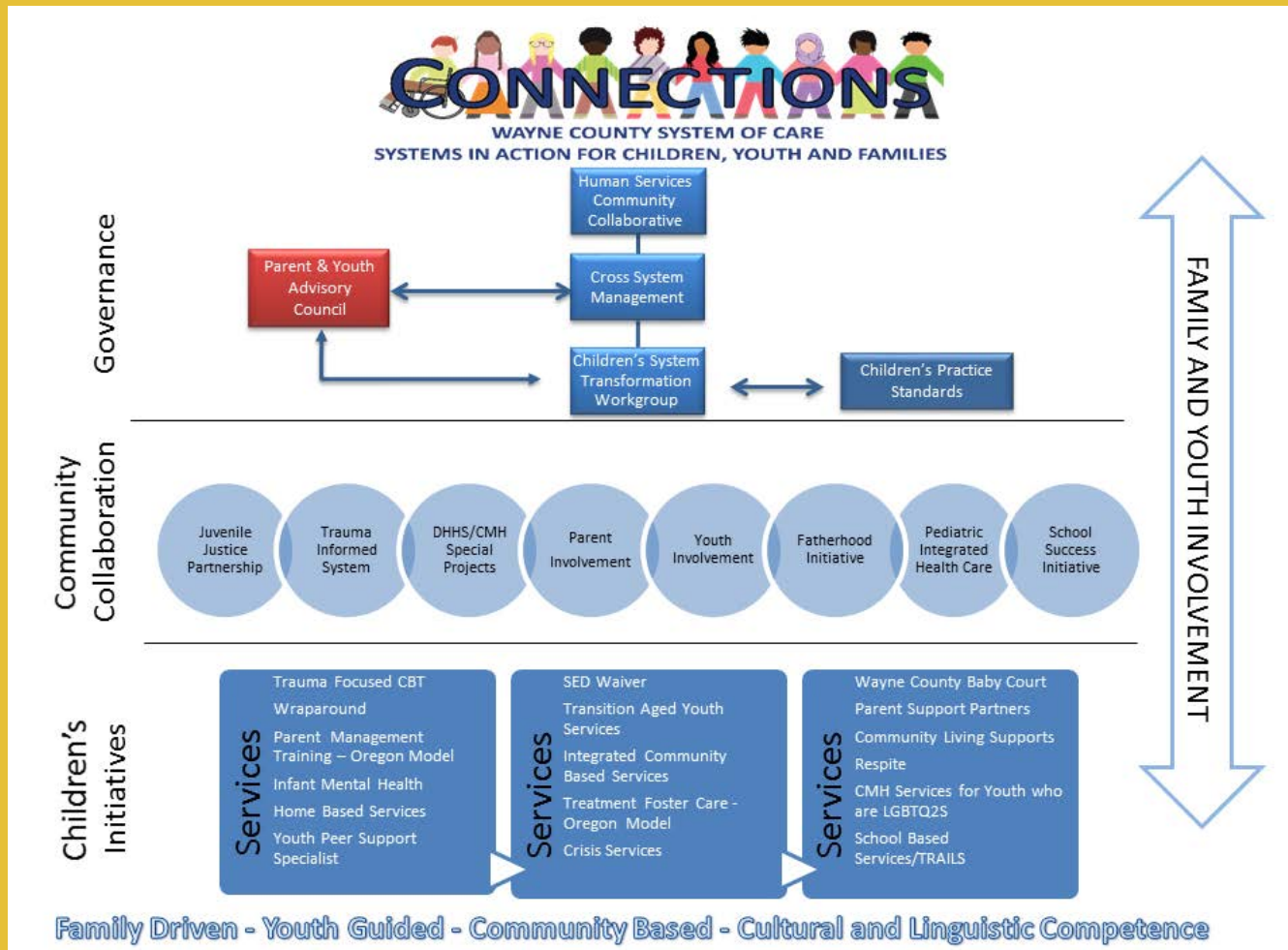
The Human Services Community Collaborative (HSCC) is a body of human service leaders working together to establish and maintain a barrier free comprehensive continuum of services for children, youth and their families. As the governing body for Wayne County's Connection System of Care, membership includes but is not limited to representatives from law enforcement, education, community mental health, substance use, child welfare, juvenile justice, public health and court systems. Guided by our vision of enriching lives through collaboration, the HSCC works to identify concerns and initiates action to support children, youth and their families on their paths to success and wellness.

Cross System Management is a subcommittee comprised of leaders of the system of care partners charged to operationalize system changes within their organization through policy and process development. The team works to:

- Make policy and practice recommendations to the Human Service Community Collaborative and/or State-level stakeholders
- Determine the strategic direction of Connections
- Remove system-level barriers in policy, practice, or non-statutory definitions that impede cross-systems service delivery for Wayne County families

Children's System Transformation is a subcommittee of key children's service leaders who assist in defining operational issues, workforce development activities and advising the Director of Children's Initiatives. This action oriented team focuses on sustaining and expanding the Evidence-Based/Promising Practices of Wayne County Children's Initiatives and ensuring availability and access to a broad array of quality, holistic services to the whole child/youth-behavioral, emotional, physical, social and spiritual.

SYSTEM OF CARE FRAMEWORK



SYSTEM OF CARE COMMITTEES



FUNDING

Total Funding

\$1,527,947

The Children's System of Care has received Block Grant funding for the 14th year in a row, in the amount of **\$1.04 million** from the State of Michigan. Funds are used for specialty positions, programs designed to focus on system change, special projects, evaluation, advocating for parent and youth voice, and development of the workforce that serves children, youth and their families in Wayne County.

1M

175K

The Infant and Early Childhood Mental Health Consultation is a federal grant provided to the Michigan Department of Health and Human Services (MDHHS) which focuses on improving early learning and development programs for young children. Development Centers provides specialized consultation to meet the social-emotional needs of young children ages birth to five in child care, and was selected through a Request for Information process based on their past experience of delivering similar services. Since the initial year the grant was received, each year the funding has increased. For FY19-20, **\$174,748** was awarded.

1K

Youth MOVE Detroit was awarded **\$1,000** from the Youth MOVE National Dare to Dream Grant. The Dare to Dream Grant is a grant provides an opportunity for youth (13-25) or Youth MOVE Chapters to get involved in mental health awareness activities.

220K

Wayne State University received funding from MDHHS for implementation of the Treatment Foster Care Oregon (TFCO) Project and selected DWIHN as an implementation site. Through an RFI process, The Children's Center was selected to deliver the services. TFCO is an evidence-based practice developed as a community-based alternative to hospital, residential, and other inpatient treatment settings for children with significant emotional and behavioral challenges. TFCO offers intensive, behaviorally-focused, and data-driven clinical treatment in a non-restrictive and community-based setting. The funding for FY 19-20 was **\$219,602**.

The MC3 is a contracted service provided by the University of Michigan to Wayne County through a subcontract with DWIHN to Starfish Family Services. It began June 1, 2015, and provides psychiatry support to primary care providers in Michigan who are managing patients with behavioral health problems. Psychiatrists are available to offer guidance on diagnoses, medications and psychotherapy interventions so that primary care providers can better manage patients in their practices. MC3 also provides an embedded Pediatric Behavioral Health Consultant (BHC) to two pediatric clinics in Wayne County. The BHC acts as the liaison with primary care physician staff and the University of Michigan psychiatric staff. This program has been funded since FY14-15, and this year's award is **\$89,015**.

89K

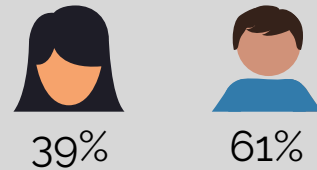
CHILDREN & YOUTH SERVED

16,028

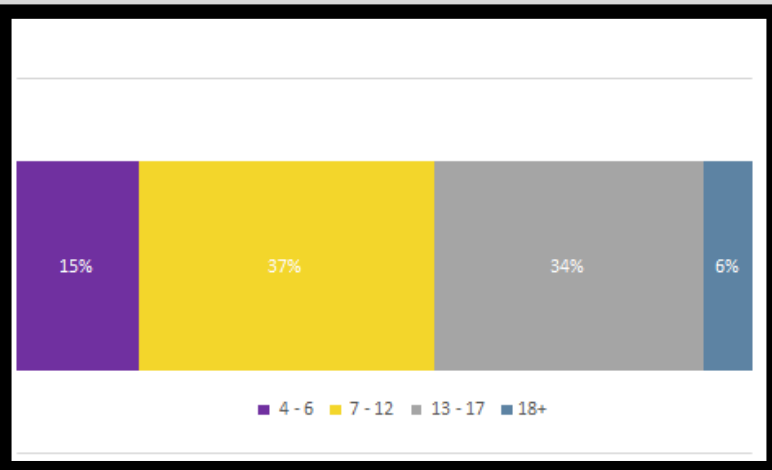
Youth, Children, and Families Served



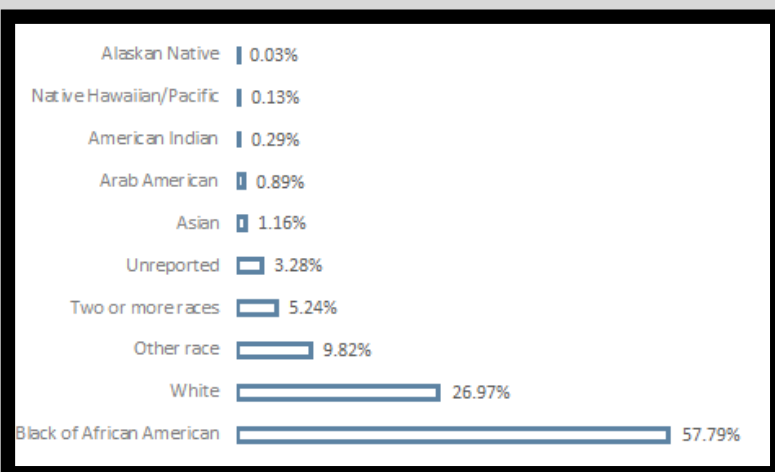
GENDER



AGE



RACE



SERVICES PROVIDED

Autism 1,783	Case Management 3,593
Home-Based 2,415	Infant Mental Health 1,788
Outpatient 15,090	PMTO 118*
Parent Support 378	Respite/CLS 1,824
SED Waiver 81	TF-CBT 185*
Wraparound 531*	Yout Peer Support 114

Numbers based on program reporting or claims data collected from MHWIN in November, 2020. Claims may have a 90 day lag, therefore the data is not reflective of the entire fiscal year. Counts are not unduplicated, as individuals may receive more than one service*Counts with an asterisk were obtained from the provider agencies. Race is based on primary race/ethnicity reported.

YOUTH & FAMILY INVOLVEMENT

Youth United



Family Alliance
For Change



Fatherhood
Initiative



Youth Peer
Support



Youth Involvement is a system approach designed to promote meaningful youth participation in all aspects of System Of Care. Decision making should start within a youth's personal treatment. Over time, youth leaders can advance to actively participating in agency activities, sitting on committees, and providing feedback for new and/or existing policies and programs. Youth involvement is simply a group of young people coming together to make a difference on various topics.

Youth United

A youth-led initiative whose purpose is to promote youth voice and involvement throughout Connections — Wayne County System of Care (SOC).

FY 19-20 Highlights:

Professional Development Virtual Series

To help boost team morale and build professional development skills Youth United hosted a team development day on March 6th, 2020. The development day included various activities and exercises that encouraged the team to work together. Jasmine Boatwright, Youth MOVE National Coordinator was brought in as a consultant to provoke conversations around development and youth engagement in Wayne County.



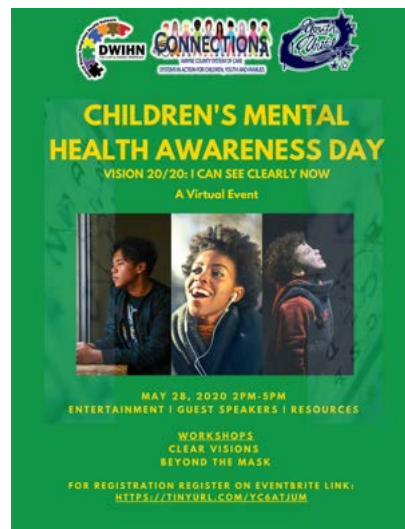
Topics discussed included Communication Styles, Being an Effective Leader, Leadership Styles, Team Accountability and more.



CHILDREN'S MENTAL HEALTH AWARENESS DAY 2020

Youth United, along with Children's Initiatives, created a video in honor of Children's Mental Health Awareness Day. The video which was shared on the Youth United Facebook page throughout Children's Mental Health Week, highlighted the reasons both teams perform the work they do and why children's mental health is important.

