

Spring  
2021



# Persons Point of View

Editor-In-Chief  
Michael Shaw

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## THE CONSTITUENTS' VOICE

*By Michael Shaw*

The Constituents' Voice (CV) is the advisory board to the President and CEO of the Detroit Wayne Integrated Health Network (DWIHN). The board advises with respect to policies concerning people served by DWIHN which are individuals with mental illness, intellectual and developmental disabilities and those with substance use disorder who live in Wayne County. It currently meets on third Friday of each month from 9:45 am to 12:00 noon via Bluejeans. The CV has four Action Group subcommittees which also sponsor the "Dreams Come True" Mini-Grant, awarding up to \$500 to people who would like to pursue goals and activities, such as obtaining a driver's license or starting a microenterprise.

The four subcommittees, Empower, Advise, Advocacy, and Engage, undertake and direct various community driven activities.

The Empower Action Group is discussing hosting another "Dreams Come True," event, where member achievements are celebrated with an awards banquet.

The Advise Action Group sponsors DWIHN Ambassadors, people who educate the community, about DWIHN supports and services. This group is also sponsoring "Postal Pals," a pen pals initiative, designed to enhance communication between members, hoping to reduce isolation and promote positive interaction.

The Advocacy Action Group will hold meetings the second and third week of April to discuss the pros and cons of the COVID-19 vaccines.

The Engage Action Group recently gave care kits to the Veterans' Administration, the Night Angels, and the American Human Rights Coalition for distribution to human trafficking survivors. DWIHN is currently seeking new members. If you are interested, please contact Michael Shaw at [Mshaw1@dwihn.org](mailto:Mshaw1@dwihn.org). Information and an application can also be found at [www.dwihn.org](http://www.dwihn.org) by clicking the "For Members" tab, then the "Member Engagement/Advocacy" tab, and scrolling down to Member Activities.

## CONGRATULATIONS JAIME!



### BY JAIME JUNIOR

Hi all, my name is Jaime Junior. For the past 3 years, I've had the pleasure of serving all of you, the members of DWIHN as both, one of the leaders of the Constituents' Voice Advisory Board, and as a Peer Mentor/Community Ambassador, educating others about the rights and opportunities that exist for those of us with disabilities.

I am excited to announce that I have accepted the position of Community Coordinator with the Office of Disability Affairs for the City of Detroit.

Just a little background on the Office. For several years a group of disability justice organizations, self-advocates, service organizations like DWIHN and allies have been working to design and petition for a "one-stop shop" within city government, where individuals and families living with disabilities could go to get information, resources, and advocacy information about issues related to living a full and productive life within the city they called home.

The office, which operates within the Civil Rights, Inclusion and Opportunity (CRIO) Department, has a mission "to increase independence, opportunities, community participation, safety, and wellness of persons with disabilities in the City of Detroit, and to ensure inclusion, representation, and equity for persons with disabilities as it relates to city employment, programs and services."



# ASK THE DOC



## **1. Are there any pre-existing conditions that prohibit people from receiving COVID-19 vaccine?**

People with immune deficiency illnesses or people who are receiving chemotherapy or radiation treatment should consult with their physician before being vaccinated.

## **2. What are the ingredients in the vaccines?**

These vaccines are made from the proteins that are harvested from the spikes that surround the walls of the virus.

## **3. Does getting the vaccine and then testing positive for COVID mean that you can still get infected?**

Yes, there is a low possibility of getting COVID and hence testing positive even if you are vaccinated. However, you are at a much lower risk for developing a serious illness from it. The vaccine protects a person from experiencing life-threatening illness.

## **4. Based on my reading, the vaccines do provide immunity rather than simply lessen symptoms?**

The COVID-19 vaccines do not prevent a person from getting an infection but the vaccines do prevent people from getting serious forms of the infection and it is highly unlikely that someone would die or even have to be hospitalized after receiving the vaccination.

