

**SPECIAL  
EDITION  
EDITION 2020**



# **Persons Point of View**

**Editor-In-Chief  
Michael Shaw**

**Everything you  
Need to Know  
about Voting  
Section**

**CV Recruitment**

**Understanding  
Diabetes**

**Tribute to  
Dr. Trent**



# Did You Know?



- All eligible and registered voters in Michigan may now request an absentee voter ballot without providing a reason.
- Voters may request an absentee voter ballot by completing an online application at [Michigan.gov/Vote](https://www.michigan.gov/Vote).
- Alternatively you may request an absentee voter ballot in writing and submit it to your city or township clerk, (For assistance in locating the address of your city or township clerk, see [Michigan.gov/Vote](https://www.michigan.gov/Vote))
- Requests to have an absentee voter ballot mailed to you must be received by your clerk no later than 5 p.m. the Friday before the election.
- After receiving your absentee voter ballot, you have until 8 p.m. on Election Day to complete the ballot and return it to the clerk's office.

\*Source:

[https://www.michigan.gov/sos/0,4670,7-127-1633\\_8716\\_8728-21037--,00.html](https://www.michigan.gov/sos/0,4670,7-127-1633_8716_8728-21037--,00.html)

# United States Census 2020

- You can complete the Census Questionnaire online, by phone or by mail!
- If you are responding online, you must complete the census in one sitting, as you don't have the ability to save your progress.
- Responding to the Census is required by law.
- One person should respond for each home.
- If you are living or staying in a group living arrangement, also known as group homes, on April 1, 2020, the Census Bureau has a special process for counting you.

\*Source::

[https://2020census.gov/en/ways-to-respond.html?cid=24494:my2020%20census%20gov%20online:sem.ga:p:dm:en:&utm\\_source=sem.ga&utm\\_medium=p&utm\\_campaign=dm:en&utm\\_content=24494&utm\\_term=my2020%20census%20gov%20online](https://2020census.gov/en/ways-to-respond.html?cid=24494:my2020%20census%20gov%20online:sem.ga:p:dm:en:&utm_source=sem.ga&utm_medium=p&utm_campaign=dm:en&utm_content=24494&utm_term=my2020%20census%20gov%20online)



# RECRUITING FOR CONSTITUENTS' VOICE MEMBERS



## WHO WE ARE?

The Constituents' Voice (CV) is an advisory group to the Detroit Wayne Integrated Health Network

## MISSION

To advance community inclusion - the personal sense of valued participation and interaction in everyday life.

## WHY JOIN THE CV?

- Advise DWIHN on its policies, plans, and practices
- Empower “persons who receive services” to be at the center of their care
- Advocate for system values that promote dignity and respect
- Award mini-grants to self-directed “persons who receive services”

MEETS EVERY THIRD FRIDAY - 10 AM TO 12 PM

DETROIT WAYNE INTEGRATED HEALTH NETWORK (**CONNECT VIA BLUEJEANS**)

BLUEJEANS LINK: [HTTPS://BLUEJEANS.COM/902106094?SRC=CALENDARLINK](https://bluejeans.com/902106094?SRC=CALENDARLINK)

TO CONNECT BY PHONE PLEASE DIAL: 1.408.419.1715; MEETING ID: 902 106 094

For more information please contact Michael Shaw at [mshaw1@dwhn.org](mailto:mshaw1@dwhn.org)  
To apply go to the link that follows: <https://form.jotform.com/202195580156051>

## TRIBUTE TO DR. TRENT



**BY CLARENCE RUFF**

Dr. Calvin Trent was Vice-president of the Detroit Recovery Project, a DWIHN Substance Use Disorder Provider. Dr Trent was a spiritual man who acknowledged others in the community where he lived and worked. He was humble enough to thank the Lord for all that he had and dedicated enough to giving back to humanity. His leadership in the field of recovery was one of his arts. Dr. Trent was Vice President of Programs at Detroit Recovery Project for many years, where he diligently led staff and students. A hallmark in his efforts was always to give back with honesty, joy, integrity, and a self-sacrificing attitude. He was the founder of the organization "REAL," (Recovery- Education- Advocacy- Learning) which is made up of a dynamic group of people in recovery who are helping others in their community overcome the scourge of addiction to illegal substances and mind-altering drugs. We all will miss Dr. Calvin Trent. May he rest in the care of the Lord.