Children's Mental Health Awareness Day Virtual event took place on May 28, 2020 via the BlueJeans platform. **75** participants attended. The event was emceed by Brittany Horton, DWIHN Youth Involvement Specialist and Danyelle McNeil-Orr, Assured Family Services Parent Support Partner. Mr. Brooks, DWIHN CEO and Crystal Palmer, Director of Children's Initiatives kicked off the event with open remarks. There was also storytelling and resources shared by various partners from across Wayne County's System of Care. Partners that participated in the CMHA day event included **Southwest Counseling Solutions** Cornerstone and Youth Assistance Program supervisors Melodi Litkouhi and Anthony Graham and youth Autumn Churn Shahan; **TEAM Guts** Todd Turner; **Youth MOVE Detroit** Sha'Dawn Walker and Tyanna McClain; and **Caleb's Kids** Keisha Jackson. There were also videos played and activity demonstrations related to mental wellness. After the event, a list of the resources shared as well as COVID-19 related resources were given to participants.



YOUTH MOVE MICHIGAN

Youth Motivating Others Through Voices of Experience (MOVE) Michigan is a youth-driven, chapter-based organization dedicated to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems—including mental health, juvenile justice, education, and child welfare. Youth MOVE members work as a diverse collective to unite the voices and causes of youth while raising awareness around youth issues.

YOUTH
MOVE
DETROIT

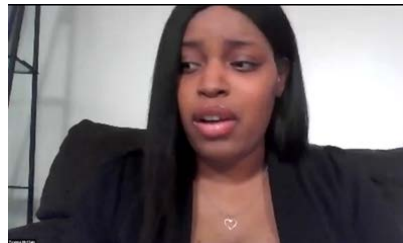
YOUTH
MOVE
SAGINAW

YOUTH
MOVE
KENT

CALLING ALL
YOUTH MOVE
KALAMAZOO

Youth MOVE Michigan Statewide Youth Summit

On August 13th and 14th, Youth MOVE Michigan facilitated the first ever virtual Youth Summit themed “Be Seen Be Heard Be You.” There was a total of **22** people registered for the event. The program consisted of a Keynote Speaker, Tyanna McClain, who talked about her personal experience as well as shared some insight and tips from her newly released book on Self-Care. We also had a Stories Untold session where speakers shared their personal stories and related it back to the current work they are doing as well as the theme “Be Seen Be Heard Be You.” Stories Untold speakers consisted of Diamond Dale, Q Watkins and Bethany Boik. There were 3 workshops: Power Dynamics: Youth and Adult Partnerships, From Participation to Power: Youth Advocacy, Organizing & Power by Sirrita Darby from Detroit Heals Detroit, and The Road to Resilience by Shardaya Fuquay from Journey to Healing. Lastly, we had mini mediation sessions that were facilitated by Robin Floyd. Participants provided feedback via the evaluation form sent after the event and were able to pick up grab bags as a thank you for their participation.



CENTRAL REGION

Youth MOVE Detroit

Meeting Date: August 21st/
every 2 weeks
Time: 5pm-6pm
Zoom Meeting ID: 890 1028
5320
Meeting Passcode: YMD

Youth MOVE Detroit is a youth led group that engages youth by providing leadership opportunities to meet the independent or collective needs for youth which empowers the voices of youth through community engagement, advocacy and partnerships to build healthy communities across Wayne county.

Youth MOVE Detroit is a youth led group that engages youth by providing leadership opportunities to meet the independent or collective needs for youth which empowers the voices of youth through community engagement, advocacy and partnerships to build healthy communities across Wayne County. This year Youth M.O.V.E. Detroit has continued to grow. With more than 10 new youth attending the council meetings this year, youth have chosen to become new members and advocate for change in the community, while utilizing their voices and self-stories to make an impact. Youth MOVE Detroit members have partnered in multiple community events, gained new partnerships, and have assisted in multiple projects. This year has truly been a journey for the youth advisory council. They continue to meet, barrier bust with Youth United and youth in the community, work on projects and presentations, host events, and engage youth in "Hot Topic" discussions, in order to meet the needs of the youth in the community. Youth M.O.V.E. Detroit continues to grow.

On April 7, 2020 Youth MOVE Detroit hosted their inaugural Facebook live video chat. There were **193** views during the active live video and almost 400 views in total. During the live video, one of the Youth MOVE Detroit Coordinators conversed with the viewers about COVID-19 and barriers that youth and families are faced with at this time. Youth MOVE Detroit was also able to share details about both social media pages (Instagram and Facebook), explain what Youth MOVE Detroit is and discuss the Youth Unmasked project. Youth MOVE Detroit has added guest speakers to their lives creating partnerships with several organizations.

New Partnerships:

- Balanced Care LLC.
- Caleb's Kids
- Detroit Heals Detroit
- NAMI Detroit



YOUTH MOVE DETROIT EVENTS

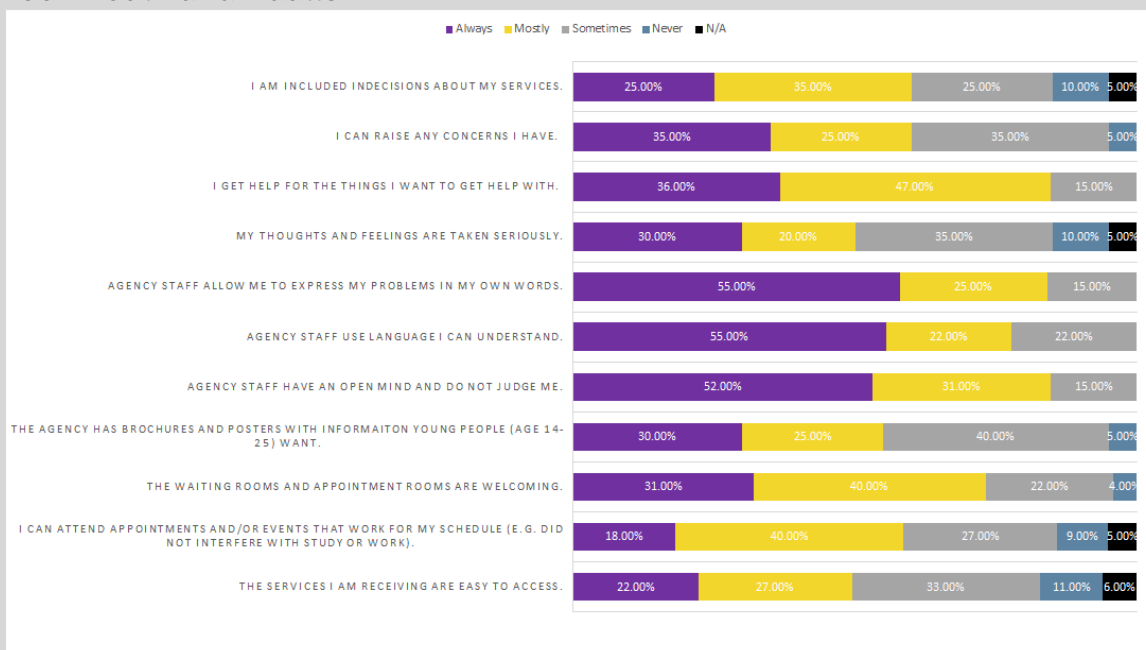
Youth MOVE Detroit Harvest Fest

Youth United and Youth MOVE Detroit hosted a Youth MOVE Detroit Harvest Fest Event on November 20, 2019 at The Children's Center. Youth and families participated in apple decorating, pumpkin decorating, donuts and cider, a pie eating contest, a sweater contest, and other activities. During the event families were able to learn more about Youth MOVE Detroit, fill out applications, eat food, listen to music, win prizes, and enjoy a great festive event. There were **120** attendees.



Certifying Positive Youth Involvement Site Surveys

So, what does Certifying Positive Youth Involvement Sites mean? It means that agencies have committed to working with the youth in order to create an environment where youth feel informed, consulted, valued, and supported. Which in turn could enhance the quality of youth services. On November 26th-27th, Youth M.O.V.E. Detroit Coordinators along with an intern, conducted a second round of surveys with youth at The Children's Center. **22** surveys were collected. Topics included: Frequency of Youth and Adult Involvement and Quality of Relationships Between Youth and Adults



Youth Voter's Voice Event

On March 3, 2020, Youth MOVE Detroit hosted a Youth Voter's Voice event in collaborations with The Children's Center and Citizens Detroit. Citizens Detroit provided a workshop, educating youth and young adults about where to vote, how to vote, and why voting is important. There were **10** people in attendance.



Youth Pandemic and Protest Event

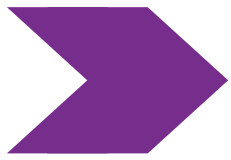
On June 26th, Youth United's Central Region/Youth MOVE Detroit Coordinators partnered with CovidBlack and psychologists (from University of Michigan and Virginia Commonwealth University), on a Youth Pandemic and Protest event. During this virtual event, the psychologists answered questions from the Youth Advocates and other youth in the webinar. The questions were geared towards COVID-19 and the Black Lives Matter Movement. Youth discussed various topics related to the pandemic and protesting that has taken place in the community. The webinar was streamed on Youth MOVE Detroit's Facebook page. There were 48 participants and over 160 Facebook views.



YOUTH UNMASKED PROJECT



Youth United and Youth MOVE Detroit worked on a project titled, "Youth Unmasked" through Youth MOVE National Dare through the Dare to Dream Grant. The project involved creating a video of youth sharing their struggles with mental health and trauma. The purpose was to raise awareness and decrease stigma around mental health. Youth MOVE Detroit hosted a video premiere on their Facebook page on September 18, 2020. The event was also used as a Meet & Great to recruit and engage youth. After the video there was a panel discussion on dealing with mental health, trauma, and stigma. There were **86** viewers.



NORTHWEST REGION

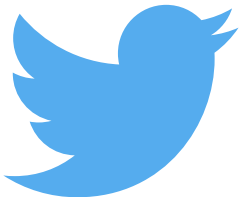
FY 2019-2020 Accomplishments

SOCIAL MEDIA!

Northwest Region have been monitoring and engaging more youth on all social media platforms. Information shared include resources and upcoming Youth United events or community events, COVID related information, mental and physical health facts as well as inspirational quotes to help motivate youth during these times.



Facebook- 637 Likes and 657 Followers



Twitter- 352 Followers



Instagram- 130 Followers



East Region created two Wellness Wednesdays videos demonstrating healthy eating and fun fitness tips. There were **1004** combined views.





NORTHWEST REGION

YOUTH SPOTLIGHT AWARDS

On September 24, 2020 Northwest Region hosted a curbside Youth Spotlight Award pick-up for the winners at the McKenny Center.



Youth Peer Support Specialist Award: **Jessica Sanchez**
 Youth Advocate Award: **Sabbina Akhtar**
 Change Maker Award: **Dwayne Cole**
 Leadership Award: **Brianna Donald**
 Advocacy Award: **Love Detroit Youth Prevention Coalition**
 Perseverance Award: **Artavia Mask**
 Volunteerism Award: **Kristian Matthews**
 Adult Youth Champion Award: **Steven Tocco**

Conversations in Mental Health

Northwest Region had a "Conversations in Mental Health: Let's Talk About It" event on January 28, 2020. There were **30** participants. Detroit Councilman Roy McCalister was part of the panel discussion on mental health in our community and mental health stigma. Other panelists were from Development Centers, Lincoln Behavioral Services, Ennis Center for Children, Black Family Development, Inc. and The Children's Center. The panelists provided brochures and other informational materials on various mental health illnesses and services available in Wayne County.



Mind Matters Day

On November 6 2019, East Region and Northwest Region participated in the "Mind Matters" Mental Health event at Trenton High School. The event consisted of multiple workshops, resources and activities centered around mental wellness. Youth United provided a resource table as well as facilitated two workshops: "How to Do Self-Care" and "Beyond the Mask" focused on youth identifying their trauma and making a mask that tells their story of what they have been though as well as how they have overcome. **375** students attended.



217 Stigma pledge cards to date

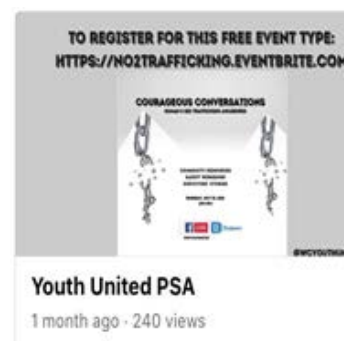


EAST REGION

Youth United Public Service Announcement



Youth United East Region recorded a Public Service Announcement to introduce themselves to potential attendees and engage youth on social media. The recorded PSA also promoted the upcoming "Courageous Conversations: Human and Sex Trafficking Awareness" event. The PSA received **240 views**.



Alcohol and Vaping Townhall

On October 2, 2019 at East English Village Preparatory Academy, two East Region Youth Advocates joined a youth-led panel discussion on Alcohol and Vaping. The townhall was organized by Detroit Wayne Integrated Health Network, Detroit Public Schools Community District, and 7 Action News' Andrea Isom and discussed myths and facts pertaining to alcoholism and vaping. Community service hours were made available for eligible high school students who attended the event.