## **5. Which vaccine has the best efficacy for African-Americans?**

There is no difference in efficacy based on race.

## **6. How does the vaccine help someone who's already had COVID-19?**

The vaccine prevents people who have already had COVID from having serious or life-threatening illness in the near future.

## **7. Even if I am protected after I am vaccinated, is there any risk that I could expose my wife if I come into contact with an infected person?**

Even if you have been vaccinated you still carry virus in your nasal mucosa. The best way to protect your wife is for her to be vaccinated also.

## **8. Is there any information on the effects the vaccine has on pregnant and/or nursing women?**

Since the virus can pass through the placenta and/or breast milk, Obstetricians recommend that a pregnant or lactating woman be vaccinated. Please consult with your obstetrician before being vaccinated.

## **9. How long does it take for the vaccine to be effective?**

Maximum protection from COVID-19 virus occurs three weeks after the second vaccination.

## **10. Is the COVID-19 vaccine recommended for people with severe allergies?**

People with severe allergies should consult with their allergist before deciding to be vaccinated.





# ASK THE DOC



## **11. How protected am I after I have received the vaccinations?**

The vaccine will protect you from getting sick as well as from becoming seriously ill even if you come into close contact with people who are not wearing masks or maintaining social distance.

## **12. In the early stages of the pandemic, there were reports of transmission by pets. Should we worry about pet sitting?**

We do not have any good studies at this time that would enable us to answer this question.

## **13. Do we know how many vaccines exist worldwide and the efficacy of each of these vaccines?**

We know that both Russia and China have developed vaccines but we do not have good studies about their efficacy. We know that the Pfizer and Moderna vaccines are highly effective.

There are multiple COVID vaccines that are either approved or are in trials both in the United States and worldwide. Currently, we have more information about the 3 vaccines that have received authorization in the United States including Pfizer, Moderna, and Johnson & Johnson vaccines.

## **14. Does the vaccine provide immunity rather than simply lesson symptoms?**

The COVID-19 vaccines do not prevent a person from getting an infection but the vaccines do prevent people from getting serious forms of the infection and it is highly unlikely that someone would die or even have to be hospitalized after receiving the vaccination.

## **15. After receiving the COVID-19 vaccination can you still be a carrier of the virus that might infect other people?**

People who have been vaccinated can still infect other people because the virus can remain in the nasal mucosa even after being vaccinated.

There are reports indicating that vaccinated people can be at lower risk of transmitting the virus to others. There is a possibility that people who have been vaccinated can still infect other people because the virus can remain in the nasal mucosa. It is, therefore, important to continue wearing masks even if you are vaccinated.

You can also visit the [CDC website for more FAQs about COVID vaccines.](#)





**Quote:** Enjoy life now, it's not a rehearsal

## **Gooley Cake Recipe:**

- **Cake:**
- 1 package yellow cake mix
- 1 egg
- 16 TBL melted butter divided
- **Filling:**
- 1 8 oz. package cream cheese softened
- 2 eggs
- 1 16 oz. box powdered sugar
- 1 tsp vanilla

1. Preheat oven to 350 degrees F.
2. Combine the cake mix, egg, and 8 TBL butter and mix well with an electric mixer. Press the mixture into the bottom of a lightly greased 9x13 baking pan.
3. In a large bowl, beat the cream cheese until smooth. Add the eggs, 8 TBL butter and vanilla and beat together.
4. Next, add the powdered sugar and mix well. Spread over cake batter and bake for 40 to 50 minutes. Make sure not to overbake as the center should be a little gooey.

**Halo Home Care Services, LLC.**



# Poetry Corner

## A Blessing For You

by Mary Ann Bozenski

May God in heaven be your guide,  
And luck always at your side.  
May your life be pleasant and long,  
And you healthy and strong.

May your dreams come true,  
And happiness follow you.  
May your friends be dear,  
And always stay near.