# COVID-19: SHOWING US WHO WE ARE

BY MICHAEL SHAW



Our nation is facing troubling times. We are dealing with a lot of problems, two of which are the COVID-19 pandemic and the economic recession. COVID-19 has certainly been a factor in the contraction of the economy. Many are afraid of losing their livelihood and ending up hungry, homeless, and destitute. This fear is so profound that some are more concerned about their economic future than catching the disease. The “I’d rather die of COVID-19 than starve to death” attitude is bringing out the worst in us. Some politicians are seizing on people’s fears, promoting reckless behavior. They are telling people that they have a right not to wear masks and that opening the economy (bars, restaurants, places of work) as well as holding political rallies is good for the nation and is always the right thing to do. They are saying that the scientists and health experts are “ill-informed” They are promoting a “do what feels good” approach to the COVID-19 pandemic, denying that we are in a real public health crisis. We were a divided nation before the pandemic. In my opinion, current health policies are becoming politicized as “red” or “blue” with some being more concerned about adhering to some ideology than saving lives.

Sometimes what is right and what is wrong is clear cut. There is no room for debate. I believe that our nation’s approach to public health policy concerning COVID-19 is one of those times. Either we care about human lives first or we don’t. Being concerned about money first is not the right thing. Capitalizing on people’s fears by promoting a “feel good” personal rights approach to the pandemic over a scientific approach aimed at saving lives is wrong. Winning the next election is not more important than the human lives of the people the politicians have been elected to serve. Working together for the common good is not only the right thing to do, it’s good for the nation. We should not allow this crisis to bring out the worst in us. Let it bring out the best instead!



# Memory Quilt

BY MARY ANN BOZENSKI



Made with love,  
By Survivors of Suicide,  
Each square represents  
A life lost to suicide.

Precious memories live on  
In the hearts  
Of those left behind.  
Hundreds have seen the quilt  
At special events  
Arranged to raise awareness.

This Memory Quilt, an essential tool;  
Delivers a message,  
Healing and enlightening.  
It promotes Suicide Prevention;  
Crucial and life- saving.

Survivors share their grief,  
Powerful and far reaching.  
They make a difference.  
Each square makes a difference,  
Today, tomorrow and always.



Alicia Oliver, MSN, RN



## Understanding Diabetes and Mental Health

Diabetes takes a toll on more than your body

Its normal to feel emotional strain and it's important to ask for help

### With diabetes, you have a lot on your mind

- Tracking blood sugar levels
- Insulin dosage
- Meal planning
- Staying active

### Diabetic Burn Out

- Feeling run down
- Emotionally drained
- Overwhelmed

### It is important to stay in touch with your emotions

What are you feeling?

- Stressed out?
- Angry? Sad?
- Scared?

Take time to take inventory of your emotions and reach out to those around you or find a mental healthcare provider to guide you through your emotions.