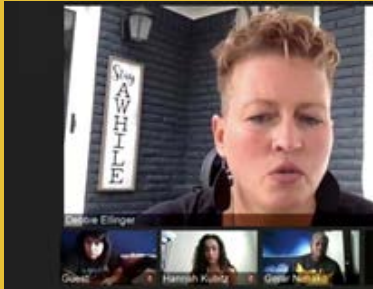
Focus Groups

- Each month from October to February students were trained in topics from the Youth United "Youth Under Construction" training manual. The topics consisted of: Character & Relationship Building, Your Role in Self-Advocacy, Communication Skills, Youth & Trauma, and Social Media Boundaries.
 - 100** Special Education students ages 12-25 at Wyandotte and Southgate Public Schools
- On March 12, 2020 this focus group met to gather feedback for Youth United East Region trainer series and brainstorm future trainings/workshops. Each youth shared personal stories and offered feedback on the quality of services that they had received as well as their level of accessibility to resources.
 - 10** youth ages 16-21 at SER-Metro in Dearborn
- Weekly focus groups discussed the meaning of trauma, how trauma has impacted lives, and generated interview questions for youth throughout Wayne County. Focus group members went to designated community areas (Skinner Park, Corrigan Playground, Marruso Park, Dueweke Park, and O'Brien Park) to conduct trauma-themed interviews with youth and young adults. The interviews were compiled as part of a documentary highlighting the impact of trauma on youth and young adults throughout Wayne County.
 - 4** group members including 2 Youth Advocates assisted Journey to Healing Inc,



EAST REGION

COURAGEOUS CONVERSATIONS



Guest Speakers: Judith T. New from the Michigan Children's Law Center Education Advocacy Unit and Dr. Sabrina Jackson "The People Expert" – Clinical therapist/former co-host of 910am radio superstation WFDF

- Topics included anti-bullying policies within Wayne County, defending bullying victims through litigation, and how trauma from bullying typically impacts youth. Resources and information were made available to all attendees.
- November 21, 2019 at the Skillman Foundation
- **16 Attendees**



Guest Speaker: Debbie Ellinger from Elli's House, a non-profit organization that rescues and provides services for human and sex trafficking victims. The event consisted of a safety workshop and a Q&A session. Human and sex trafficking resources were made available via URL links.

- July 30, 2020 via BlueJeans platform and Facebook livestream
- **162 viewers**

Meet & Greet

On July 23, 2020, Youth United's East and Central Regions, and Youth M.O.V.E. Detroit hosted a virtual 90s themed "Meet and Greet" via BlueJeans platform and Facebook Live. The event illustrated the decline in mental health stigma from the 1990s to present. Attendees participated in a 90s-themed music trivia followed by a series of 90s cartoons and sitcoms featuring life lesson clips for open discussion. Attendees also watched a suicide documentary in which individuals shared how their lives were impacted by suicide. Poll questions, mental health resources, and Youth United/Youth M.O.V.E. recruiting information were also made available. The virtual event received **73 views**.



Family Alliance For Change

Family Alliance for Change (FAFC) is a parent driven, peer-to-peer service with the objectives of supporting, educating and empowering parents with special needs children to meet their family's goals. FAFC provides a family/youth friendly atmosphere where family support, advocacy, referrals, resources and education are offered to all Wayne County Families.

FY 2019-2020 Highlights

PARENT FORUMS

Family Alliance for Change (FAFC) has been collaborating with Assured Family Services (AFS), Hegira Health Inc.(HHI), and Southwest Counseling Solutions (SWCS) in hosting quarterly Parent Forums. On December 17, 2019, FAFC in collaboration with HHI hosted a Parent Forum titled "Suicide Prevention." The focus was on suicide risk factors, warning signs and how to respond with the Question, Persuade Refer (QPR) behavioral intervention. **39 participants**

On July 23, 2020, FAFC in partnership with AFS facilitated a parent forum titled "Understanding Mental Health Needs: A 2020 View Behind the Stigma of Receiving Mental Health Services." The discussion focused on the challenge of stigma and discrimination in mental health, the local and national responses to stigma, and discrimination in resources to address stigma and discrimination. **29 participants**

On September 22, 2020 FAFC in partnership with SWCS hosted a virtual forum titled "A Community Conversation on Returning to School." **26 participants**



TRAININGS

On October 14, 2019, FAFC collaborated with Carol Ann Oleksiak, LMSW, ACSW, IMH-E IV to bring Parent Support Partners and PSP Supervisors a training on Reflective Supervision. "How you are, is as important as what you do-Why reflection matters in working with families" was attended by **15 Parent Support Partners** and **5 PSP Supervisors**.

EVENTS

HARVEST FEST/FAMILY FUN NIGHT

On October 31, 2019 Family Alliance for Change in collaboration with New Providence Baptist Church, Youth United, Southwest Counseling Solutions, hosted the Harvest Fest/Family Fun Night "SUPERHERO." **2000** participants attended this free community event, participants were treated to over 15 candy stations, two gymnasiums full of a variety of bounce houses, face painting, photo booth, picture with Super Hero Characters, food and an extra candy bag upon departure.



SANTA DAY 2019

On December 14 2019, Family Alliance for Change in collaboration with Youth United hosted Santa Day at Kemeny Recreation Center. Approximately **520** people attended the event. participants were treated to a Picture with Santa and Mrs. Claus, four craft activity stations, light lunch, picture with the Grinch, DJ, balloon twist artist, and face painting. Five hundred board games were distributed to families, **170** resource bags with information on our System of Care, Youth United, and Trauma Cards were given out.

BACK TO SCHOOL BACKPACK & SUPPLY DISTRIBUTION

On August 25, 2020, Family Alliance for Change in collaboration with Youth United, New Paradigm College Prep, and Detroit Wayne Integrated Health Network hosted a Back to School Backpack and School Supply Curbside Distribution. Over **230** families were served. 716 backpacks filled with grade appropriate school supplies were distributed to students. 150 loose notebooks, pencils, sharpeners, crayons, and color pencils were given to families who did not receive backpacks. 150 organizing containers and 1400 snack containers were given to families. 500 individually wrapped facemask were also distributed.



November 2019

Intellectual/Developmental Disabilities including Autism Presentation

Kim Hoga I/DD Clinical Specialist Children's Initiative DWIHN

12 Meetings
6 Virtual Meetings

January 2020

CAFAS/PECFAS Training

Rosalva Osorio CAFAS/PECFAS Trainer

February 2020

Special Education: Transition Plans Training

Judith New Michigan Children's Law Center

March 2020

myStrength Presentation

Sherise Hutchinson PIHP Care Coordinator Integrated Care/DWIHN & Tammi Jennifer

April 2020

Insight and Educational Information Related to Corona Virus Pandemic (COVID-19)

Ms. Hepburn BSN, CCM-Detroit Health Department

May 2020

Role of PSP during COVID-19

(Engaging with parents/caregivers through new modalities; Encouraging and empowering parents to continue engaging with treatment teams; Support within the scope and boundaries of the PSP role)

Kelly Baily PSP Statewide Coordinator the Associations for Children's Mental Health

June 2020

Secondary Traumatic Stress Presentation

Sheryl Calloway Parent Support Partner

September 2020

Trauma Presentation

Adaora Ezike, Trauma & Behavioral Health Manager, Detroit Health Department

Spanish Support Groups

139 Spanish-speaking parents attended bi-monthly

6 Trained Legal Self-Help Navigators

50 visitors used the Michigan Legal Self-Help Center of Southwest Detroit

System of Care Meetings

Topics Included:

- Detroit Department of Transportation Services
- Telehealth
- "Gaining knowledge on how Diabetes can affect our children's mental health, and how to collaborate with mental health and health providers"
- New Modality/Stipend Overview Informational Training on COVID -19
- School-Based Initiative
- Review of SOC Advisory Council focus for 2020

139 participants attended the System of Care Advisory Council meetings in FY19-20. The Council welcomed **2 new members**

The SOC Advisory Council provided input on the Pediatric Integrated Health Workgroup's Childhood Obesity brochure. SOC members participate in and advise the Children's System Transformation and Cross System Management meetings.

Parent Support Partners

18 PARENT SUPPORT PARTNERS ACROSS WAYNE COUNTY

2 NEWLY HIRED PARENT SUPPORT PARTNERS



PSP Readiness Training/Recruitment Fair

On July 23 & 24 FAFC hosted their first Parent Support Partner (PSP) Readiness Training/Recruitment Fair. Parents and primary caregivers of children with Serious Emotional Disturbances and Intellectual/Developmental Disabilities received training on PSP service, who provides PSP's service, and how to become a PSP.

20 participants

The mission of the Wayne County Fatherhood Initiative (WCFI) is to support healthy families through nurturing fathers and male caregivers.

Metro Detroit Fatherhood Policy Group

The formation of the Metro Detroit Fatherhood Policy Group provided the support as an advisory group for the Wayne County Fatherhood Initiative. The Metro Detroit Fatherhood Policy Group is a statewide planning group comprised of community-based practitioners, representatives of state and county agencies, and others deeply committed to helping Michigan's fathers.

This group's mission is to foster a collaboration among partner programs serving families in Michigan and to identify areas of needed action to achieve greater inclusivity for fathers, to increase the ability of fathers – especially low income fathers who are disproportionately affected by systemic injustices – to be involved with their children.

Currently this group is reviewing policies that need to be changed or in place to help fathers to be more involved in the lives of their children. What will be WCFI role? To develop trainings to inform and educate fathers/father-figures on what laws/policies needs to change.

This group collaborated in creating the "Fathering In Challenging Times" handout which was recognized by the National Fatherhood Initiative. This handout was designed to provide fathers/father figures with creative and effective activities and resources for engagement with their children, while being restricted during the Coronavirus pandemic.

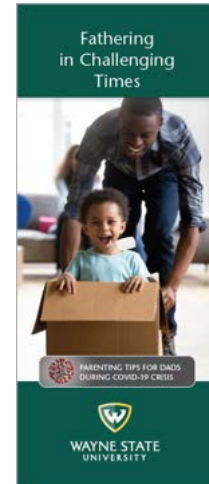
<https://socialwork.wayne.edu/coronavirus/fathering>



Utilizing information and guidelines developed by the National Fatherhood Initiative on "How to Start a Direct Service Fatherhood Program", the WCFI was able to create a fatherhood program manual to assist community mental health agencies in building a fatherhood program or supporting/sustaining their current fatherhood program. The WCFI Fatherhood Program Manual provides the tools to help assess if an agency is "father friendly" by evaluating an organization in such areas as the ability to market services, recruit and engage fathers, staffing and providing the right programs/services are just a few areas. A list of community mental health agencies within Wayne County is incorporated in the manual as well as a glossary to assist individuals utilizing the manual. Currently, The Children's Center is utilizing elements of the manual to support its fatherhood program.

Fathering During COVID-19

On September 24, 2020 WCFI Coordinator facilitated the "Fathering During COVID" session for fathers/father-figures. This event was presented via Zoom platform. This event explored the impact of COVID-19 on fathers and father-figures. Attendees were given suggestions for tips of how to engage with their families, how to recognize signs of depression, create routines, as well as empower fathers and father-figures to seek professional support. This event occurred on September 24, 2020. There were **7** in attendance and each attendee received a gift card for their participation.



Celebrating Fathers Event

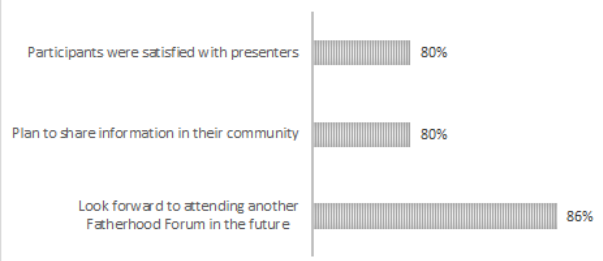
WCFI Coordinator partnered with Calvin Mann to participate in a month-long celebration of fathers for the month of June. Monday through Thursday, throughout the month of June, fatherhood advocates presented workshops on different challenges that fathers face on a daily basis. Presenters included Dr. Ural Hill, John Conyers III, Dr. Chandra Carr, Ken Harrell, as well as WCFI Coordinator John Miles. Topics ranged from health and self-care, investing, paternity issues and improving fatherhood.

WCFI 8th Annual Fatherhood Forum

Wayne County Fatherhood Initiative held it's first virtual forum via Zoom platform on June 26, 2020. More than **50** attendees participated in the annual event. Attorney Anthony Adams provide the keynote address for this year's event. There were three workshops presented. Dr. Carolyn Dayton of Wayne State University and Willie Bell of Family Assisting the Renaissance Man (F.A.R.M.) provided information on the programs and services for fathers that are available from F.A.R.M. Mr. Bell also received the first Community Stakeholder Visionary award for his community work. Zenell Brown of the 3rd Circuit Court provided information regarding co-parenting and Emmet Mitchell of the Milestones Agency discussed the importance of the father-daughter relationship.



THE FATHERHOOD FORUM 2020 POST SURVEY



Fatherhood Connections' 1 to 1 Conversations video podcast

WCFI has created a virtual podcast utilizing the Zoom platform to interview individuals across the nation working in the field of fatherhood about challenges that fathers face. The title of the show is 1-to-1 Conversations and is recorded, then uploaded to the Fatherhood Connections Facebook page. Since July 2020 interviews have included representatives of fatherhood programs from Detroit and Grand Rapids, MI, Tennessee, Washington D.C., and Chicago, IL.