May your troubles be few,  
And manageable for you.  
May you be filled with love,  
And receive gifts from above.

May any sorrow be washed away,  
And joyfulness fill your day.  
May these words stay in your heart,  
And we shall never have to part.

## Motivation Corner:

Submitted by Shirlon C.

“Let your unique awesomeness and positive energy inspire confidence in others.” “Wherever you go, no matter what the weather, always bring your own sunshine.” “If you want light to come into your life, you need to stand where it is shining.” “Success is the sum of small efforts repeated day in and day out.”





# S.O.U.L.S. CHAT

SUPPORTIVE, OUTREACH, UNDERSTANDING, LIFE-SITUATIONS

## FAITH TALK MONDAYS

STARTING 9/14/20

6:30P-7:30P

BlueJeans App

Meeting ID: 415 831 832

Passcode: 2016

Dial in: 408-915-6290



## CASUAL TALK

## WEDNESDAYS

6:00P - 7:30P

BlueJeans App

Meeting ID: 415 831 832

Passcode: 2016

Dial in: 408-915-6290

[CLICK HERE & GET CONNECTED](#)



# Members' Rights

Our Area of Responsibility	Members' Rights	For More Details, Contact us at:
Provider Directory	<ul style="list-style-type: none"> <li>To receive a copy of the Provider Directory at the time of enrollment, upon intake, annually and/or upon request</li> <li>To request a copy to be mailed to you at your mailing address or by email</li> </ul>	<a href="http://dwihn.org/files/7115/6986/6624/2020_Provider_Directory.pdf">http://dwihn.org/files/7115/6986/6624/2020_Provider_Directory.pdf</a> 888-490-9698 800-6301044 (TTY)
Claim Status	<ul style="list-style-type: none"> <li>To track the status of your claims in the claims process</li> </ul>	<a href="http://dwihn.org/operations/managed-care-operations-mco/claims/">http://dwihn.org/operations/managed-care-operations-mco/claims/</a> 313-833-3232
Estimated Cost of Services	<ul style="list-style-type: none"> <li>To know the Estimated Cost of Services (ECS) for the services identified in your IPOS within 15 business days of your IPOS Meeting and when your IPOS has been changed</li> <li>To receive an Explanation of Benefits (EOB) and request it at any time</li> </ul>	<a href="http://dwihn.org/files/4114/5936/3409/DWM_HA_Provider_Manual.pdf">http://dwihn.org/files/4114/5936/3409/DWM_HA_Provider_Manual.pdf</a>  888-490-9698
Notice of Privacy Practices	<ul style="list-style-type: none"> <li>To have DWIHN protect and secure all of your health care information that we have created or received about your past, present, or future health care or condition, or health care we provide to you, or payment</li> </ul>	<a href="http://dwihn.org/library/hipaa-notice-and-policies/">http://dwihn.org/library/hipaa-notice-and-policies/</a>
Fraud, Waste, and Abuse (FWA)	<ul style="list-style-type: none"> <li>To report fraud, waste, or abuse within the DWIHN's behavioral healthcare system to DWIHN to be investigated</li> </ul>	<a href="http://dwihn.org/files/2015/6458/3594/Fraud-Waste-and-Abuse-Policy.pdf">http://dwihn.org/files/2015/6458/3594/Fraud - Waste and Abuse Policy.pdf</a>  313-833-3502 or email <a href="mailto:compliance@dwihn.org">compliance@dwihn.org</a>
Utilization Management Decision Making	<p>All DWIHN staff, all Crisis Service Vendors and Access Center practitioners and employees who make Utilization Management decisions understand the importance of ensuring that all consumers receive clinically appropriate, humane and compassionate services of the same quality that one would expect for their child, parent or spouse by affirming the following:</p> <ul style="list-style-type: none"> <li>Utilization Management decision making is based only on appropriateness of care, service, and existence of coverage.</li> <li>DWIHN, Access Center, and Crisis Service Vendors, do not reward practitioners or other individuals for issuing denials of coverage or service care.</li> <li>No Physicians nor any other staff making UM decisions are rewarded for issuing denials of coverage or service or reducing the provision of care which is deemed medically necessary.</li> <li>Follow all MDHHS procedures for the <i>required</i> annual Medicaid enrollment and inform DWIHN of any changes in insurance status.</li> </ul>	<a href="http://dwihn.org/operations/utilization-management/">http://dwihn.org/operations/utilization-management/</a>



