**Health Homes** will help you be as healthy as you can be. You can choose whether or not to participate.

- **No... You can work with the same people!**

Health Home services may add more people to your team to help you achieve your health goals.

You can still work with your case manager/supports coordinator, therapist, doctors, nurses, counselors, peers, and other professionals you are used to working with!

- Health Homes will help you be as healthy as you can be.
- You can choose whether or not to participate.
- There is no cost to be in a Health Home.
- Which Health Home (Behavioral or Opioid) you participate in is based on your needs and conditions.
- Being in a Health Home does not change your eligibility for other services.

**ARE HEALTH HOME SERVICES FOR ME?**

You can participate in a Health Home if:

- You have Medicaid, MiChild, or the Healthy Michigan Plan.
- You have a qualifying mental health condition or opioid use disorder.

To learn more ask your Provider or contact Detroit Wayne Integrated Health Network’s 24/7 Access Helpline.

**800-241-4949**
A HEALTH HOME ISN’T A PLACE, IT’S YOUR TEAM!

What is a Health Home?

- A Health Home helps you manage behavioral, recovery AND medical care to improve your overall wellness
- A Health Home will connect you to providers and resources to achieve your overall wellness goals
- Health Homes can help you with health concerns like diabetes, heart disease, or quitting tobacco
- Health Homes use a whole-person approach to care
- Health Homes are an additional Medicaid entitlement available at no cost to eligible people

HEALTH HOME SERVICES

Comprehensive Care
- You and your provider will create your Health Home Care Plan
- You will set goals and address challenges in your recovery, behavioral health, and physical health needs

Care Coordination
- You will have one location to help you coordinate most of your services and support
- Your Health Home will help you make appointments and connect you to appropriate specialty care providers

Health Promotion
- You will work with your provider to gain knowledge about your overall wellness
- You will have access to support and resources specific to your needs and health challenges

Comprehensive Transitional Care
- Your Health Home will help you if you transition between providers or care locations

Individual & Family Support
- You will have support to manage your health
- Your Health Home will help you to live to your full potential in your community

Community & Social Support
- You will have connections to a wide range of community programs
- Learn about your conditions and how you can be healthier

HOW DOES A HEALTH HOME HELP ME?

Health homes can help you...
- Schedule appointments
- Transition between care settings
- Learn about your conditions and how you can help yourself be healthier
- Stop smoking, get educated on nutrition and healthy habits
- Get referrals to specialists

WHAT IS A HEALTH HOME?