<https://www.mystrength.com/>

<https://www.diabetes.org/diabetes/mental-health>



# Members' Rights

| Our Area of Responsibility             | Members' Rights                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | For More Details, Contact us at:                                                                                                                                                                                                                      |
|----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Provider Directory                     | <ul style="list-style-type: none"> <li>To receive a copy of the Provider Directory at the time of enrollment, upon intake, annually and/or upon request</li> <li>To request a copy to be mailed to you at your mailing address or by email</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <a href="http://dwihn.org/files/7115/6986/6624/2020_Provider_Directory.pdf">http://dwihn.org/files/7115/6986/6624/2020_Provider_Directory.pdf</a><br>888-490-9698<br>800-6301044 (TTY)                                                                |
| Claim Status                           | <ul style="list-style-type: none"> <li>To track the status of your claims in the claims process</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <a href="http://dwihn.org/operations/managed-care-operations-mco/claims/">http://dwihn.org/operations/managed-care-operations-mco/claims/</a><br>313-833-3232                                                                                         |
| Estimated Cost of Services             | <ul style="list-style-type: none"> <li>To know the Estimated Cost of Services (ECS) for the services identified in your IPOS within 15 business days of your IPOS Meeting and when your IPOS has been changed</li> <li>To receive an Explanation of Benefits (EOB) and request it at any time</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <a href="http://dwihn.org/files/4114/5936/3409/DWM_HA_Provider_Manual.pdf">http://dwihn.org/files/4114/5936/3409/DWM_HA_Provider_Manual.pdf</a><br>888-490-9698                                                                                       |
| Notice of Privacy Practices            | <ul style="list-style-type: none"> <li>To have DWIHN protect and secure all of your health care information that we have created or received about your past, present, or future health care or condition, or health care we provide to you, or payment</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <a href="http://dwihn.org/library/hipaa-notice-and-policies/">http://dwihn.org/library/hipaa-notice-and-policies/</a>                                                                                                                                 |
| Fraud, Waste, and Abuse (FWA)          | <ul style="list-style-type: none"> <li>To report fraud, waste, or abuse within the DWIHN's behavioral healthcare system to DWIHN to be investigated</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <a href="http://dwihn.org/files/2015/6458/3594/Fraud-Waste-and-Abuse-Policy.pdf">http://dwihn.org/files/2015/6458/3594/Fraud - Waste and Abuse Policy.pdf</a><br>313-833-3502 or email <a href="mailto:compliance@dwihn.org">compliance@dwihn.org</a> |
| Utilization Management Decision Making | <p>All DWIHN staff, all Crisis Service Vendors and Access Center practitioners and employees who make Utilization Management decisions understand the importance of ensuring that all consumers receive clinically appropriate, humane and compassionate services of the same quality that one would expect for their child, parent or spouse by affirming the following:</p> <ul style="list-style-type: none"> <li>Utilization Management decision making is based only on appropriateness of care, service, and existence of coverage.</li> <li>DWIHN, Access Center, and Crisis Service Vendors, do not reward practitioners or other individuals for issuing denials of coverage or service care.</li> <li>No Physicians nor any other staff making UM decisions are rewarded for issuing denials of coverage or service or reducing the provision of care which is deemed medically necessary.</li> <li>Follow all MDHHS procedures for the <i>required</i> annual Medicaid enrollment and inform DWIHN of any changes in insurance status.</li> </ul> | <a href="http://dwihn.org/operations/utilization-management/">http://dwihn.org/operations/utilization-management/</a>                                                                                                                                 |



# Enrollee Rights and Responsibilities

---

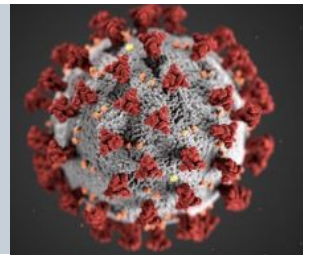
We are committed to maintaining a mutually respectful relationship with our members and providers. The DWIHN Members' Rights and Responsibilities statement is provided to assist you in understanding and exercising your rights while accessing behavioral health care services in Detroit-Wayne County. This statement helps to minimize potential misunderstandings and promote compliance with all applicable statutory and regulatory requirements. Understanding your rights and responsibilities will help you to make informed decisions about your healthcare.

For more information, please refer to the DWIHN Member Handbook. If you need one, please contact customer service at 313-833-2500, or visit [www.dwihn.org](http://www.dwihn.org).



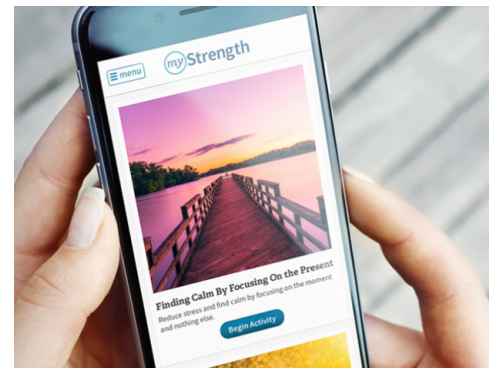
**Note:** All DWIHN staff, the Access Center, and Service Provider employees shall acknowledge, uphold and demonstrate knowledge of the above enrollee rights and responsibilities.

The Detroit Wayne Integrated Health Network is doing everything it can to communicate accurate information to its Members, Providers and the Community in the wake of the COVID-19/Coronavirus Pandemic. Please visit our website at [www.dwihn.org](http://www.dwihn.org) for timely updated information.