# Enrollee Rights and Responsibilities

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We are committed to maintaining a mutually respectful relationship with our members and providers. The DWIHN Members' Rights and Responsibilities statement is provided to assist you in understanding and exercising your rights while accessing behavioral health care services in Detroit-Wayne County. This statement helps to minimize potential misunderstandings and promote compliance with all applicable statutory and regulatory requirements. Understanding your rights and responsibilities will help you to make informed decisions about your healthcare.

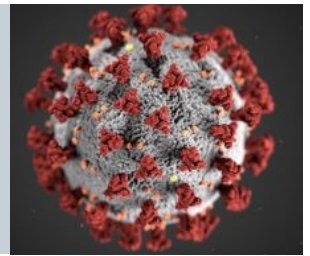
For more information, please refer to the DWIHN Member Handbook. If you need one, please contact customer service at 313-833-2500, or visit [www.dwihn.org](http://www.dwihn.org).



**Note:** All DWIHN staff, the Access Center, and Service Provider employees shall acknowledge, uphold and demonstrate knowledge of the above enrollee rights and responsibilities.

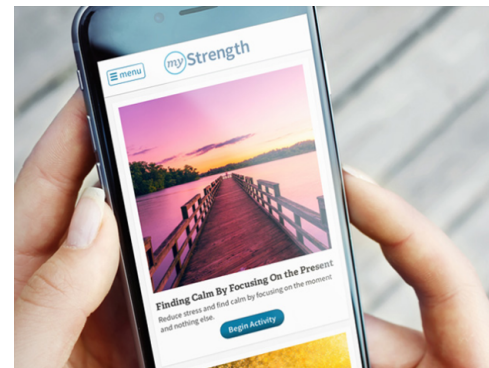


The Detroit Wayne Integrated Health Network is doing everything it can to communicate accurate information to its Members, Providers and the Community in the wake of the COVID-19/Coronavirus Pandemic. Please visit our website at [www.dwihn.org](http://www.dwihn.org) for timely updated information.



### Sign Up Today!

1. Visit [www.myStrength.com](http://www.myStrength.com).
2. Click “Sign Up.”
3. Enter Access Code: **DWIHNc**
4. Complete the myStrength sign-up process
5. Download the myStrength app for iOS and Android



**Detroit Wayne Integrated Health Network**  
**707 W. Milwaukee Ave.**  
**Detroit, MI 48202**

**Hours of Operation: 8 am - 4:30 pm**  
**Customer Service: (313) 833-2500**  
**Main: (313) 344-9099**  
**TDD: (800) 630-1044**  
**Fax: (313) 833-2156**  
**24-Hour HelpLine: (800) 241-4949**

**[www.dwihn.org](http://www.dwihn.org)**

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**In accordance with reporting requirements for the Detroit Wayne Integrated Health Network, below is a list of providers and programs that have either closed or been terminated since December 1, 2020**

Provider/Vendor Name	Closure	Address	Closed Date	Type
UPAC Detroit	Site	14501 Woodward, Detroit, MI 48203	12/15/2020	Outpatient
Events Extraordinaire	DBA PEP Center	16000 Middlebelt Rd., Livonia, MI 48154	Temporary Closure	Outpatient
Starfish Family Services	IDD Intakes	All Locations	Temporary Closure	Outpatient
Senior Psychiatric Services of Michigan	Merged with BCS of MI		12/1/2020	Outpatient