Fatherhood
CONNECTIONS

facebook

www.facebook.com/DetroitFatherhood

Updates include links to "Fatherhood Survey" and "Parenting Tips for Dads During COVID-19"

Fatherhood Connections – Facebook Page

The Fatherhood Connection is a Facebook page that was created to provide resources to support fathers. The page is filled with informative as well as entertaining videos, links to organizations such as the Detroit Health Department and DWIHN and provides positive and supportive postings for fathers. To date the page has accumulated more than **200** followers.

- 55% of followers are women.
- 44% of followers are men.
- 23% of women who follow are between the ages of 45 – 54
- 20% of men who follow are between the ages of 45 – 54

Men Let's Talk Network Podcast

Wayne County Fatherhood Initiative Coordinator participated as a panelist in the Men's Let's Talk podcast. This podcast was broadcasted on blogtalkradio.com. The show was hosted by Kevin Vaughn, founder of Men's Let's Talk Network and Calvin Mann, founder of Good Fathers Only. The show was put together to present informative and inspirational messages to fathers. Presenters included Calvin Mann, Author, Ken Blanks Harrell, Financial Consultant, Dr. Ural Hill, Professional Counselor, Apostle Larry Carnes and WCFI Coordinator John Miles. The podcast was broadcasted on April 14, 2020.

www.blogtalkradio.com/menletstalk/2020/04/14/good-fathers-only-and-mens-lets-talk-networks-are-combining-forces



Cross System Youth

CYPM

ICBS

BABY COURT

JUVENILE MENTAL HEALTH COURT

SED WAIVER

TFCO

The Crossover Youth Practice Model (CYPM) addresses the unique needs of youth that are at risk of or are fluctuating between the child welfare and juvenile justice systems. These youth are commonly referred to as "Crossover Youth."

53 youth served
6 youth discharged
100% success rate

Crossover Youth Practice Model Goals

- 1.Reduction in the number of youth crossing over and becoming dually-involved;
- 2.Reduction in the number of youth placed in out-of-home care
- 3.Reduction in the use of congregate care; and
- 4.Reduction in the disproportionate representation of youth of color, particularly in the crossover population

Case analysis occurs between supervisors and case workers from Wayne County Care Management Organization and Department of Health and Human Services as needed. Sometimes once a month or every other month based on the request of the CMO or DHHS worker.



Cross System Youth

CYPM

ICBS

BABY COURT

JUVENILE MENTAL HEALTH COURT

SED WAIVER

TFCO

ICBS

The Integrated Community Based Services (ICBS) is an integrated approach to service delivery for multi-system youth. It provides a variety of services designed to intervene with supportive mental health services when youth are having problems coping in their environment; dealing with traumatic, stressful events and/or changes; behavioral problems at home or school; and/or experiencing symptoms of mental illness.

ICBS Key Program Components:

- Assured Family Services-ICBS Coordinators are located at CMOs and Lincoln Hall of Justice
- Comprehensive Evaluation
- Early Period Screening, Diagnostic and Treatment (EPSDT) record collection
- Integrated Treatment Teams
- Care Coordination Plan Management
- Progress Monitoring
- Community and Home-Based Services
- Serious Emotional Disturbance Screening

Eligibility Criteria:

- Wayne County Resident in the Juvenile Justice System
- Medicaid Eligible
- Disability designation of Serious Emotional Disturbance (SED) or Intellectual and Developmental Disabilities (I/DD)
- Ages 6-21 years of age

Services to children and youth are based on each individual child and family's specific needs, issues and goals. Services provided include psychiatric, group/family/individual therapy using evidence-based practices, cognitive behavioral therapy, parent management training and family support group.

FIRST POINT OF ACCESS FOR JUVENILE JUSTICE YOUTH COMMUNITY MENTAL HEALTH COORDINATION

TOTAL NUMBER OF FAMILIES SEEN: **496**

TOTAL NUMBER OF PROBATION LEVEL ONE FAMILIES: **300**

TOTAL NUMBER OF CALLS PLACED TO WELLPLACE: **110**

TOTAL NUMBER OF FAMILIES WHO DECLINED CMH SERVICES: **18**

TOTAL NUMBER OF YOUTH WHO WERE SED/SUD/SMI ALREADY DETERMINED: **65**

TOTAL NUMBER OF YOUTH NOT ELIGIBLE: **91**

TOTAL NUMBER OF PROBATION LEVEL 1.5 YOUTH: **9**

TOTAL NUMBER OF PROBATION LEVEL TWO FAMILIES: **119**

TOTAL NUMBER OF DIVERSION/ RIGHT TRAC YOUTH: **11**

TOTAL NUMBER OF PRE-DISPOSITION YOUTH: **15**

TOTAL NUMBER OF WELLPLACE CALLS WHO SPOKE WITH STAFF : **75**

TOTAL NUMBER OF SED PRE-SCREENING TOOL ADMINISTERED: **193**

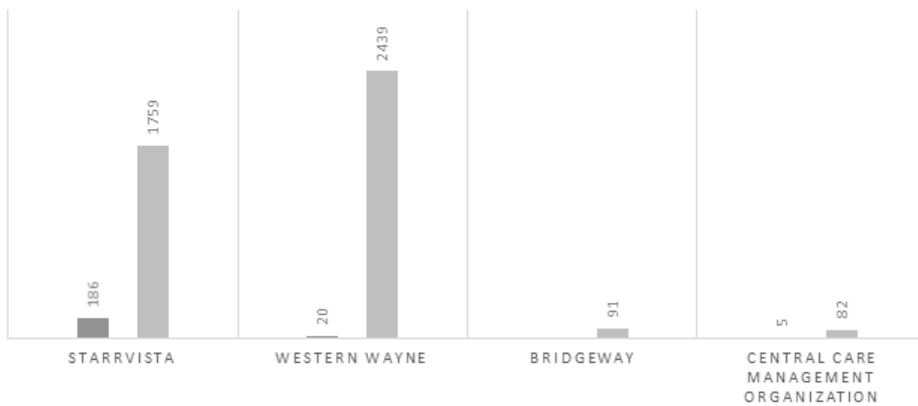
Targeted Case Management Coordination

Targeted Case Management Coordination (TCMC) is defined as: linking, monitoring, coordinating, advocacy, planning and case conference actions for youth regarding Community Mental Health services, and some case management. When seeing a youth face to face, that is indicated as Targeted Case Management (TCM).

DUE TO COVID -19 RESTRICTIONS PUT IN PLACE, TARGETED CASE MANAGEMENT HAS CONSIDERABLY DECREASED

TARGETED CASE MANAGEMENT

■ TCM (FACE TO FACE) ■ TCMC (Linking, Monitoring, Advocacy, Planning, Case Conference)



211 FACE TO FACE INTERACTIONS

4,371 NON FACE TO FACE ACTIONS

Percentages of youth linked

Central Care Management 73%

StarrVista 73%

Western Wayne 80%

Bridgeway 67%

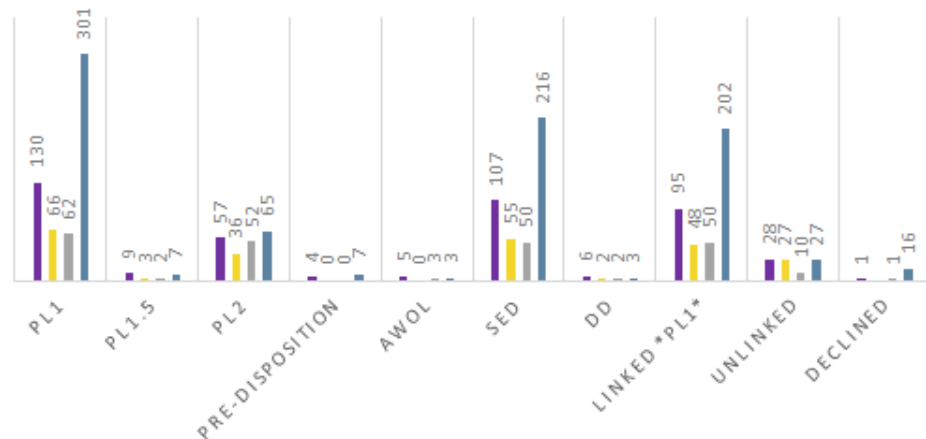
*Probation Level 1 refers to youth in community

*Probation Level 1.5 refers to youth in the community

*Probation Level 2 refers to youth in Residential facility

CMH LINKING

■ CCMO ■ StarrVista ■ Western Wayne ■ BridgeWay



Juvenile Mental Health Court (JMHC)

The JMHC is a problem solving court that combines judicial supervision with community mental health and other support services in an effort to reduce court contact and improve the quality of life for program participants.

MISSION

- Identify youth with mental health issues and divert them from the formal court docket
- Connect youth and their families to appropriate services in the community
- Reduce the number of youth with mental health issues who reoffend
- Increase adherence to appropriate services for mental health issues by using a multidisciplinary team approach to develop and monitor service plans and compliance.



SERVICES

Clinical Assessments, Home-Based therapy, medication reviews, and other clinical groups are provided by our DWIHN partners. Drug testing, assessment and treatment referrals as well as case management and other community support services are provided through the Court's Case Management team.

Education Advocacy is provided by the five law groups contracted by the Court. They assist in attending and designing Individual Education Plans, 504 Plans, Determination Review Hearings, and school disciplinary proceedings. During the pandemic, they have assisted parents in enrolling in online classes, obtaining laptops, and online tutoring.

JMHC engages in community service projects, hosts educational events such as NAMI In Our Own Voices, and the Michigan Organization on Adolescent Sexual Awareness (MOASH) Sexual Awareness class.



Since the program's inception on 1/1/16, the JMHC has served **94** youth and families.

43 youth have graduated successfully from the program.

There are currently **9** active participants with **3** pending admission to the program.

After a year-long strategic plan was conducted by the Third Circuit Court, Wayne County, and The Clinic for Child Study (in collaboration with Detroit Wayne Integrated Health Network), "The New Clinic and Juvenile Justice Model," was created.

The model aims to provide:

1. An early assessment
2. Guidance and assurance that families receive needed mental health services and community resources
3. Divert more youth to alternative solutions, and
4. Reduce recidivism/youth advancing to the adult system

As a result, the Clinic for Child Study conducts pre-dispositional assessments including The Youth Assessment and Screening Instrument (YASI), Psychological testing, Social History assessment and The Global Appraisal of Individual Needs assessment for youth and families in order to prevent and/or decrease the number of youths that re-offend. The Clinic for Child Study also continues to provide the Sexual Awareness Information and Treatment (SAIT) Group Therapy.

Treatment Foster Care Oregon

Treatment Foster Care-Oregon (TFCO) is an evidence-based practice developed as a community-based alternative to hospital, residential, and other inpatient treatment settings for children with significant emotional and behavioral challenges. TFCO offers intensive, behaviorally focused and data-driven clinical treatment in a non-restrictive and community-based setting. DWIHN is one of the sites in Michigan chosen to implement this model, offered as a service for child and youth enrolled in the Serious Emotional Disturbance Waiver (SEDW). The Guidance Center (TGC) was selected in December 2019 to begin planning and implementing this program for children ages 7-11 here in Wayne County.

TGC continues to be in the Initial (Readiness) Stage of launching TFCO. Planning and phases of readiness has been slower due to COVID-19.



Accomplishments

- 2 Program administrators trained in the TFCO model in March 2020
- Virtual kickoff Informational presentation events at The Guidance Center:
 - Executive/Board of Directors | June 2020 | **20** attendees
 - Wraparound team | May 2020 | 12 attendees
 - Children's Home-Based staffing team | May 2020 | **16** attendees
- Staff position hired-Recruiter | September 2020
- Client Placement Authorization Application filed | June 2020
 - Bureau of Child and Licensing Consultant Assigned | September 2020

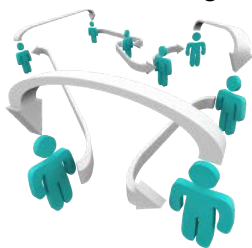


SED Waiver

The Serious Emotional Disturbance Waiver (**SEDW**) program provides an array of community mental health services to children and youth ages 0-21 who may be involved with child welfare, adopted, or are seeking community mental health services under Medicaid.

Accomplishments:

SEDW trainings were held throughout FY 19-20 to both Department of Health and Human Services district offices as well as Wraparound providers within Wayne County. Detroit Wayne Integrated Health Network trained **500** DHHS Specialist on the SEDW.



Served FY 19-20:

81

Agencies:

Black Family Development, Inc.
Development Centers
Southwest Counseling
Solutions
The Children's Center
The Guidance Center

Baby Court

The Wayne County Baby Court is a specialized court within the judicial process with a focus of providing Infant Mental Health (IMH) services for infants and toddlers under the jurisdiction of the Family Court. In collaboration with Michigan Department of Health and Human Services and Community Mental Health agencies, Baby Court aims to improve safety, permanency, and well-being for children in foster care. A continued goal is to secure funding to hire a coordinator to support and expand the cross system collaboration, coordinate referrals, and track outcome data. Wayne County also participates in state-led Baby Court efforts, including a new plan to develop an educational video to help increase support from stakeholders.