### Sign Up Today!

1. Visit [www.myStrength.com](http://www.myStrength.com).
2. Click "Sign Up."
3. Enter Access Code: **DWIHNc**
4. Complete the myStrength sign-up process
5. Download the myStrength app for iOS and Android



**Detroit Wayne Integrated Health Network**  
**707 W. Milwaukee Ave.**  
**Detroit, MI 48202**

**Hours of Operation: 8 am - 4:30 pm**

**Customer Service: (313) 833-2500**

**Main: (313) 344-9099**

**TDD: (800) 630-1044**

**Fax: (313) 833-2156**

**24-Hour HelpLine: (800) 241-4949**

**[www.dwihn.org](http://www.dwihn.org)**

**Follow, Like, and Subscribe to**  
**@DetroitWayneIHN**



In accordance with reporting requirements for the Detroit Wayne Integrated Health Network, below is a list of providers and programs that have either closed or been terminated since December 1, 2019.

| Provider /Vendor Name                   | Closure Impact   | Address                                     | Closed Date | Type        |
|-----------------------------------------|------------------|---------------------------------------------|-------------|-------------|
| All Well Being Services - Romulus Site  | Site(s)          | 6700 Middlebelt, Romulus 48174              | 5/18/2020   | Outpatient  |
| American Indian Services                | Business         | 4880 Lawndale, Detroit 48210                | 7/9/2020    | Outpatient  |
| Centria                                 | Line of Business | <i>Not Available</i>                        | 6/19/2020   | Outpatient  |
| Integrated Home Care Agency             | Site(s)          | 11425 St. Aloysius, Romulus 48174           | 2/25/2020   | Outpatient  |
| Metro Arts Therapy Services             | Business         | 11000 West Mc Nichols, Detroit 48221        | 12/1/2019   | Outpatient  |
| Psygenics                               | Site(s)          | 6425 Schaefer Suite 2, Dearborn 48126       | 3/31/2020   | Outpatient  |
| Safehaus Inc (camp for children)        | Site(s)          | 21056 Dean, Warren 48091                    | 4/28/2020   | Outpatient  |
| Starfish Family Services                | Site(s)          | 2700 Hamlin Suite B Inkster 48141           | 7/31/2020   | Outpatient  |
| The Children Center of Wayne Co.        | Line of Business | 101 Alexandrine, Detroit ,MI 48201          | 7/31/2020   | Outpatient  |
| Wayne Center                            | Site(s)          | 32231 Schoolcraft, Detroit 48150            | 2/13/2020   | Outpatient  |
| Admiration - Eastside Home              | Site(s)          | 11352 Eastside Dr., Plymouth 48170          | 6/8/2020    | Residential |
| Alternative Care Services - Lehigh Home | Business         | 27219 Lehigh St., Inkster 48141             | 9/30/2020   | Residential |
| Hamilton Homes AFC 1,2,3                | Business         | 3214, 3208, & 3220 Fourth St. Detroit 48201 | 6/15/2020   | Residential |
| Hope Network-SE - Oakman Home           | Site(s)          | <i>Not Available</i>                        | 8/2/2020    | Residential |
| Jack's Home                             | Site(s)          | 16583 Ward, Detroit 48235                   | 2/19/2020   | Residential |
| Maka SIL/Hartwell AFC                   | Site(s)          | <i>Not Available</i>                        | 7/31/2020   | Residential |
| Brighter Day I                          | Site(s)          | 16310 E. 8 Mile Road, Detroit 48205         | 2/11/2020   | Residential |
| Inner Peace                             | Site(s)          | 20401 Van Antwerp, Harper Woods 48225-1474  | 2/11/2020   | Residential |
| Inner Peace II                          | Site(s)          | 20283 Lancaster, Harper Woods 48225-1474    | 2/11/2020   | Residential |
| Samartian Care Homes                    | Site(s)          | 9655 Prest, Detroit 48227                   | 7/31/2020   | Residential |



# EVERYTHING YOU NEED TO KNOW ABOUT VOTING

in the 2020 General Election



## Table of Contents

---

- 1 - Am I Registered to Vote?
- 1 - Clerk & Polling Information
- 1 - How Can I Vote?
- 2 - Voting Absentee
- 3 - Rights of Voters with Disabilities
- 4 - Returning Citizens Right to Vote
- 5 - Ballot Access Information
- 6 - Dates & Deadlines

