

BEHAVIORAL HEALTH CRISIS RESOURCES

Detroit Wayne Integrated Health (DWIHN) 24/7 Crisis Line: 800-241-4949

CRISIS RESIDENTIAL SERVICES: (ADULTS)

- The CR service is *voluntary* and provides an alternative to inpatient psychiatric services for consumers experiencing an acute psychiatric crisis.
- Services are designed for beneficiaries at risk for a psychiatric inpatient admission but can be safely treated in a setting less intensive than a locked hospital unit.
- The goal is to facilitate reduction in the intensity of those factors that led to the crisis through the development of each consumer's person-centered and recovery/resiliency oriented individual plan of service.
- Services Provided: Nursing and Social Services Assessment, Psychiatric Assessment, Individual and Group counseling Medication Administration, Health monitoring, structured social activities, coordination of aftercare plans, transportation
- Referrals are made by COPE or Assertive Community Treatment (ACT) Team and authorized by COPE.

Services are operated by Hegira Health at the following locations:

The Boulevard Oakdale House
East Grand Blvd Michigan Ave
Detroit, MI Canton, MI
11 Beds* 9 Beds*

INTENSIVE CRISIS STABILIZATION SERVICES (ADULTS)

Structured treatment and support activities provided by a multidisciplinary team and designed to provide a short-term alternative to inpatient psychiatric services. Services may be used to avert a psychiatric admission or to shorten the length of an inpatient stay when clinically indicated.

Hegira Health COPE

Open 24 hours 33505 Schoolcraft, Livonia, MI 48150 844-296-COPE The CSU offers:

24-hour walk-in crisis screening

Medication

Psychiatric Evaluation Emergency clothing

Meals

TEAM WELLNESS CENTER

Open 24 hours 6309 Mack, Detroit, MI 48207 313-331-3435 The CSU offers:

24/7 walk-in crisis screening Medication Management Psychiatric Evaluation

Meals Showers

^{*}Current total capacity is 14, due to COVID

Showers
Transportation upon discharge
Coordination of Care with
community provider
23-hour hold safe and monitored location
to attempt to stabilize individuals
experiencing crisis

Transportation
Coordination of Care with community providers
Housing Referrals
23-hour hold safe and monitored location to attempt to stabilize individuals experiencing crisis

<u>Mobile Stabilization Team</u>: The Stabilization Teams have the primary responsibility of post-disposition follow-up when the consumer does not go inpatient. Services include supportive counseling, urgent resource access and connect consumer's to community services.

Stabilization Intervention Teams are responsible for meeting with the consumer once every 24 hours for the first 3 days, at minimum, at their home or in the community. During those appointments the teams will assist with connecting the consumer with community resources including:

- Create a Treatment Plan
- Connect the Consumer with their CRSP and outpatient service provider
- Assist with scheduling appointments and arranging if not providing transportation
- Assist with obtaining clothing, food, and medical benefits if needed
- Referrals are made by COPE

NOTE: Specialized Residential and General Adult Foster Care Homes and Individuals in supervised settings can contact the COPE Stabilization Teams to defuse crisis at **833-AFC-3004**. Call COPE when you begin to see the signs. It can be difficult to stabilize a consumer that has completely escalated which may result in a need for the individual to go to the emergency department. Safety to the individual, others in the home and staff are the priority.

PSYCHIATRIC URGENT CARE (PUC): Adults with SMI/SUD. Children with SED ages 6-17 (only Hegira)

Hegira Health

Hours: M-F, 8:30am – 6:00pm Location: 26184 W. Outer Drive Lincoln Park, MI 48146

Phone: 313-398-7500

Services: Same-Day access for assessments/intake, crisis services for existing DWIHN members, psychiatric evaluations, medication reviews, medication injections, nursing assessments,

Peer Support Specialist

CNS

Hours: M-F, 9am - 9pm & Sat 9am - 1pm

Location: 12800 East Warren Ave.

Detroit, MI 48215

Phone: 313-824-5623

Services: Same-Day access for

assessments/intake, crisis services for medication reviews, medication injections, nursing assessments,

Peer Support Specialist integrated healthcare,

pharmacy services,

For Children Only- Some Crisis Options below are currently telephonic only due to COVID. Updates will be provided when face to face services resume:

<u>The Children's Center – Children's Crisis Care Center:</u> 313-324-8557, Monday – Friday from 8:00am to 8:00pm. Consumers can go or be taken to the facility during hours of operation.

<u>New Oakland Family Centers – 24-hour Crisis Stabilization:</u> 877-800-1650. Services are designed to provide a short-term alternative to inpatient psychiatric services and are available for on-site clinical intervention and/or telephone consultation at all times.

CRISIS RESIDENTIAL SERVICES: (Children)

<u>Safehaus 24/7– Children's Intensive Crisis Residential</u>: 855-ADMIT-123. A short-term intensive crisis residential center that provides services in a residential setting. Services include: assessments, psychiatric and medication management, individual, group and family therapy, on-site nursing, art and clay therapy.

Hospitals Only: For Pre-Admission Review (PAR) Screening call:

For Adults: COPE (844) 296-COPE

For Children: DWIHN Access 800-241-4949. The Access Center will dispatch New Oakland Family Services for children with an I/DD diagnosis and The Guidance Center for children with SED and/or dual diagnosis