



Checklist for Post-Hospital Follow-Up Visits

Prior to the visit:

- Review discharge summary
- Reminder call to patient or family caregiver
- Stress importance of the visit and address barriers
- Remind to bring all prescribed and over the counter medications
- Provide instructions for seeking emergency and non-emergency after-hours care
- Coordinate care with case manager if appropriate

During the visit:

Ask the patient:

- His/Her goals for the visit
- What factors contributed to hospital admission or ED visit
- What medications he/she is taking and on what schedule
- Perform medication reconciliation with attention to the pre-hospital regimen

Determine the need to:

- Adjust medications or dosages
- Follow up on test results
- Do monitoring or testing
- Discuss specific future treatments

Instruct patient in self-management, have patient repeat back

Explain warning signs and how to respond, have patient repeat back

Provide instructions for seeking emergency and non-emergency after-hours care

At the conclusion of the visit:

- Print medication list and provide a copy to the patient, family caregiver, home health care nurse, and case manager (if appropriate).
- Communicate revisions to the care plan to member, family caregiver, health care nurses, and case managers (if appropriate).
- Ensure that the next appointment is made with a mental health practitioner within 30 days of discharge.