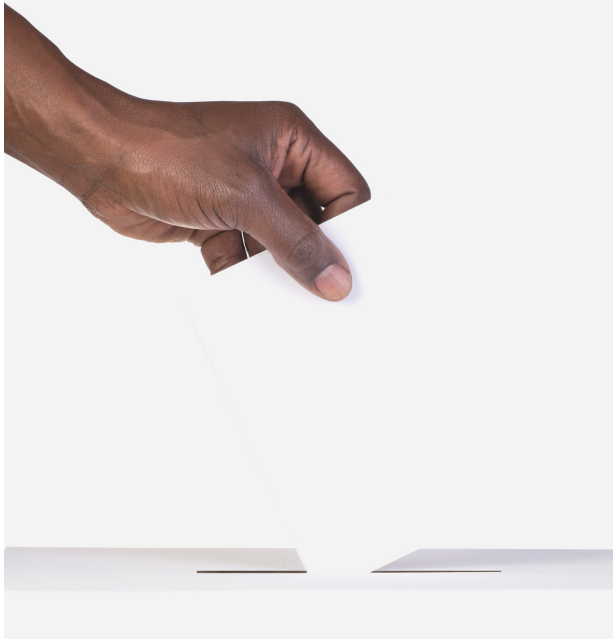
## The General Election

The General Election is on Tuesday, November 3rd. It will be the 59th Quadrennial Presidential Election.

In addition to the Presidential Election, other races and issues of importance will take place at both, the state and local level.

To learn more, click at [Vote411.org](http://Vote411.org)





## Am I Registered to Vote?

You can use the [Michigan Online Voter Registration System](#) to register to vote and update your voter registration address in Michigan. To use this website, you need to have a valid Michigan driver's license or state ID.

If you don't have one, find out how to register to vote by going to [Register to Vote](#).

### Eligibility to register to vote includes:

- Being A Michigan resident (at the time you register)
- Being a resident of your city or township for at least 30 days (when you vote)
- A United States citizen
- At least 18 years of age (when you vote)
- Not currently serving a sentence in jail or prison

## Clerk & Polling Locations

If you're already registered, click [here](#) to:

- Find your polling place and hours
- View a sample ballot
- Track an absentee ballot, and more.



## How Can I Vote?

Once you're registered, you can vote in-person at your polling place or through an absentee ballot.

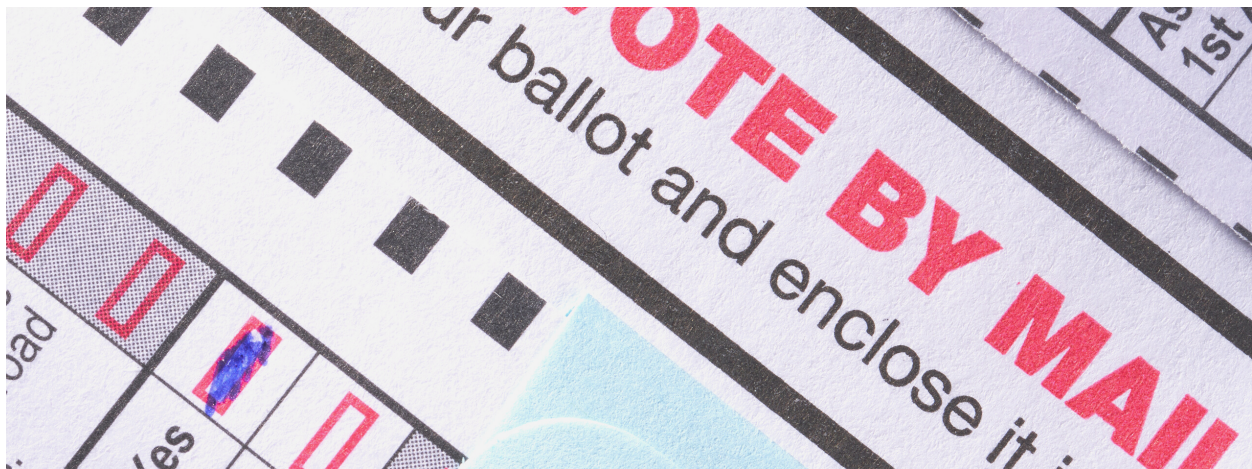
To vote in person, go to your polling place between the hours of 7 a.m. and 8 p.m.