Accomplishments:

Two trainings were held FY19-20:

"Core components for parent attorneys"

11/14/19 | **16** parent attorneys

"Developmental needs of infants and toddlers/working with IMH"

11/21/19 | **20** attorneys

Applied Behavioral Analysis Benefit

The Applied Behavioral Analysis (ABA) Benefit is a \$60 million Medicaid Service providing ABA therapy to youth up to age 21 who have an Autism diagnosis and meet medical necessity criteria. The ABA Benefit is not funded by the SOC Block grant; however, it is work that falls under the Children's Initiatives Department.



What is ASD?

Autism Spectrum Disorder (ASD) is a developmental disability. Scientists do not know the cause of ASD, which can impact a person in different ways. People may have problems with social, behavioral, and communication skills that impact ways of learning, paying attention, or reacting to things. It begins during early childhood and continues throughout a person's lifetime.

A person with ASD might:

- Avoid eye contact and want to be alone
- Get upset by minor changes
- Have delayed speech and language skills
- Have obsessive interests
- Have trouble understanding other people's feelings or talking about their own feelings
- Not respond to their name by 12 months
- Repeat words or phrases over and over

DWIHN added 2 new ABA providers during FY 19-20 for a total of 15 ABA providers throughout Wayne County.

1,723 families have been served with the largest concentration of enrollee's age 10 or younger.

What is ABA?

Applied Behavioral Analysis (ABA) is an intensive, behaviorally based treatment that uses various techniques to bring about meaningful and positive changes in the communication, social interaction, and repetitive/restrictive behaviors that are typical of ASD. Each child has an individualized Intervention Plan that breaks down desired skills into manageable steps. Each plan is designed for the individual needs of the child and will include an average of 5 to 25 hours of direct interventions per week depending on medical necessity. These services are intensive and can be provided either in the home or in a clinic. ABA interventions involve parent/guardian training and participation.

Over the last fiscal year DWIHN has focused on improving data collection and analysis to enhance overall quality of care. Working in conjunction with the information technology department, authorizations are now automatically approved in accordance with the service utilization guidelines and providers are now capable of entering assessment data electronically.

ABA Benefit Trainings



"Ethics for Behavior Technicians: Applying the Ethical Code to Practice"

1/9/20 | 8 Attendees | Trainer: Shelby Wilson-Drummond, LLP

In 2016, the Behavior Analysis Certification Board (BACB) created the Professional and Ethical Compliance Code for Behavior Analysts, followed by the Registered Behavior Technician Ethics Code in December 2018. These documents provide guidelines for ABA practitioners to conduct their practice in an ethical manner. Within this training, attendees will receive an overview of the ethical code, and practice applying the code to decision making.

'An Overview of the Verbal Behavior Milestones Assessment and Placement Program (VBMAPP)'

8/7/20 | Via Bluejeans | 17 Attendees

Behavioral Assessment is utilized in Applied Behavior Analysis (ABA) Therapy to determine the skill level of the learner and the appropriate implementation of behavioral programming. The Verbal Behavior Milestones and Assessment Placement Protocol (VBMAPP) is one of the most commonly used assessment tools for early learners involved in ABA treatment. Despite the need for collaboration across multiple disciplines for treatment planning, there are few professionals outside of the field of behavior analysis who feel confident in interpreting assessment results or have knowledge of the verbal operants utilized in program development. This presentation will cover the basics of interpreting VBMAPP results, an overview of the verbal operants used in treatment planning, and debunk common misconceptions as well as questions asked by parents and treatment providers from other disciplines.



"Organizational Behavior Management for Beginners"

10/12/2020 | Via Bluejeans | 26 attendees

The training reviewed the basics of Organizational Behavior Management and the Performance Diagnostic Checklist – Human Services (PDC-HS). The training provided insight into assessing staff strengths and challenges and introducing interventions to increase effectiveness.

"Building Foundational Independent Living Skills"

9/8/20 | Via Bluejeans | 15 attendees | Presenter: Jake Boehm

Programs for adolescents and young adults with Autism Spectrum Disorder (ASD) have varied in content and quality of that content over the years. Although these services and programs have shown significant improvement, many still fail to address the key skills that these individuals will require as they navigate their lives. The first portion of this presentation will focus on one skills assessment that is currently being used to help not only identify specific deficits in an individual's repertoire but also how to improve those deficits in a way that is straightforward and simple for parents to follow along with and understand.



Integrated Care

The Pediatric Integrated Healthcare workgroup is a subcommittee of the Cross Systems Management leadership collaborative for children's service providers in Wayne County. This workgroup focuses on initiatives that promote children's physical and mental health, as research shows that both can impact overall health outcomes.

Screening Kids in Primary Care Plus (SKIPP):

852 children served (16% increase over last year)

281 Referrals

47 CAFAS/PECFAS assessments

311 Care Coordination (238% increase over last year)

MC3 FY19-20 Accomplishments:

- **200** embedded encounters
 - 35% of which have been since COVID shutdown
- **177** Statewide MC3 consults were facilitated by BHC,
 - 67 of which were Wayne county providers
- **12** new providers enrolled and began consulting with MC3 psychiatrists
 - Making Wayne county's total of 157 enrolled providers
- Telepsychiatry evaluations and evening consult hours were made available to Wayne county providers through Michigan Medicine Department of Psychiatry to support telehealth needs amidst COVID 19 pandemic

MC3 in Wayne county continues to grow while supporting eligible providers and their patients.

Success in spite of COVID-19 was attributed to our ability to:

- **Quickly adapt workflow to meet the needs of patients and the clinic**
- **Provide behavioral health services to children and families with remote EMR access**
- **Maintain a strong relationship and ongoing communication with embedded clinic**

The Behavioral Health Consultant (BHC) began remote work in March, 2020 and returned to clinic in July 2020.

The BHC and Supervisor presented in May for the DWIHN Community Mental Health Lecture Series "Integrating Physical and Behavioral Health-Bringing Mental Health into the Pediatric Clinic"

The BHC is a member of the MPHI Michigan Innovations in Care Coordination Provider Education Workgroup.

Pediatric Integrated Healthcare Workgroup

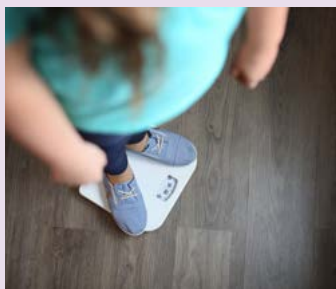
Our workgroup members believe when behavioral health care provider staff are more informed about the physical health care needs of the children and youth, they are better equipped to serve them. During Fiscal Year 19-20 the workgroup identified asthma, obesity and diabetes as the top 3 physical health diagnoses impacting many children and youth and implemented three initiatives to increase the workforce knowledge of these health conditions.

Asthma



Behavioral Health care provider staff reviewed an asthma video from the American Lung Association and distributed a pediatric asthma brochure drafted by the work group members. The majority of participants found the brochure helpful and reported an increase in confidence in discussing asthma with the children, youth and families they serve.

Obesity



"Understanding Childhood Obesity" webinar took place June 12, 2020 with **68** participants who received 1 continuing education credit. Healthy eating and activity resources in Wayne County as well as a Childhood Obesity brochure was provided to participants. Participants reported the webinar to be very informative and helpful.

50% strongly agreed and 43.75% agreed that the webinar will assist in improving the services to the children and youth they serve.

Diabetes



"Pediatric Diabetes and the Framework of Mental Health" discussion took place September 22, 2020 with **55** participants. Topics included: Type 1 and Type 2 diabetes, challenges of living with and treating childhood diabetes. An informational brochure were disseminated and strategies to collaborate with other professionals to support child's needs were given.

63.33% of the attendees strongly agreed the discussion provided them with a better understanding of pediatric diabetes. 60% of the attendees strongly agreed they learned useful information about how diabetes impacts mental health and vice versa.

School Based Mental Health

The School Success Initiative uses evidence based practices to deliver prevention based services to children, utilizing a 3-tier universal health screening. Students that score in Tier 1 are eligible for prevention and stigma reduction services. Tier 2 students receive evidence based behavioral health supports and Tier 3 students are linked to community mental health or to private insurance for additional services. In addition, the provider network offers parent education and engagement groups, professional development and psychoeducation for teachers and school administrators.

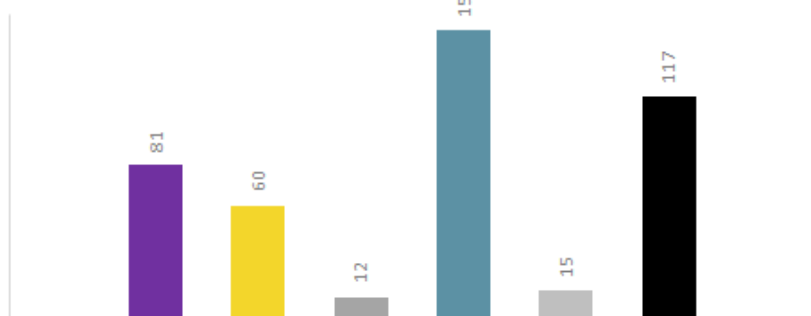
11 Community Mental Health Providers

70 schools

8117 Students Served

ASSEMBLIES & TRAININGS

Classroom Presentation Other service or activity Outreach event
Parent Training/Education School Assembly School Staff Training



Services Provided

Tier 1: **2176**

Tier 2: **5896**

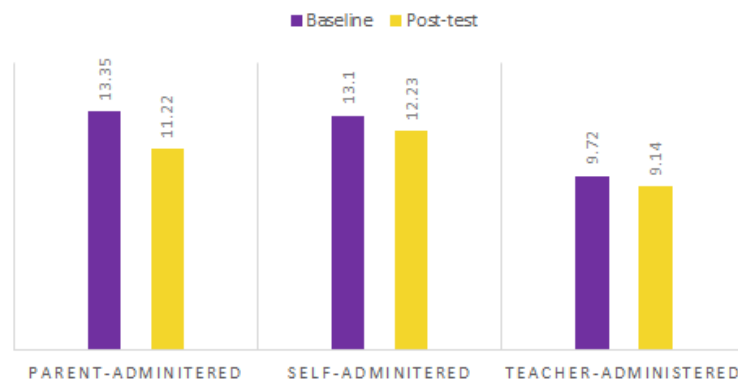
Tier 3: **8320**

Counts are not unduplicated, as individuals may receive more than one service

Services offered by CMH providers:

- Academic Enrichment
- Career Preparedness
- Case Management
- Classroom Observation
- Conflict Resolution
- Consultation
- Cornerstone
- Crisis Intervention
- Diagnostic & Clinical Services
- Home-Based
- IMH
- Individual & Family Therapy
- Individual Prevention
- Life Skills
- Mental Health Services
- Outpatient
- Parent Education Groups
- PMTO
- Professional Development for Educators
- PSP/YPSS
- Restorative Practices
- School-Based Treatment
- SEL
- Student and Parent Assemblies
- Support Coordination
- Technology
- TF-CBT
- TRAILS Group
- Treatment Planning
- Wraparound

AVERAGE TOTAL DIFFICULTIES SCORE



Reduction in Total Difficulties Score indicates improvement

Parent-administered SDQ: Baseline N - 1448 Post-test N - 211

Self-administered SDQ: Baseline N - 2337 Post-test N - 31

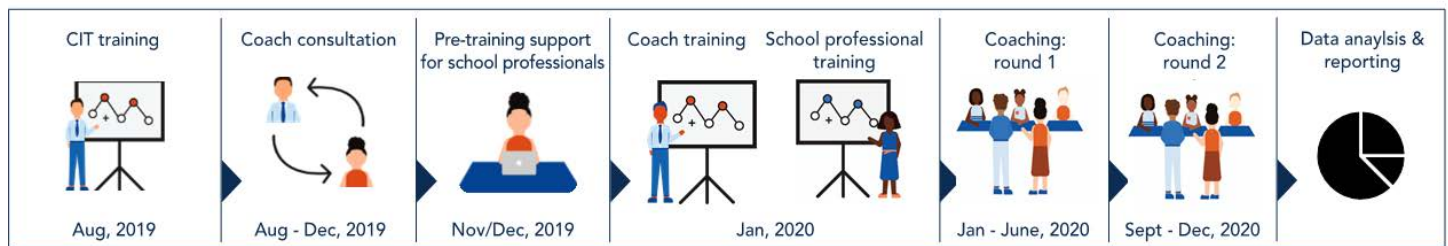
Teacher-administered SDQ: Baseline N - 591 Post-test N - 189

*some post-tests were difficult to complete due to Covid-19

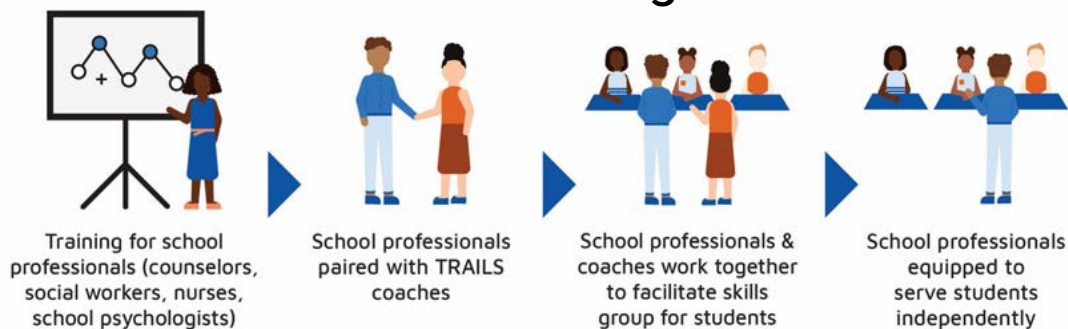
TRAILS

Transforming Research into Action to Improve the Lives of Students (TRAILS)

TRAILS is a evidence-based practice intervention that utilizes a 3-Tiered approach to deliver school based behavioral health supports. TRAILS provides students grades 5-12 with access to behavioral health supports by training professionals in effective practices appropriate for the academic setting. These skill based techniques help students develop coping skills to manage social pressures, symptoms of anxiety and depression with a trauma informed approach. TRAILS and DWIHN partnered to train school-based mental health providers in the TRAILS Model, and ultimately equip them to provide coaching to local school professionals.



