# Detroit Wayne Integrated Health Network

## Programs for Children, Youth & Young Adults

### Infant & Early Childhood Mental Health
- Services provided in home or office to pregnant moms and/or caregivers with a child between 0-6 yrs to develop healthy relationships
- Child's growth & development services
- Therapy to address mental health concerns such as Postpartum Depression

### Autism Services
- Treatment for children under 21 yrs. diagnosed with Autism Spectrum Disorder
- Focus on increasing language, social skills, following instructions, improving interactions, keeping routines & improving daily living skills
- Intensive services involving 5 to 25 hours of direct intervention per week

### Home-Based Services
- For children ages 7-21
- Family-Centered treatment to resolve challenges that have prevented a child from thriving at home, school, work or other settings
- Intensive treatment in home, school or community, at least 4 hours a month
- Connect family to community for support & resources

### Intellectual/Developmental Disabilities
- For children & teens with a developmental disability who need medical or behavioral supports/services at home
- Supports Coordination at home, school or in the community & therapy to address ongoing behavioral/emotional concerns
- Other services include Psychiatry, CLS, Respite, Occupational Therapy, Speech Therapy, etc.

### School-Based Services
- Children and teens, grades K-12, in several DPSCD & charter schools
- Provide universal health screenings, crisis interventions, therapy, home-based services, & more to children, youth & families during school hours & in home or community
  - Provide mental health trainings to school personnel, parents & teachers

### Trauma-Informed Services
- Trauma-Focused Cognitive Behavioral Therapy is offered to help children & youth overcome negative trauma effects
- Services aim to decrease symptoms that stem from a traumatic event & focus on healing/supporting the child-parent relationship

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For specific program eligibility information, please contact the DWIHN Access Center (800) 241-4949
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### Programs for Children, Youth & Young Adults (Continued)

<table>
<thead>
<tr>
<th>Program</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>Cornerstone</strong></td>
<td>Focuses on improving functional skills in education, employment, social supports, wellness, self-management &amp; residential stability, ages 15-21</td>
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<tr>
<td><strong>Youth Peer Support</strong></td>
<td>Youth in middle school up to 26 yrs. work with Youth Peer Support Specialist to improve their overall functioning &amp; quality of life</td>
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<tr>
<td><strong>Wraparound</strong></td>
<td>Program for children/youth ages 0-21 and their families. Team-driven approach on strength-building across life-domains, promoting success, safety &amp; permanence in home, school &amp; community</td>
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<tr>
<td><strong>Parent Support Partner Program</strong></td>
<td>Peer-delivered support for families where the person brings their own life experiences, skills &amp; knowledge to empower parents who are facing challenges involving their child's emotional, behavioral &amp; mental health challenges</td>
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<tr>
<td><strong>Parent Management Training- Oregon Model (PMTO)</strong></td>
<td>Evidence-Based Best Practice for parents to support &amp; encourage them as they learn skills to provide appropriate care, instruction, &amp; supervision for their children</td>
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<td><strong>Parenting Through Change</strong></td>
<td>A group version of PMTO designed to enhance positive parenting skills</td>
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<td><strong>LGBTQ+ Services for Youth</strong></td>
<td>Services for youth between age 10-21+ provided through Ruth Ellis Center who offer outreach and safety-net services, integrated primary &amp; behavioral health care services</td>
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<tr>
<td><strong>Respite Services</strong></td>
<td>Short-term intermittent service to provide relief from the daily stress &amp; care demands of a child with behavioral challenges</td>
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<td><strong>Community Living Support Services (CLS)</strong></td>
<td>Skill development related to activities of daily living &amp; relationship-building skills as well as reinforcing skills taught in school, therapy or other settings</td>
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<tr>
<td><strong>Fatherhood Initiative</strong></td>
<td>Provides support &amp; education to men who are fathers or caregivers. Encourages, empowers, provides advocacy &amp; resources through workshops and other activities</td>
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