

# WE ARE ONE-A COMMUNITY OF CARE COMMUNITY RESOURCE KIT

@DetroitWaynelHN



### MENTAL HEALTH, SUBSTANCE USE DISORDER, CHILDREN'S, OR DISABILITIES SERVICES DWIHN HAS RESOURCES FOR IT ALL



The Detroit Wayne Integrated Health Network is compassionate and committed to the 122,000 children and adults it serves in Detroit and Wayne County. We understand the immense responsibility we have been given and we go above and beyond in supporting the people we serve and the hundreds of Providers in our System of Care. Our Provider Network supports and serves individuals with serious mental illness, children with serious emotional disturbance, people with autism, individuals with intellectual and developmental disabilities and those with substance use disorder.

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## WHO WE ARE/ WHAT WE DO.

Autism **Benefits** 



Autism Spectrum Disorder (ASD) is a developmental disability and to receive Applied Behavior Analysis (ABA) services in Wayne County, the person must be screened by a primary care physician or the DWIHN Access Center.

ABA is an intensive, behaviorally-based treatment that uses various techniques to bring about meaningful and positive changes in the communication, social interaction, and repetitive/restrictive behaviors that are typical of ASD. We work with ASD Providers and offer services to people up to 21 years of age.

### Children's Initiatives

DWIHN offers a variety of intensive, short-term individual, family and group counseling services to youth, parents, and families. Educational, support and skill development groups include:

- Adjustment/Disorders
- Anger/Management
- Conflict/Resolution
- Crisis Support
- Grief & Loss

School-Based Programs **DWIHN** works cooperatively with local schools and counseling centers to provide greater access to mental health services to adolescents in schools throughout Wayne County.



- Infant Mental Health
- LGBTO
- Parent- Relational Problems
- School/Truancy



### Intellectual & **Developmental Disabilities**



Intellectual and Developmental Disabilities (I/DD) are a group of conditions due to an impairment in physical, learning, language, or behavior areas that start in childhood.

#### Services include:

- Advocacy
- Assistive Technology
- Benefits Planning Guardianship/Alternative
- Healthy Living
- Housing
- Peer Mentorship

- Person-Centered Planning
- Post-Secondary Education
- Recreation/Community Participation
- Residential Support
- Self-Determination
- Independent Facilitation Supported Employment
  - Transportation

### Veterans Services

DWIHN offers FREE courses to increase mental health awareness, reduce stigma and potentially save lives.

**MHFA** teaches people methods of helping someone who is in the early stages of a mental health challenge or crisis.

Question, Persuade, Refer (QPR) Suicide Prevention training is a clinically proven approach to recognizing signs of suicide and responding effectively.

Our Veteran Services program supports all veterans regardless of discharge status, those who do not meet service eligibility, who are not eligible for Veterans Administration (VA) services and who do not want traditional support paths.

**Clinical Practice** Improvement



Mental Health First Aid (MHFA), Suicide Prevention Training and



### **Access and Crisis Service**

DWIHN manages the Access Call Center, a 24/7 Helpline for anyone needing assistance, information, and resources for their mental health, disability, or substance use needs. The Call Center is managed by trained staff with decades of behavioral health and disability-related concerns.

#### Hours for non-emergency calls are from 8am-8pm Monday through Friday. After 8pm and on weekends

Services provided:

- Warm transfer to the crisis line
- Dispatch of Children's Crisis Teams from Emergency Departments
- · Hospital discharge follow-up appointments
- · A mental health clinician for SUD screening only
- Call Center staff will complete a brief screening with the person and if needed, a Clinician will contact the individual the next business day to complete the assessment.

### Member Engagement

Constituents' Voice is a person-driven group whose purpose is to advise the DWIHN President and CEO with respect to the design, delivery, implementation, and evaluation of behavioral health programs and services in Wayne County.

The group collaborates with various organizations with the goal of aligning efforts, programs, policies, and procedures to advance community inclusion for individuals with mental illness, developmental disabilities and substance use disorders.