The TRAILS Training Model



Practice clients during consultation: **22**
 Consultation sessions with TRAILS consultant: **257**
 Pre-Session Planning: **232**
 In Session Observation: **25**
 Total number of CIT CBT sessions with practice client: **183**
 Coaches: **15**
 Schools receiving coaching: **11**

SPECIAL POPULATIONS

Cornerstone Transition Age Youth

Cornerstone is an evidence-supported practice which provides a bridge for youth and young adults ages 16-21 as they transition into adulthood. Cornerstone services can occur individually or in a group format. Clinical topic areas focus on independent living and life skills to support youth in successfully transitioning to adulthood.



137 Youth Served

130 Group Sessions

8 Participating Agencies

Youth Peer Support Services

Youth Peer Support is a service provided by young people ages 18-26 who have lived experience with receiving mental health services, and who are willing and prepared to use their experience to support and empower the youth they are working with. Youth Peer Support Specialists (YPSS) are great additions to the clinical treatment team as they work closely with the clinicians and team members to help youth and families achieve goals identified in their Individualized Plan of Service.

82 Youth Served

8 Participating Agencies

6 YPSS in Training

1 New Certified YPSS



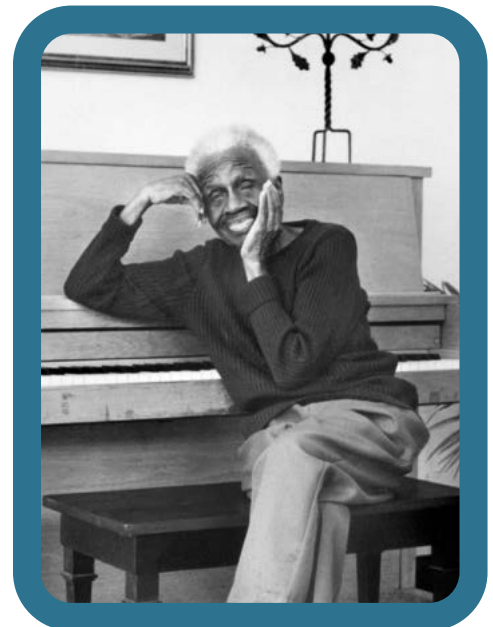
Ruth Ellis Center

The Ruth Ellis Center (REC) is a Connections system partner and social services agency with a mission to create opportunities with LGBTQ+ young people to build their vision of a positive future. REC envisions a world where LGBTQ+ young people are safe and supported no matter where they go. To further the mission and vision, REC offers a range of programming to support the young people they serve grounded in the following principles of work: [Trauma-Informed Care](#), [Restorative Justice](#), Harm Reduction, and [Positive Youth Development](#).

Accomplishments

- New Chief Financial Officer and financial management strategy with 5-year business plan
- Development staff expansion implementing 5-year sustaining member fundraising plan
- Purchase of additional building in Highland Park
- Groundbreaking in October 2020 for a new-build, 43-unit permanent supportive housing project to address the needs of LGBTQ+ young people 18 to 25 experiencing homelessness in Detroit
- Launched a virtual community group created for caregivers who want to learn more about how to best support their LGBTQ youth
 - Caregivers participating in the group have reported a decreased sense of isolation, that they are feeling more hopeful for their child's future, and they are excited to learn more about LGBTQ youth health and wellness
- Dr. Maureen Connolly awarded Outstanding Medical Provider, Southeast Michigan HIV/AIDS Council, Jan 2020
- Paper published: Connolly MD, Dankerlui DN, Eljallad T, Dodard-Friedman I, Tang A, Joseph CL. 2020. Outcomes of a PrEP demonstration project with LGBTQ youth in a community-based clinic setting with integrated gender-affirming care. *Transgender Health*. 5(2):75-79
- Received ongoing Ryan White Minority AIDS Initiative funding for caring for a panel of 33 young people living with HIV
- Became Home-Based provider
- Doubled clinical team and capacity
- Received grant funding to add a contracted psychiatrist

Juvenile Justice: **14** youth served
Family Preservation: **22** youth served
Home-Based: **8** youth served
Outpatient: **79** youth served



Sexual Orientation Gender Identity Expression (SOGIE) Certification:

The Ruth Ellis Institute is currently engaged with 3 agencies for the SOGIE Certification process: Hegira Health, Inc., Lincoln Behavioral Services, and Vista Maria. These agencies have started more robust training, coaching, policy and procedure review. Establishing Diverse SOGIE Guidelines which informed practices more broadly at these agencies is a primary accomplishment of 2020.

Accomplishments/goals

- Completion of the first MDHHS Asking About SOGIE Pilot under an Institutional Review Board to learn about worker knowledge, attitude and behavior specific to asking and inputting SOGIE data with all youth in care ages 12 and older. Qualitative and quantitative data from focus groups, surveys and MiSACWIS.
- Transition of 5 primary training curriculum from in person to virtual along with the evaluations which support training content, development and research.

60 trainings 1500 participants

The Second Stories Drop-In Center

The Second Stories Drop-In Center has moved to a new location. This move from a 5,000 square foot space into an 8,000 sq ft. location has allowed us to expand on our low barrier access to critical safety net and support services for youth. Providing us with more space to distribute food and personal care items; case-management and housing services; social and recreation activities; work- shops and groups; peer support; internet access; employment/education support; and leadership development.

With this change of location Ruth Ellis Center has been able to:

1. Increased staffing of local community members and youth; 5 additional community members added to the team.
2. Increase service distribution options, with food box delivery access to young people.
3. Increase outreach opportunities to virtual platforms

Over 1,700 service contacts with youth

429 service contacts (youth ages 21 and under)

1351 service contacts (ages 22-30)

636+ Food Boxes distributed to Youth



38 youth received ongoing case management services
42 youth received emergency case management services
650 hours of case management services provided
12 youth gained safe and stable housing

REC has been awarded two new grants to provide 40 units of housing for youth in 2020-2021.

IMPROVING SERVICE QUALITY

Parent Management Training - Oregeon (PMTO)

The Parent Management Training-Oregon model (PMTO) is an evidence-based intervention to help parents and caregivers manage the behavior of their children. Tailored for serious behavior problems for youth from preschool through adolescence, PMTO empowers parents as primary treatment agents to promote and sustain positive change in families.

118 Families Served

19 Clinicians

3 Trainers

3 Coaches
393 Coaching hours

3 FIMPers
161 FIMPing hours

Accomplishments:

- o Susanna Hathaway, LMSW, IMH-E® from Starfish Family Services joined the PMTO State Leadership Team full-time as Michigan's PMTO State Lead Trainer.
- o Cheryl Greer from Lincoln Behavioral Services joined the PMTO State Leadership Team (part-time) as Michigan's PMTO State Lead Coach.
- o Wayne County have been a part of PMTO model for 15 years!
- o Khalea Foy, MSW received the Supervisor Golden Loop award at the MDHHS Children's Mental Health Evidence Based Practice Virtual Conference entitled "Enhancing Family Resilience through Quality Evidenced-Based Practices."
- o Samantha Wilson, a caregiver from Starfish Family Services received that Parent Golden Loop award at the MDHHS Children's Mental Health Evidence Based Practice Virtual Conference entitled "Enhancing Family Resilience through Quality Evidenced-Based Practices."
- o Wayne County clinicians were able to complete PMTO, PTC, and FIMPing state training that was offered through a virtual platform.
- o 2 Wayne County parents was featured on the MI Parenting Resource. A new online resource for strengthening parent-child relationships and improving child behavior. In this video-based program, participant will learn from real caregivers about parenting tools that have helped their families (and hundreds of other families around the world). This program is currently FREE to Michigan caregivers. Certificate of completion provided.

For more information or to start the program visit:
www.miparentingresource.org





WRAPAROUND

Wraparound is a team-driven and family-led process involving the family, child, natural supports, agencies and community services. The process is individualized to each family and supports build on strengths to meet the needs of children and families.

Accomplishments:

- Implemented the Wraparound Quarterly Report for all provider agencies, allowing DWIHN to begin having data on the families we serve in Wraparound
- Implemented a new Wraparound Competency Tool, The Future, Reflective, Acceptance, Mobilize, Evaluate and Strengths (FRAMES) Tool allows us to see where Facilitators are excelling with youth and families in the Wraparound process and where there is a need for continual growth and training.

10 WRAPAROUND PROVIDERS

45 WRAPAROUND FACILITATORS

531 TOTAL FAMILIES SERVED

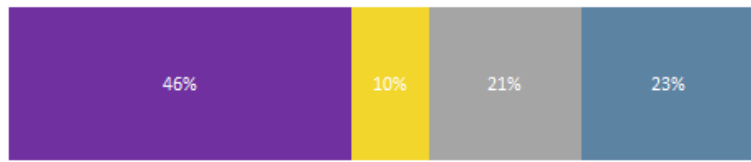
231 NEW FAMILIES SERVED

Family Status Report Outcomes

The Family Status Report is completed quarterly to collect dozens of indicators across a wide range of variables that examine strengths and risks in the family. The data is used to track the effectiveness of the Wraparound model at the individual and county level. Selected indicators presented here represent the change from Initial to Exit for **1,457** Wraparound participants ages 7-19, served to date.

CHANGE IN FUNCTIONING BASED ON CAFAS SCORE

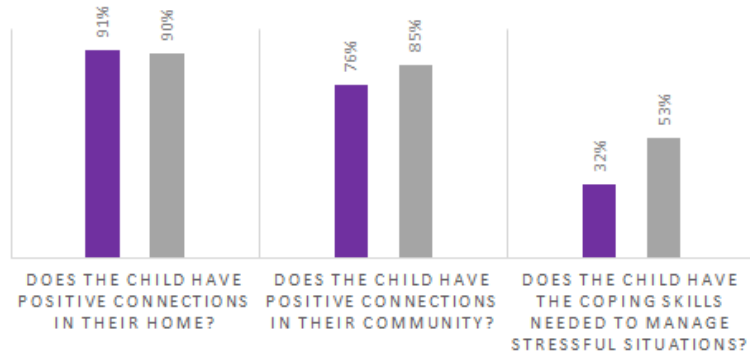
■ Clinically Significant Improvement ■ Improvement ■ No Change ■ Decline



(Clinically significant improvement in CAFAS scores is a decrease of 20+ points)

CHANGE IN RESILIENCY FACTORS

■ Initial ■ Exit



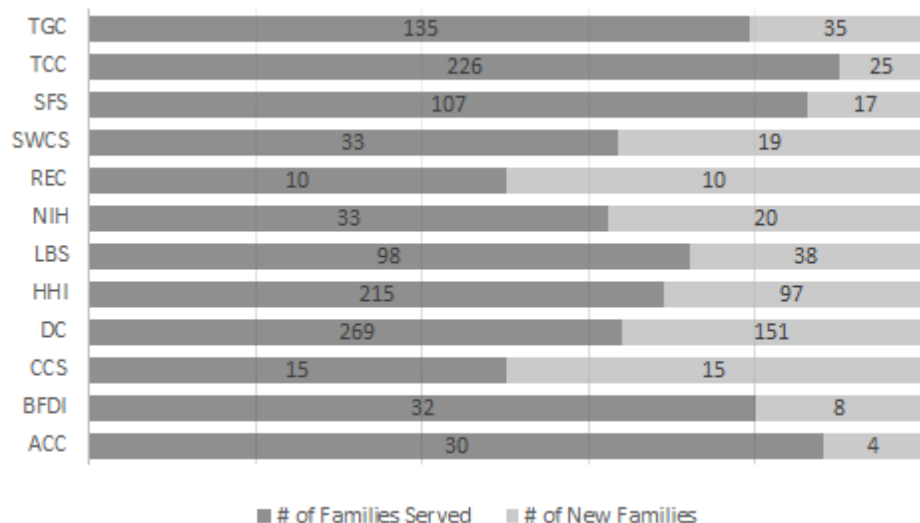
Home-Based

The Home-Based Task Force is a collaboration of service providers working to improve home based services throughout Wayne County.

