

# Ruth Ellis Center

Ruth Ellis Center  
Community Based-Services

77 Victor St.  
Highland Park, MI 48203  
313-663-0980

## Who We Are

The Community-Based Programs at Ruth Ellis Center provide comprehensive, intensive services to LGBTQ, diverse SOGIE (sexual orientation, gender identity, and expression), and BIPOC (Black, Indigenous Persons of Color) youth. These programs include Home-Based Therapy, Juvenile Justice Services, and Expressive Art Therapy. All programs utilize a person-centered planning process that allows the youth to identify their goals and empowers them in directing the course of their treatment.

### Home-Based Therapy

The Home-Based Therapy Program provides intensive **therapeutic services in the youth's home and community**. This program also provides **supports to the youth's family/support persons**. Services are focused on improving family functioning, understanding/acceptance of the youth's identity, parenting skills, and more.

### Juvenile Justice Services

The Juvenile Justice Services program comprehensive direct support to youth at all levels of involvement in the Juvenile Justice (JJ) system including **adjudicated youth** and **diversion services for youth who have been identified as being at risk** for JJ involvement.

### Expressive Arts Therapy

The Expressive Arts Therapy program provides **individual and group Art Therapy** in the community. This program includes introduction to a **variety of expressive techniques** to assist with self-expression, identity development, self-acceptance, increased community involvement, and more.



### Youth participating in Community-Based Programs may also have access to:

- Trauma Focused Cognitive Behavioral Therapy (TFCBT)
- Support for Caregivers - Family Preservation, Parent Support Partner, Caregiver Education and Support Groups
- Social Events & Drop-In Center
- Resource Support – Food Pantry, Clothing Closet
- Psychiatry & Medication Management
- Psychological Testing
- Medical Services – general medical services, gender affirming medications/HRT, and more.
- And more...

Telehealth  
and in-  
person  
sessions  
available!



For more information on Community-Based Services at the Ruth Ellis Center, including referrals, potential partnerships, and/or other inquiries, please contact Community-Based Programs Manager Kristin Wunderlin, LPC, ATR-BC

[kristin.wunderlin@ruthelliscenter.org](mailto:kristin.wunderlin@ruthelliscenter.org)



# Ruth Ellis Center

## PROGRAMS AND SERVICES

### HEALTH AND WELLNESS PROGRAMS

#### Behavioral Health

- LGBTQ youth up through age 30
- Outpatient individual and family therapy
- Home-Based individual and family therapy
- Juvenile Justice/Diversion Services
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Art Therapy

Referrals: BH@ruthelliscenter.org

#### Family Preservation

- Family Acceptance Project: Family Support Model (FAP:FSM) - Support services and research-based educational materials to help parents and caregivers learn best practices for caring for LGBTQ+ youth
- Parent Support Partners (PSP) - peer-to-peer support to empower parents and caregivers as they navigate systems of care

Referrals: Lorina.karreci@ruthelliscenter.org

#### Housing

- Connection to emergency shelter
- For youth enrolled in housing program:
  - housing location
  - rental assistance
  - case management

Referrals: Luke.hassevoort@ruthelliscenter.org

#### Medical Services

Medical services are provided in partnership with Henry Ford Health System

- Quick visits for general medical issues (sore throat, rash, ear infection, cough/cold)
- Visits for longer term medical issues (asthma management, high blood pressure, diabetes, etc.)
- Vision and hearing screening tests with referrals
- STD testing and treatment
- HIV testing, prevention (PrEP), and treatment
- Gender affirming medications/HRT
- Referral information for gender affirming surgeries
- Birth control
- Screening for need of emergency services

Referrals: (313) 365-3338



### ADDITIONAL YOUTH PROGRAMS

#### Drop In Center

- Drop-In Days - Mondays and Weds 3pm - 8:30pm, and Fridays 10-2pm. Food boxes, Ruth's Closet, resource kits, dance floor, and more available to youth between ages 13-30 during drop-in hours.
- Support Groups - Th 10am - 4pm. Current groups include Guys Discussion and TWEET (open to trans women of color).
- Skill Building Trainings available by appointment -  
Dwayne.cole@ruthelliscenter.org
- Social events - pop up events

Contact: Bridget.butts@ruthelliscenter.org

#### Center for Lesbian and Queer Women and Girls (CLQ)

- Social and community supports
- Clothing closet
- Computer lab
- Laundry service
- Library and playroom for kids

Contact: Kathie.griffinfutch@ruthelliscenter.org

### PROVIDER PROGRAMS

#### Ruth Ellis Institute:

- Embedded education and evaluation at REC
- LGBTQ training with professionals in child welfare, behavioral health, JJ, and housing systems of care
- Consulting and coaching informed by practice, research, and members of the REC community
- Send Requests to:  
jessie.fullenkamp@ruthelliscenter.org