### **Substance Use** Disorder

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We work with community groups, programs and Providers around prevention, treatment, and recovery services. They include:

- Community coalitions
- Early intervention Providers
- Faith-Based community
- Gender-specific providers, including those with living arrangements for women and children
- **Opiate maintenance treatment Providers**
- Peer Recovery Coaches
- Recovery Support Providers/Programs

#### **Recovery Services**

- Acupuncture
- Case Management
- Citizen Re-entry
- Co-occurring Capable & **Enhanced Programs**
- Medication Assistance

- Methadone Therapy
- Outpatient
- Peer Recovery Supports
- Recovery Housing
- Relapse Recovery Services
- Residential

#### **LEARN MORE HERE**





### **DWIHN CRISIS CARE CENTER** 707 W Milwaukee Ave Detroit, MI 48202 **SCHEDULED FOR COMPLETION MAY 2024**

### **BEHAVIORAL HEALTH CAMPUS** 7 Mile Rd, Detroit, MI 48219 **SCHEDULED FOR COMPLETION DECEMBER 2024**



## **OUR LOCATIONS**



## **COMMUNITY BASED MOBILE CRISIS RESPONSE TEAM**

Mobile Crisis services are available 24/7 including holidays and weekends.

Mobile Crisis provides short-term crisis response, crisis intervention, and stabilization for adults and children experiencing a mental health or substance use crisis in the community. Any individual residing in Wayne County can access mobile crisis services regardless of insurance status. Teams will respond to individuals anywhere in Wayne County. \*Except: IP settings, jails, and crisis residential/residential facilities. (Per Medicaid Guidelines)

### LEARN MORE HERE







Access to services are available for Wayne County residents who have an intellectual/developmental disability, mental illness, children with serious emotional disturbance, and/or individuals with substance use disorders. Screening to determine how DWIHN can meet your needs can be done at a non-emergent or urgent level.

### LEARN MORE HERE

## CRISIS CARE



**Crisis Services manages the responsibilities for the initial** authorizations for Inpatient psychiatric hospital stays and Crisis **Residential Unit placement as well as authorizing Partial** Hospitalization Services and transitions to other levels of care, i.e., pre-placement housing and outpatient services.

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## CRISIS CARE



## **CHILDRENS' SERVICES**



- INTELLECTUAL DEVELOPMENTAL DISABILITIES
- LGBTQIA+ SUPPORT SERVICES

SCHOOL BASED SERVICES

LEARN MORE HERE

PEER SUPPORTS

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### CHILDRENS' SERVICES Children's Crisis Services



### Children's Crisis S Directory

#### A resource for parents and caregivers

If your child is experiencing a crisis, it can be confusing as to who you should turn to for help. This resource will help determine who you should call and what happens next.

#### CRISIS/SAFETY PLAN

Refer to the crisis or safety plan that you and your child created with your therapist.

Family and Friends I can call when I am having a hard time:

Name: \_\_\_\_\_

Number: \_\_\_\_\_

Name: \_\_\_\_\_

Number: \_\_\_\_\_

Name: \_\_\_\_\_

Number: \_\_\_\_\_

#### **PLACES TO CALL**

When your child is experiencing a crisis you might want to call 911. However, other options to call are:

Detroit Wayne Integrated Health Network 24 Hour Helpline 800-241-4949 or Reach Us Detroit Text or call 313-488-HOPE reachusdetroit.org or National Suicide Prevention Lifeline 800-273-8255

#### WALK IN CENTERS

If you would rather avoid the hospitals there is a walk in center you can take your child to.

#### **The Children's Center**

Children's Crisis Care Center **Monday – Friday** 8:00am to 8:00pm 79 West Alexandrine Building 90

Detroit, MI 48201 (313)324-8557

#### IN THE EMERGENCY ROOM

DWIHN partners with The Guidance Center and New Oakland Family Centers to complete crisis screenings for youth in acute crisis in local emergency departments 24/7. This service is available 24 /7, including weekends and holidays.

