

ARE HEALTH HOME SERVICES FOR ME?

You can participate in a Health Home if:

- You have Medicaid, MiChild, or the Healthy Michigan Plan
- You have a qualifying mental health condition or opioid use disorder

To learn more ask your Provider or contact Detroit Wayne Integrated Health Network's 24/7 Access Helpline



800-241-4949

WILL A HEALTH HOME CHANGE THE PEOPLE I WORK WITH NOW?

No... You can work with the same people!

Health Home services may add more people to your team to help you achieve your health goals

You can still work with your case manager/supports coordinator, therapist, doctors, nurses, counselors, peers, and other professionals you are used to working with!

- Health Homes will help you be as healthy as you can be
- You can choose whether or not to participate
- There is no cost to be in a Health Home
- Which Health Home (Behavioral or Opioid) you participate in is based on your needs and conditions
- Being in a Health Home does not change your eligibility for other services



HOW CAN A HEALTH HOME HELP ME?



A GUIDE ON BEHAVIORAL HEALTH HOMES & OPIOID HEALTH HOMES

A HEALTH HOME ISN'T A PLACE, IT'S YOUR TEAM!

What is a Health Home?

- A Health Home helps you manage behavioral, recovery AND medical care to improve your overall wellness
- A Health Home will connect you to providers and resources to achieve your overall wellness goals
- Health Homes can help you with health concerns like diabetes, heart disease, or quitting tobacco
- Health Homes use a **whole -person approach to care**
- Health Homes are an additional Medicaid entitlement available at no cost to eligible people



HEALTH HOME SERVICES

Comprehensive Care

- You and your provider will create your Health Home Care Plan
- You will set goals and address challenges in your recovery, behavioral health, and physical health needs

Care Coordination

- You will have one location to help you coordinate most of your services and support
- Your Health Home will help you make appointments and connect you to appropriate specialty care providers

Health Promotion

- You will work with your provider to gain knowledge about your overall wellness
- You will have access to support and resources specific to your needs and health challenges

Comprehensive Transitional Care

- Your Health Home will help you if you transition between providers or care locations

Individual & Family Support

- You will have support to manage your health
- Your Health Home will help you to live to your full potential in your community

Community & Social Support

- You will have connections to a wide range of community programs
- learn about your conditions and how you can be healthier

HOW DOES A HEALTH HOME HELP ME?

Health homes can help you...

- Schedule appointments
- Transition between care settings
- Learn about your conditions and how you can help yourself be healthier
- Stop smoking, get educated on nutrition and healthy habits

Get referrals to specialists