ACCOMPLISHMENTS:

- **2** additional Home-Based providers were added during FY 19-20
- Detroit Wayne Integrated Health Network continued to offer Home Based Consultation to all Home-Based providers
- Implemented the Home-Based Quarterly Report, which allowed DWIHN to begin having data on the families we serve, as well as share the data with providers

FAMILIES SERVED



EARLY CHILDHOOD

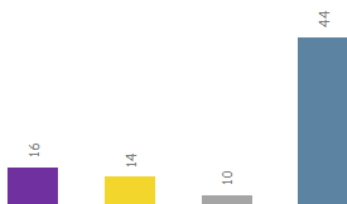
All CMH staff delivering home-based services to infants and young children, birth to 47 months, and staff providing Prevention-Direct Services Models Infant Mental Health (IMH), Child Care Expulsion Prevention) must have, as a minimum, the Michigan Association for Infant Mental Health (MI-AIMH) Endorsement, Level II (Infant Family Specialist), with Level III (Infant Mental Health Specialist) preferred. Each endorsement level requires hours of specialized training, or coursework specific to Infant Mental Health (IMH) competencies. DWIHN collaborated with the Michigan Association for Infant Mental Health (MI-AIMH) to offer a training series specific to Infant Mental Health/Early Childhood clinicians and supervisors.

426 Participants

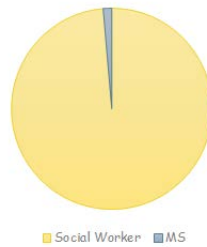
were trained on various topics such Culturally Sensitive Relationships, The Child Protection Legal System, Equity & Social Justice, Substance Use, Maternal Mental Health, Home Visiting Theory, and Reflective Supervision.

BACKGROUND OF ATTENDEES

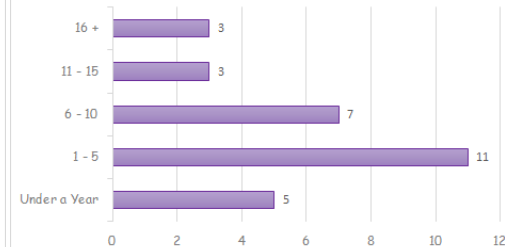
■ LPC ■ MA ■ LLP ■ Unspecified



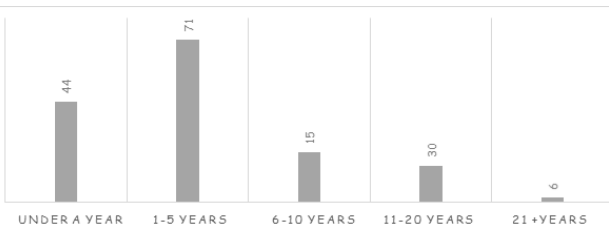
Discipline



Supervisor Training Experience (Years)



TIME WORKING WITH INFANTS AND TODDLERS



Infant and Early Childhood Mental Health Consultants served 35 providers as programmatic consultation-27 were center based, and 8 were home providers. Within those centers we had the opportunity to have an impact on an estimated **1,600** children.

The Detroit-Wayne IECMHC team also provided the child and family focused consultation to 15 children

93% of attendees hold a MI-AIHM endorsement

89% at level 2 or higher



PHQ-A

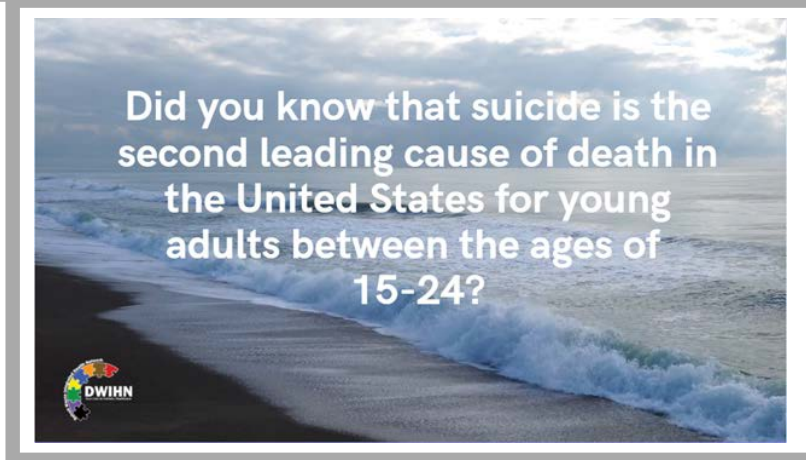
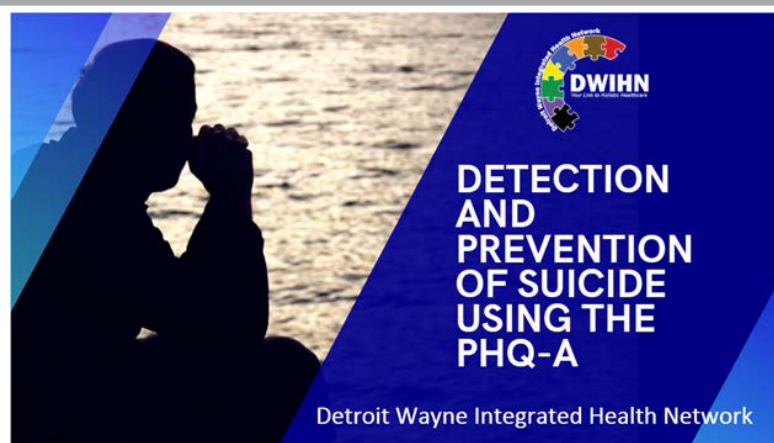
All Children's Service Providers within Detroit Wayne Integrated Health Network complete a PHQ-A upon intake for every youth between the ages of 11 and 17. The PHQ-A screens for symptoms of depression as well as prevalence of suicidal ideation. These screenings are repeated every three months, until symptoms recede and the youth's score drops below a certain threshold.



DWIHN providers completed **776** PHQ-A assessments upon intake

88.9% of youth between the ages of 11-17 received a PHQ-A at the start of treatment

Each provider has renewed their commitment to continuing to utilize the PHQ-A as a tool to assess for depression.



PHQ-A Video Stills

Trauma-Informed Care

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

An evidence-based treatment for children and adolescents impacted by trauma.

48 TF-CBT clinicians

25 clinicians participating in MDHHS TF-CBT training cohort

11 clinicians trained in an additional Trauma EBP

10 clinicians are trained to facilitate Caregiver Education groups
(supporting foster parents/caregivers raising youth impacted by trauma)

2 providers participating in Child Parent Psychotherapy
(trauma informed therapy for children birth to age 5)

185 youth served

IN RESPONSE TO COVID-19, THE
SPECIAL PROJECT COORDINATOR
CONVERTED THE TRAUMA RESPONSE
REFERRAL CARD INTO A FLYER
WHICH HAS BEEN PLACED ON
DWIHN'S WEBSITE.

EVENTS



The Trauma Leadership Committee held six successful meetings focusing on several projects, including the Biannual Trauma Stakeholders Leadership Breakfast and moving trauma related training to a virtual platform. Stakeholders from different systems shared updated on ongoing trauma informed work throughout the county.

Trauma Stakeholders Leadership breakfast was held on 11/21/19 at The Guidance Center in Southgate; there were **33** attendees. There was a presentation on the progress each provider has been making to sustain trauma informed care across the county as well as the results from the Secondary Traumatic Stress survey obtained by the providers

The Trauma Stakeholders Leadership meeting was held on 7/16/20 with **39** members present.

The meeting focused on updates regarding trauma informed care within DWIHN and also included a presentation by members of the MDHHS Children's Trauma Initiative that focused on data highlighting positive outcomes of participation of youth in Trauma Focused-Cognitive Behavioral Therapy (TF-CBT).

Trauma Informed Care

Community Trainings

Building Self-Healing Communities: Understanding Adverse Childhood Experiences
27 attendees

Adverse Childhood Experiences for Parents
Kids Talk Advocacy Center - **11 attendees**

Two Trauma and SUD Training
Woodhaven School District - 60 attendees

Trauma Informed Treatment for Youth with SUD
Hanley Home for Boys/Paul Martin Home for Boys - **18 attendees**



Secondary Traumatic Stress and Trauma Trainings:

- Michigan Adverse Childhood Experiences (ACES) Community Champion Training (Train the Trainer)
 - 10/15/19 - **12 participants**
- Children's Mental Health Lecture titled "Trauma 101"
 - 6/18/20 - **70 participants** This training provided an overview of what trauma is, the seven principles of trauma, the effects of Adverse Childhood Experiences (ACEs) and the use of Trauma Focused Cognitive Behavioral Therapy (TF-CBT) with children.
- Michigan ACEs Community Champion Train the Trainer virtual training
 - 6/23/20 - **18 participants**
- Quarterly Leadership Training Series event (Pandemic Response Training for Supervisors)
 - 6/25/20 - **38 participants** This training discussed preventative evidence-based strategies to improve the health, well-being and effectiveness of teams during a pandemic.
- Quarterly Peer to Peer Training "How to Thrive Amidst Secondary Trauma"
 - 8/14/20 - **51 participants** This training discussed the signs and symptoms of secondary traumatic stress and burnout, how to assess burn-out, secondary traumatic stress and compassion satisfaction and holistic strategies of self-care.

Cultural and Linguistic Competency

5th Annual Cultural and Linguistic Competency Summit "Integrating Culture into Practice"

515 Participants

Keynote Speaker: Marshalle Montgomery
"Racial Understanding & Healing"

Other speakers included:

Lisa Athan - Understanding Grief & Loss from a Multi-cultural
Standpoint

Dr. Lynn Smitherman - The Impact of Culture, Bias, Race & Racism
on Patient Care

Daicia Price - Racism is Making Me Sick!

Shardaya Fuquay & Sirrita Darby - Resilience within Systematic
Injustices (Youth Presentation)

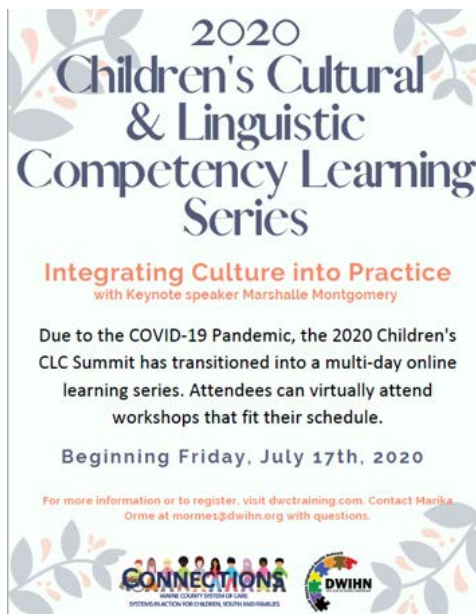
Kyron Smith - Be Your Best Representative: Self Advocacy in Rising
Adversity

David Garcia - What you Need to Know about Working With
Indigenous Populations

Bridie Johnson - Historical Trauma & the Two Spirit Identity

Tameka Citchen-Spruce - How to Deal with Implicit Biases in Social
Work

Dessa Cosma - Identifying and Dismantling Ableism in Your Work



The Cultural and linguistic Competency summit was originally scheduled for July 17, 2021 as an in-person conference. However, in response to the Covid-19 pandemic, these trainings were moved to a virtual platform. The multi-day, lecture series format allowed for record breaking numbers in attendance.

Intellectual and/or Developmental Disabilities

Services for children, youth, and families affected by Intellectual and/or Development Disabilities (I/DD) continue to be an important piece of the System of Care. In 2020 steps were taken to collaborate with I/DD provider agencies within the System of Care for collaboration and information sharing. The I/DD body of work is not funded by the SOC Block grant; however, it is work that falls under the Children's Initiatives Department.

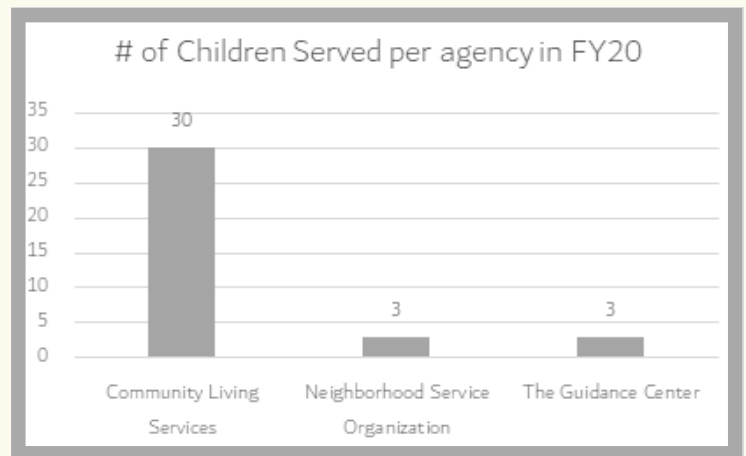
I/DD Collaborations:

- Including the 3 I/DD Home-Based providers within the Home-Based Task Force to be informed about best practices for I/DD Home Based services.
 - **31** children with I/DD have received Home-Based services since April 2020.
- Inviting representatives from 4 I/DD children's provider agencies to the Children's Practice Standards Workgroup.
- Creation of an I/DD Practice Improvement Workgroup that meets monthly to address topics specific to the needs of individuals with I/DD and the professionals who work to support them.
 - Members of this workgroup include representative from over 20 agencies who provide services to the I/DD community, as well as advocacy agency The Arc of Michigan, and several individuals with I/DD who receive services within Wayne County.