#### After screening, services offered may include:

Crisis residential Inpatient hospitalization Linkage to community mental health Short-term crisis intervention/stabilization

## DETROIT WAYNE CONNECT

**Detroit Wayne Connect (DWC) is a continuing education** platform for stakeholders of the behavioral health workforce. We strive to provide a variety of live and online courses for those serving adults with mental illness, intellectual and developmental disabilities, children with serious emotional disturbances and persons with substance use disorders.

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### EARN MORE HERE





Youth United (YU) is an initiative that promotes advocacy and action among young people by using positive values and philosophy. YU advocates are passionate and not afraid to have courageous conversations about gun violence, human trafficking, diversity, equity, and inclusion, and busting stigmas and stereotypes. If you are a passionate person between 18-25 years old and want to change the world, tap in right here.

### **CLICK HERE TO LEARN MORE!**

## **YOUTH SERVICES** YOUTH UNITED





Always feeling stereotyped and prejudged? Experiencing mental or emotional distress? Lack access to care, and need support?

Reach Us Detroit is a 24/7 collaborative call center to help our community. Youth 14 and up can receive up to 12 free confidential counseling sessions, via text or call.

> **TEXT OR CALL 313-488-HOPE REACHUSDETROIT.ORG**

# YOUTH SERVICES REACH US DETROIT





## TRAINING OPPORTUNITIES: NARCAN >>>>>

### **DWIHN's SUD staff provides community Narcan Trainings.**



### **CLICK HERE TO LEARN MORE!**





## TRAINING OPPORTUNITIES: MENTAL HEALTH FIRST AID

Mental Health First Aid is designed to teach people methods of assisting someone who may be dealing with a mental health crisis. This free training is offered to local community groups, faith based organizations, schools and law enforcement.

### **REGISTER HERE**



## TRAINING OPPORTUNITIES: **SUICIDE PREVENTION QPR SUICIDE PREVENTION CERTIFICATION**

QPR stands for Question, Persuade and Refer - people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

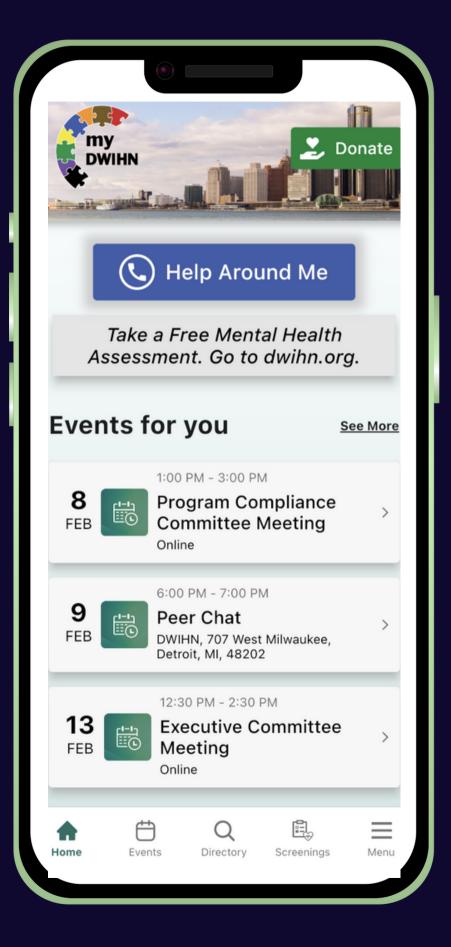


## **COMMUNITY OUTREACH** COMMUNICATIONS

Looking to have DWIHN as a vendor, sponsor, or have staff speak at your event? <u>SUBMIT EVENT REQUEST</u>

For more information on sponsorships, partnerships and for media inquires please contact communications@dwihn.org





## MOBILE APP



Download



## **DWIHN 24 HOUR HELPLINE 800-241-4949**

## NATIONAL SUICIDE PREVENTION LIFELINE 800-273-8255 0r 988





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