You're strongly encouraged to bring a photo ID with you ([these types count](#)), but you can still vote if you don't have one or bring one. You will just have to sign a form saying you don't have a photo ID.

# Voting Absentee

Due to changes in the state constitution in 2018, any eligible voter in Michigan is allowed to vote absentee and does not need to provide a reason for doing so. To cast your ballot by mail:

- Request your mail-in ballot with a mail ballot application.
- Fill out the application completely.
- Submit the request to your local election office.
- You should request your ballot as far in advance of the election as possible. **The deadline to request a ballot by mail must be received by 5 pm on Friday, October 30, 2020.**
- When your ballot arrives, read it carefully and follow the instructions to complete it and return it.



## Military & Overseas Voters

Active-duty military, their families, and overseas citizens can register to vote and request their absentee ballot using the Federal Post Card Application (FPCA). To do so:

- Fill out the [Federal Post Card Application \(FPCA\)](#), or [download a copy](#). Your election official may have questions, so please provide an email address or phone number where they can reach you.
- Send the application to your [election official](#).
- Please fill out and send back your ballot as soon as you receive it. Following are recommended return dates to make sure your ballot arrives at your election office on time:
  - 35 days before election - On a ship at sea: September 28, 2020
  - 30 days before election - Outside of the US: October 2, 2020
  - 11 days before the election - Stateside: October 23, 2020
- States begin mailing absentee ballots at least 45 days before Election Day. If you haven't received your ballot by 30 days before Election Day, [contact your local election office](#).



# Military & Overseas Voters Continued

If after submitting your FPCA, your ballot does not arrive:

- You can still vote using the [Federal Write-In Absentee Ballot \(FWAB\)](#). Print, sign, and mail your FWAB to your local election office.
- If you mail a FWAB and then receive your regular absentee ballot, you should complete and mail your absentee ballot also. Election officials will ensure that only one ballot is counted.

The Federal Voting Assistance Program - [FVAP.gov](#) offers additional information on military and overseas voting in Michigan. You can also call 1-800-438-VOTE or email [vote@fvap.gov](mailto:vote@fvap.gov)

## Rights of Voters with Disabilities

All voters, including those with disabilities, have access to a Voter Assist Terminal in all polling places. The Voter Assist Terminal helps the voter mark a ballot. It will mark the ballot with the voter's choices but does not tally the votes. Once the ballot is marked, it is counted in exactly the same fashion as all other ballots.

You have the right to:

- An accessible polling place and an accessible voting machine.
- Vote independently using an accessible voting machine.
- Assistance from the election officials. You can ask them for instructions on how to use the voting equipment or assistance at any time, even after you've entered the voting booth.
- A ballot and election materials in Bengali if you vote in the City of Hamtramck.
- Assistance from anyone you choose if you do not read or write English and a ballot is not available in your language.
- Assistance from anyone you choose if you are blind, disabled, or unable to read or write. However, the person **cannot** be:
  - Your employer
  - An agent of your employer
  - An officer or agent of your labor union

Call your clerk's office ahead of time to make sure your voting site is free of obstructions. If your site isn't accessible, you will be directed to an alternative site that is.

Hearing impaired residents with questions may contact the Department of State's Bureau of Elections by email at [electionse@michigan.gov](mailto:electionse@michigan.gov).

To learn more about voting rights for voters with disabilities, visit [The Rights of Voters with Disabilities](#).

## Returning Citizens Right to Vote

Returning citizens have the right to vote if they:

- Are at least 18 years old
- Are a US Citizen
- Are in or out of jail awaiting sentencing
- Are on parole
- Are on probation
- Have a past conviction

If a returning citizen has recently received or renewed a Michigan driver's license or ID, they are registered to vote.

If the next election is less than two weeks from the date they received or renewed their license, they must go to their local clerk's office with additional documentation in order to vote in that election.

Learn more at [Michigan.gov/Vote](https://Michigan.gov/Vote) or call **(888) SOS-MICH.**



## Ballot Access Information

Michigan election law governs the ballot access procedures for candidates who seek the office of U.S. President.

The November general election ballot will combine the major party presidential nominees, presidential nominees named by the minor parties qualified to appear on Michigan's general election ballot, and presidential candidates who choose to run without political party affiliation.

Write-in candidates who seek the office of U.S. President are also eligible to participate in the general election.

To learn more about ballot access, please click [here](#).