The Children's Waiver Program (CWP) makes it possible for Medicaid to fund home and community-based services for children with Intellectual and/or Developmental Disabilities who are under the age of 18 when they otherwise wouldn't qualify for Medicaid funded services. Three Provider Agencies deliver services to children and youth on this waiver:

Community Living Services (CLS), Neighborhood Services Organization (NSO) Life Choices, and The Guidance Center (TGC). On October 1, 2020 Michigan Department of Health and Human Services began steps to open this waiver to an additional 50 children throughout the state taking the available slots from 469 to **519**. The ultimate goal is to increase to 569 slots for the State of Michigan by 2021.

CHILDREN'S WAIVER PROGRAM



FAMILY FUN NIGHT

The Family Fun Night event is typically held for families, children and youth with I/DD with a focus on the importance of inclusion and ending stigma for individuals with I/DD.

Family Fun Night 2020 was canceled due to the Covid-19 Pandemic. Although a virtual event was discussed, the decision was made to cancel the event as the spirit of Family Fun Night is to celebrate with a "night on the town" without barriers. It is the hope that this event can resume in 2021.

Intellectual and/or Developmental Disabilities

Collaboration for Barrier Busting Continues!

The subcommittee led by the Children's Initiatives Coordinator and the I/DD Clinical Specialist continue to meet with representatives from various provider agencies to work on ways to remove barriers to providing community living supports (CLS) and/or respite services to children and youth in the community.

Agencies involved include:

- Development Centers
- Starfish Family Services
- MORC Human Services of Wayne County
- The Guidance Center
- The Children's Center
- Clinic for Child Study
- Family Alliance for Change/Southwest
- Counseling Solutions
- Ruth Ellis Center
- Neighborhood Service Organization – Life Choices

TASK COMPLETED BY COMMITTEE MEMBERS:

- Drafted a new assessment tool for clinicians to use to help determine appropriate levels of community living supports (CLS) for children with both SED and I/DD.

- Advised the Children's Initiatives Coordinator and the I/DD Clinical Specialist on items that they would like to see included within a community living supports (CLS) policy. This policy was drafted and submitted for review by leadership within DWIHN.

- Drafted and finalized a progress note tool for direct support professionals to use when providing both community living supports (CLS) or respite services to children and youth.

- Drafted and finalized a referral form for staff to use when assisting families in hiring a CLS or respite direct support professional.

- Drafted a document to review the IPOS/POC/Safety Plan with direct support professionals.





Workforce Development

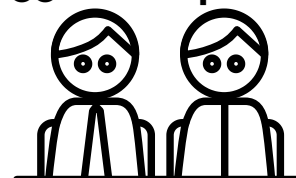
Core Competency

Core Competency trainings continued to be held at the provider level throughout the year with the help of certified trainers who provide training to all Community Mental Health (CMH) children's clinical staff. This year **179** staff received training on 7 foundational components: CAFAS and PECFAS, Crisis and Safety Plans, Family Service Plans, Measurable Goals/Objectives, Strength-Based Assessment, Supervision and Systems of Care 101.

Quarterly Peer-to-Peer Training Series

"How to Schedule Families Consistently"
"How to Thrive Amidst Secondary Traumatic Stress"

55 Participants



Quarterly Leadership Trainings

This series continued during FY19-20 to continue to provide a space to support the growth of supervisors and managers as leaders within their agencies. Due to the pandemic, the topics of the training series shifted to help support supervisors with topics fitting their current needs.

Topics Included:

Applying Inclusive Principles in Supervision
Pandemic Response Training for Supervisors
Supporting Clinicians Engaging in Behavioral Telehealth

26 Attendees

Children's Mental Health Lecture Series

November: Children and Adolescents at Risk for Psychosis - **37** Participants

January: Working in CMH - **19** Participants

April: Increasing Protective Factors - **87** Participants

May: Integrating Physical and Behavioral Health - **64** Participants

June: Trauma 101 - **70** Participants

July: Engaging with Arab and Chaldean American Families - **50** Participants

August: Engaging Families in Treatment - **39** Participants

September: Substance Use Treatment for Youth and Adolescents - **85** Participants



CAFAS

19 Trainers

146 Clinical Staff Trained

4 CAFAS Initial Trainings

7 CAFAS Booster Trainings

PECFAS

14 Trainers

85 Clinical Staff Trained

4 PECFAS Initial Trainings

3 PECFAS Booster Trainings

Top 4 Identified Risk Factors for Youth in Wayne County

Depression/Anxiety

Dating Violence

Bullying

Suicide

DWIHN Evidence-Based Practices

Cognitive Behavioral Therapy helps individuals who have struggled with suicidal thoughts, self-harm, and emotion dysregulation to develop coping strategies and skills for committing to "a life worth living."

202 Clinicians - 16 CMHs providing this service



Trauma Focused Cognitive Behavioral Therapy helps children and their caregivers overcome the impact of traumatic events through psychoeducation in developing new coping strategies

118 Clinicians - 17 CMHs providing this service



Dialectical Behavioral Therapy helps individuals who have suicidal thoughts and emotion dysregulation to develop coping skills for committing to "a life worth living."

71 Clinicians - 11 CMHs providing this service

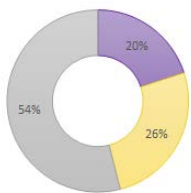


FY 2019 -2020 Outcomes

The Devereaux Early Childhood Assessment (DECA) is used to measure social and emotional functioning in domains depending on the child's age, including initiative, attachment, self-regulation, self-control, and behavioral problems. Scores from each domain are summed into a total score and normed by age. Children scoring at or below 40 are considered to have at least one "Areas of Need," between 41-59 are considered to be "Typical," and 60+ have above average "Strengths." Positive outcomes result from an increase in total protective factors, both overall and in individual domains. The FY19-20 outcome analysis included **129** children with more than 1 completed assessment.

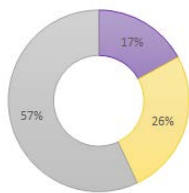


Initiative Outcomes



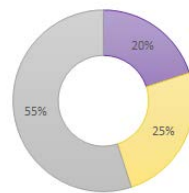
Decline Improvement No Change

Self-Control Outcomes



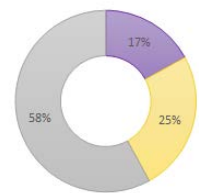
Decline Improvement No Change

Attachment Outcomes



Decline Improvement No Change

Total Protective Factors Outcomes

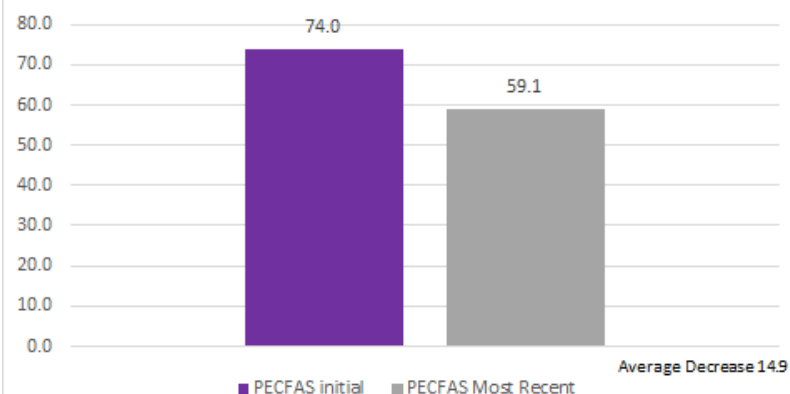


Decline Improvement No Change



The Preschool and Early Childhood Functional Assessment Scale (PECFAS) is used to measure functional change for preschool age youth. This assessment is an adaptation of the CAFAS, differing only in the modification of items and a lack of the Substance Use subscale. Outcomes were calculated for **661** children.

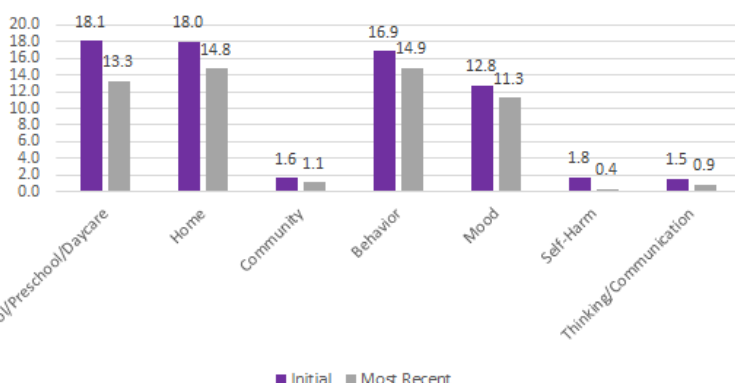
Average Total Score



The PECFAS total score ranges from 0–210 and measures overall impairment. A 20 point reduction is considered meaningful improvement.

On average **69%** improvement in Severe Impairment
18% improvement in Moderate Impairment
54% improvement in Pervasive Behavioral Impairment

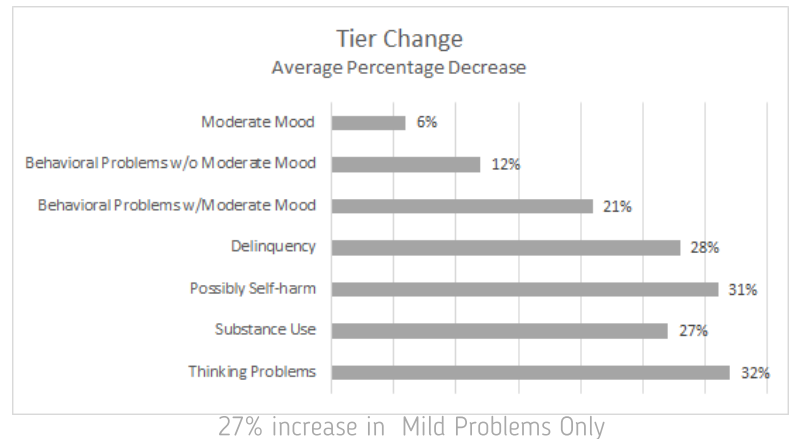
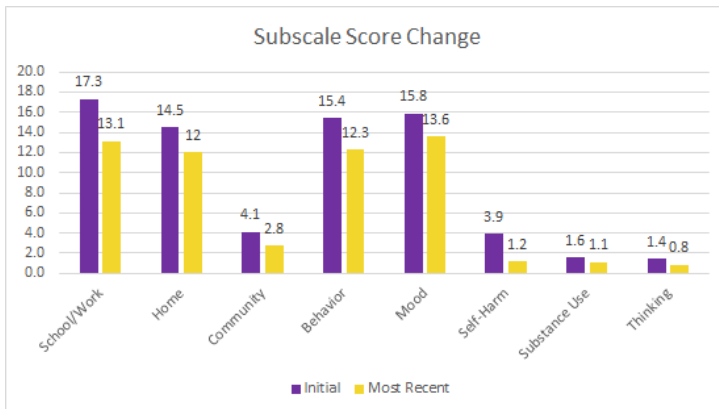
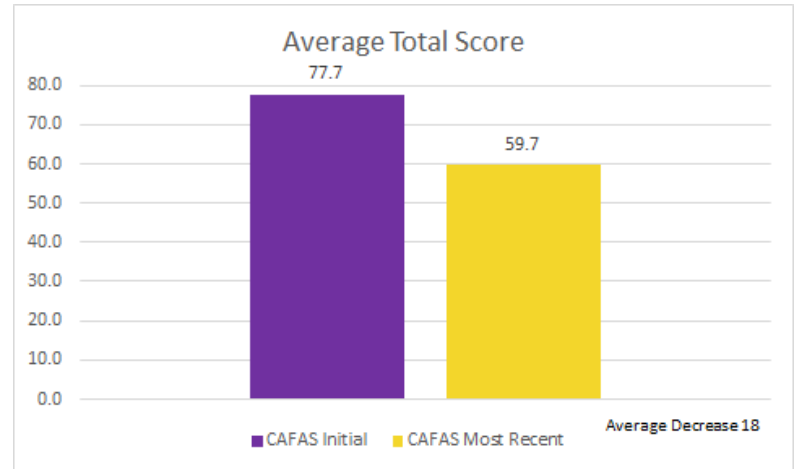
Subscale Score Change



Change in subscale scores demonstrate improved functioning in specific life domains.

FY 2019 -2020 Outcomes

The Child and Adolescent Functional Assessment Scale (CAFAS) is used to measure functional change for children 7-21. Both the CAFAS and PECFAS assess functioning across critical life domains and yield both a total score and subscale scores. Subscales are rated from 0 (no impairment) to 30 (severe impairment). CAFAS/PECFAS uses several outcome indicators including a reduction in score (≥ 20 points), reduction in the number of severe impairments, and reduction of score in certain subscales. Outcomes were calculated for **7541** children.



On average **59%** improvement on 1 or more Outcome Indicators
52% Meaningful and Reliable Improvement
60% improvement in Severe Impairment
69% improvement in Pervasive Behavioral Impairment



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